$1.00

ARNOLD'S COLLECTION OF RHYTHMS FOR THE HOME, KINDERGARTEN AND PRIMARY.

COMPILED BY

FRANCIS M. ARNOLD,

DIRECTOR OF MUSIC
CHICAGO KINDERGARTEN COLLEGE.

PUBLISHED BY

THE WILLIS MUSIC CO.

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Rhythms

FOR THE HOME,
KINDERGARTEN,
AND PRIMARY.

ARRANGED AND COMPILED
BY
FRANCIS M. ARNOLD

DIRECTOR OF MUSIC
CHICAGO KINDERGARTEN COLLEGE.

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Dedicated

to my many pupils

in the Kindergarten and

Primary Grades, of the

Chicago Schools

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1182

Suggestions for Using the Rhythms

This book is the result of many years of experience in teaching Kindergartners and primary teachers to play the piano in their schools. All of the music has been actually used in school by my pupils, and has been found practical. For mothers and others who have not had special training in the use of rhythm, the following suggestions are offered.

QUIET MUSIC. The use of quiet music, and music for prayer on the opening of school, is too well understood to need comment; but the suggestion is offered that mothers in the home play music of this character while their children are going to sleep in the evening. The effect on the child's nervous system, his aesthetic nature, and his disposition, will, I believe, be most beneficial.

MORNING BOWS or SILENT GAME. The children stand in a circle. One child walks quietly to another child and bows; they exchange places, the first child stepping into the circle, the second proceeding to a third child, bowing and taking his place in the circle; the third child bows to a fourth, and so on until all the children have participated. The bowing to music can also be used when it is desired to have the children pass from the circle to the tables. One child is appointed leader, the others pass to the tables one by one, as he bows to them.

MARCHES. In playing for children to march, it is necessary to have clear, strong accents, and what may be called a rhythmic swing; a swing so contagious that it carries the children along in correct time and step. Attention can be trained by varying the touch, at times using a light touch, at times a heavier touch. If the children are inclined to march with a heavy step, this can be corrected through playing with a light touch, and asking them to listen to the piano as they march. The same march should not be used constantly, as the children lose the rhythm when the march becomes monotonous or mechanical, and they grow careless in step and in position of body. The erect position of body is secured in response to the life and spirit put into the music by the pianist. Rag-time and complicated rhythms

should be shunned in playing for children.

TIPTOE MARCHES should be played with a light touch. The children march lightly, on tiptoe, making as little sound as possible. On account of the muscular strain this march should be short and not be used too often.

SKIPS. This activity should be light and free. The movement is a "hippity-hop", with the feet alternately leaving the floor. Children at first are inclined to lead with the same foot; in such instances a very simple skip should be used, until they have learned to alternate the feet. The music should be played with a light touch and not too rapidly.

RUNS consist of short, rapid steps in time to music. This rhythm can be used in the various games of driving ponies, or running horses.

GALLOPS and GALLOPING HORSES. One foot leads, and the body is carried forward by a jumping movement. The feet leave the floor together, but the rear foot touches the floor a fraction of a beat before the forward foot. This movement is in imitation of a galloping horse. It is known to most children.

TOURNAMENT GAME. One child stands holding up a hoop. The rest carry spears and gallop as if they were horsemen. As a horseman gallops past, he tries to catch the hoop on his spear without stopping or lessening his speed. By having a supply of hoops at hand, the game can proceed without interruption.

HIGH-STEPPING HORSES. In each step the leg is lifted with the knee bent, the up-movement bringing the knee to a level with the hip. The music must not be too rapid.

HOPS. One foot is held up behind by bending the knee, while the child hops on the other foot in time to music. To avoid fatigue change to the other foot soon. This activity should not be continued long.

FLYING BIRDS. A moderate, running forward movement of the body, with outstretched arms moving slightly up and down, imitating the flying motion of birds. The bird's flight is more direct, and the motion of the wings is shorter and less sweeping than that of the butterfly.

BUTTERFLIES. A running movement which is more rapid than that of the flying birds. The arms move rhythmically up and down, in long sweeps, between a point where the hands come together above the head, and the natural position at the sides of the body. Either the finger tips or the backs of the hands, may meet above the head.

SKATING. Alternate sliding of the feet, without either foot leaving the floor.

GIANTS. A long, heavy stride, which is slow and ponderous. The body is held erect.

SQUIRRELS. A rapid, running movement, imitating a frisking squirrel; stopping now and then, to pick up a nut.

HOBBY-HORSE. One foot in advance, but both feet flat on floor; trunk and head erect. The body moves forward and back, bringing into play the knee and ankle joints.

HEEL AND TOE. Left foot touches heel to floor in front, then toe to floor behind, three short polka steps forward; right foot, heel in front, toe behind, polka step forward, left foot repeats, and so on.

SWINGING. № I. Arms above head as if holding the ropes of a swing; stand with one foot forward; transfer the weight from one foot to the other with a backward and forward rhythmical movement. The knees are not bent. № II. The children are in groups of threes. Two children are placed in front, facing forward, and a very short distance apart. They reach out and clasp the hands which are toward each other. The third child, who is placed back of them, reaches forward and grasps the clasped hands of the front children with one of his hands. The three children swing back and forth, keeping the rhythm of the music.

ROLLING BALLS TO MUSIC. The children are seated in a circle, and roll balls back and forth to each other, starting the ball on the first beat of the measure. This develops a sense of rhythm.

BOUNCING BALLS. The children stand or march, bouncing balls on the first beat of the measure.

HUNTING THE BALL. The children are seated in a circle. One child leaves the room. The ball is hidden between the hands of a child in the circle. The music begins softly when the first child returns; as he nears the place where the ball is hidden the music grows louder, until he finds it. Should he pass it by, the music grows fainter until he nears it again.

I wish to acknowledge indebtedness for valuable suggestions, to Miss Frances Wetmore Director of Games, Chicago Kindergarten College.

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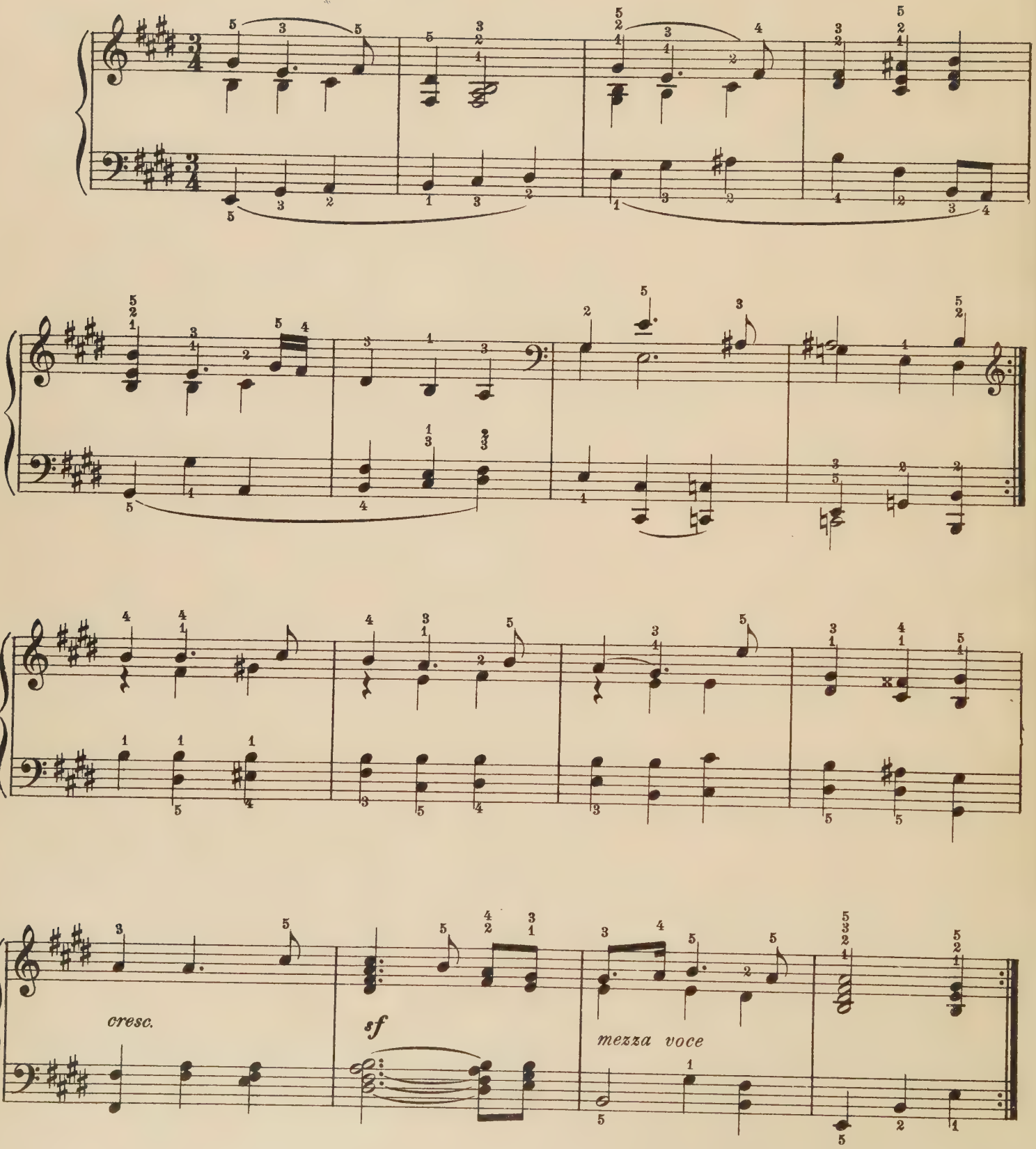
Prayer

WEBER

Andante in E

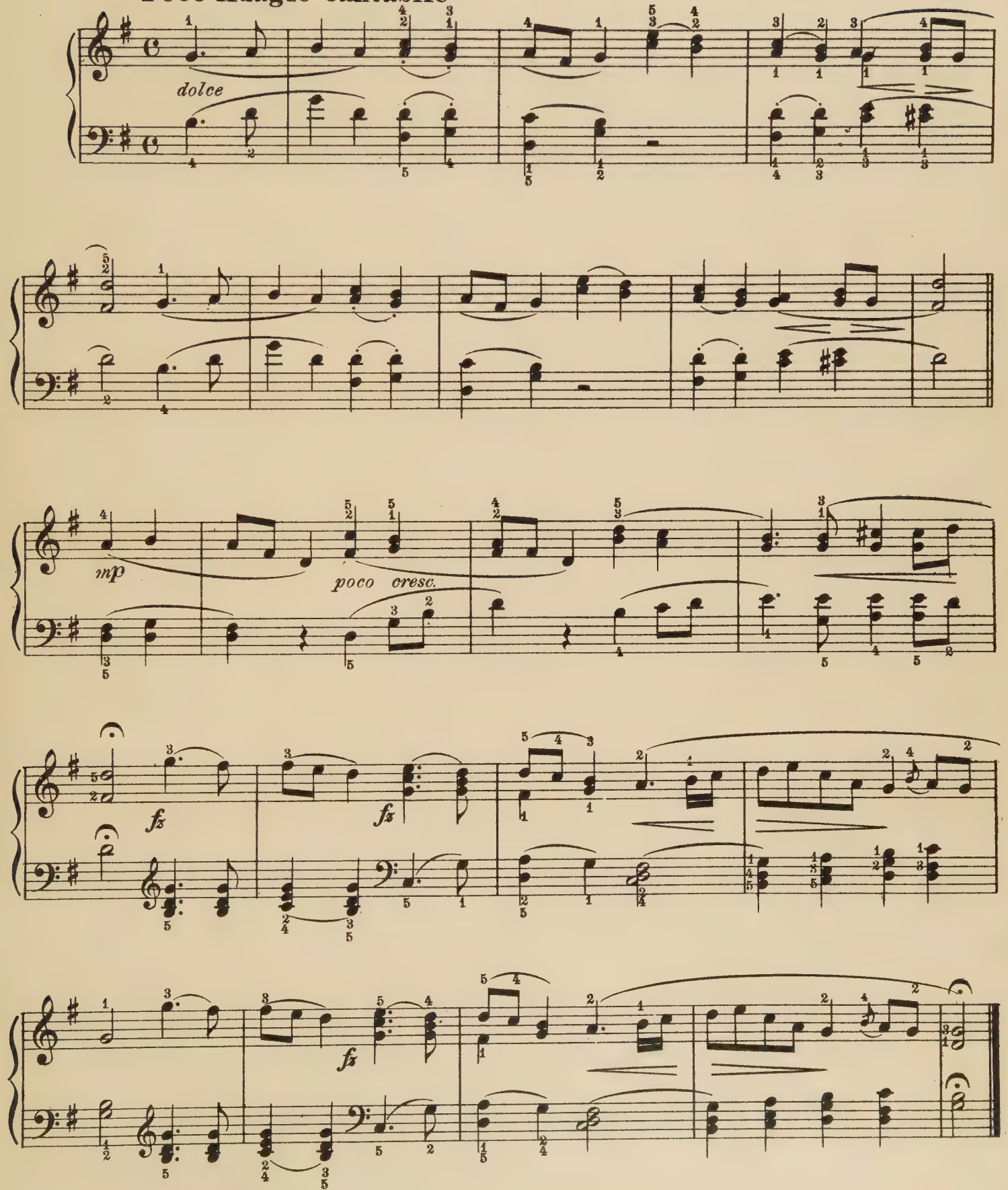
BEETHOVEN



Austrian Hymn

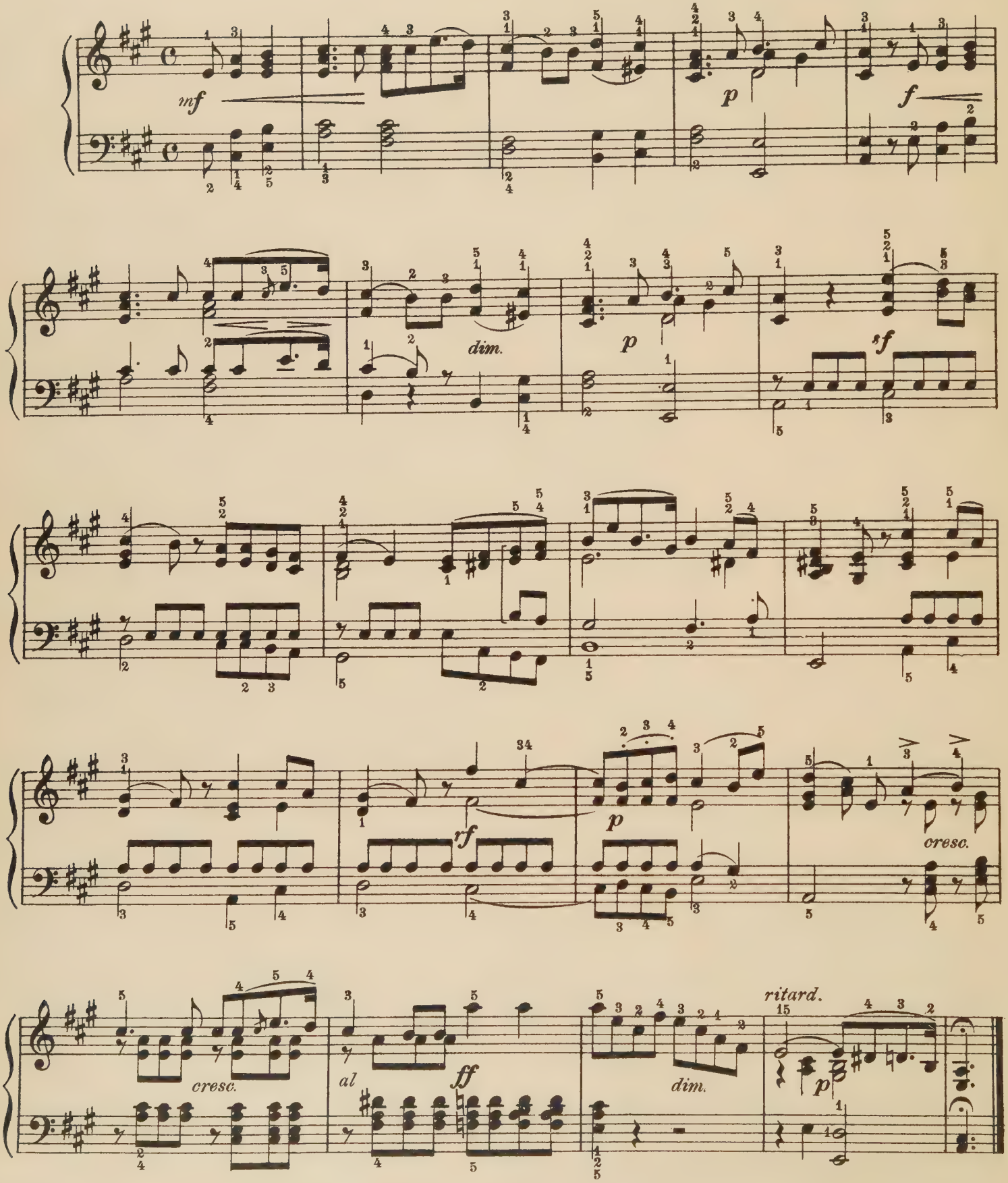
HAYDN

Poco Adagio cantabile



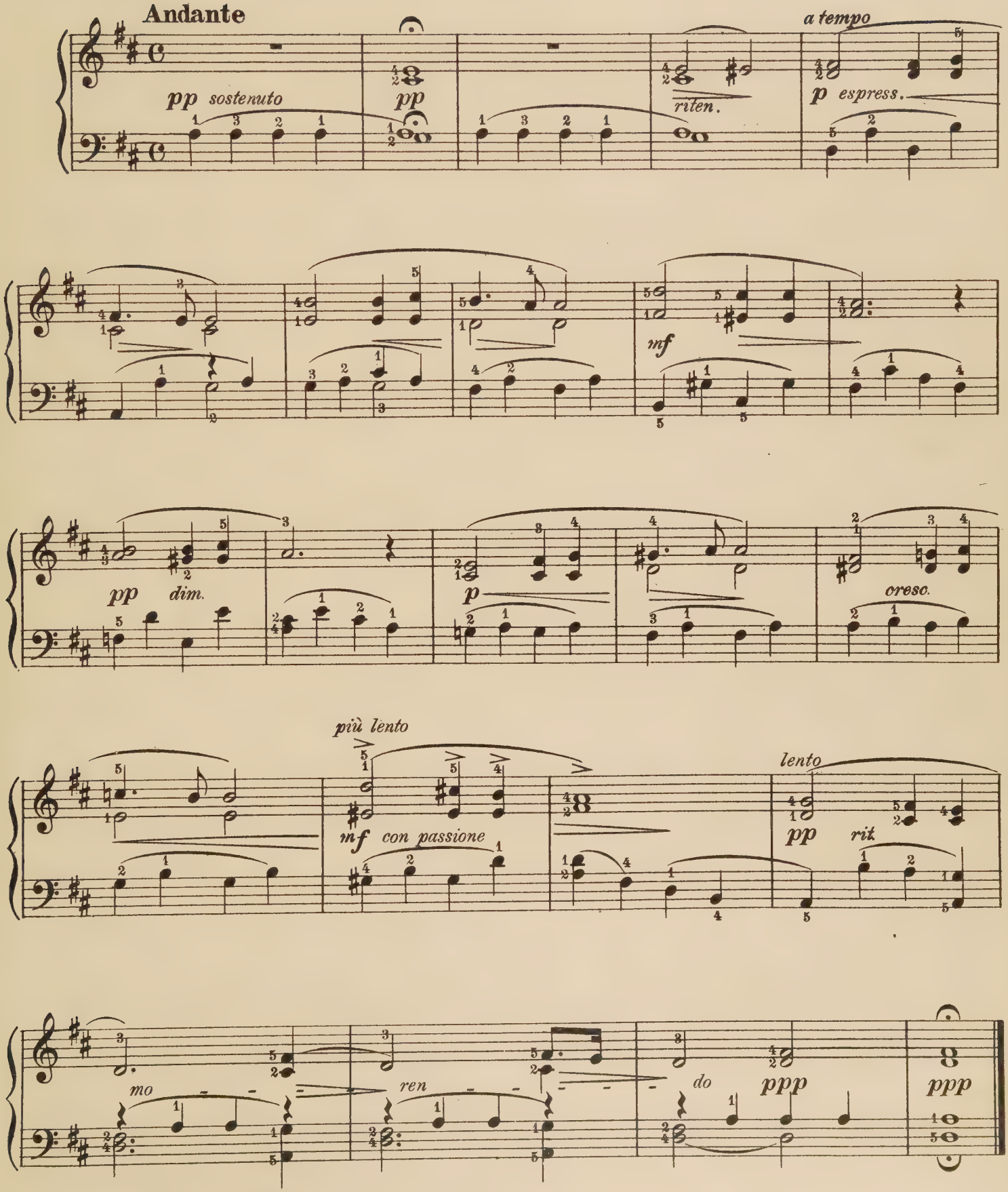
Twenty-third Psalm

MENDELSSOHN



Child's Prayer

FR. BEHR

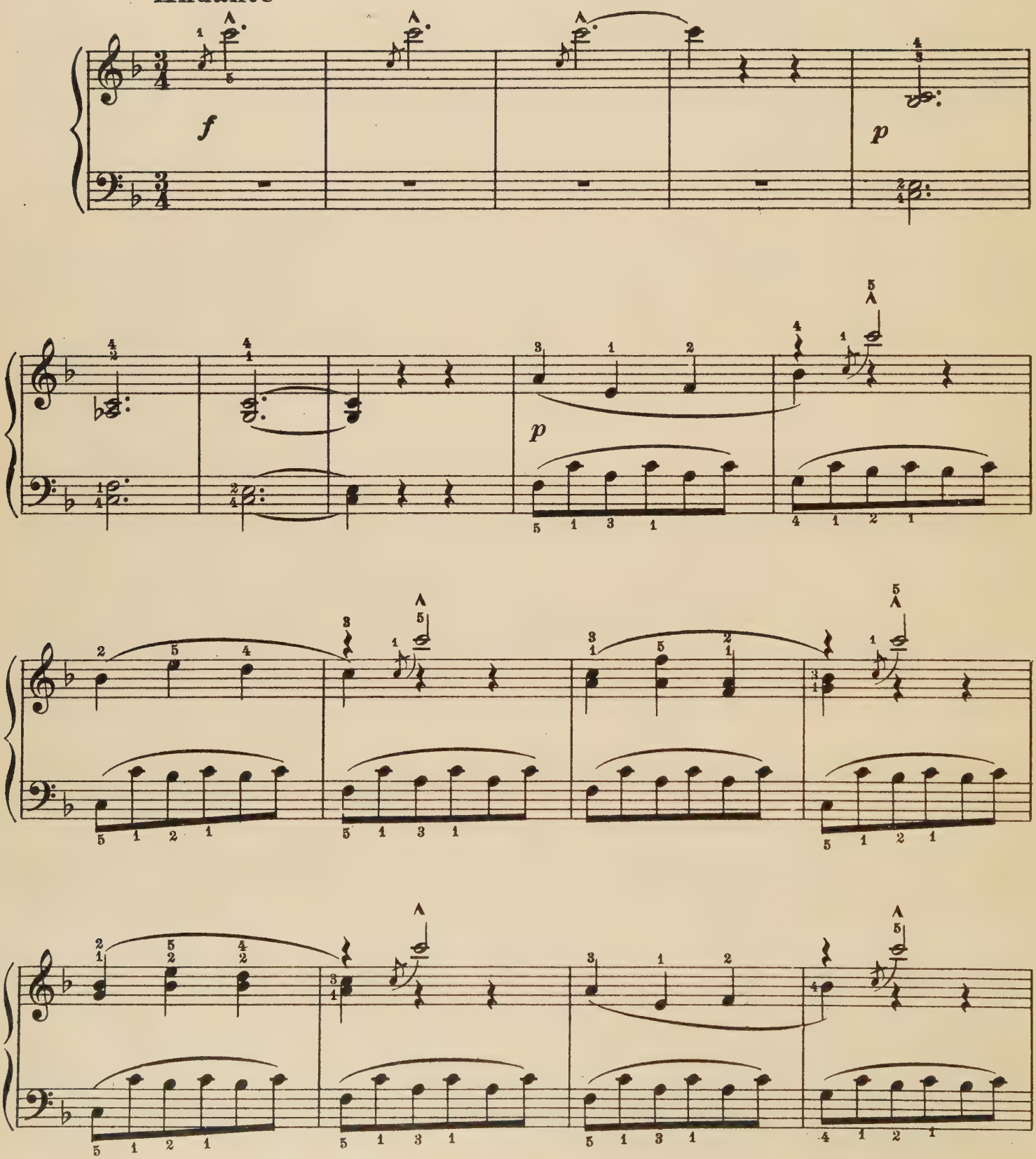


Morning Prayer

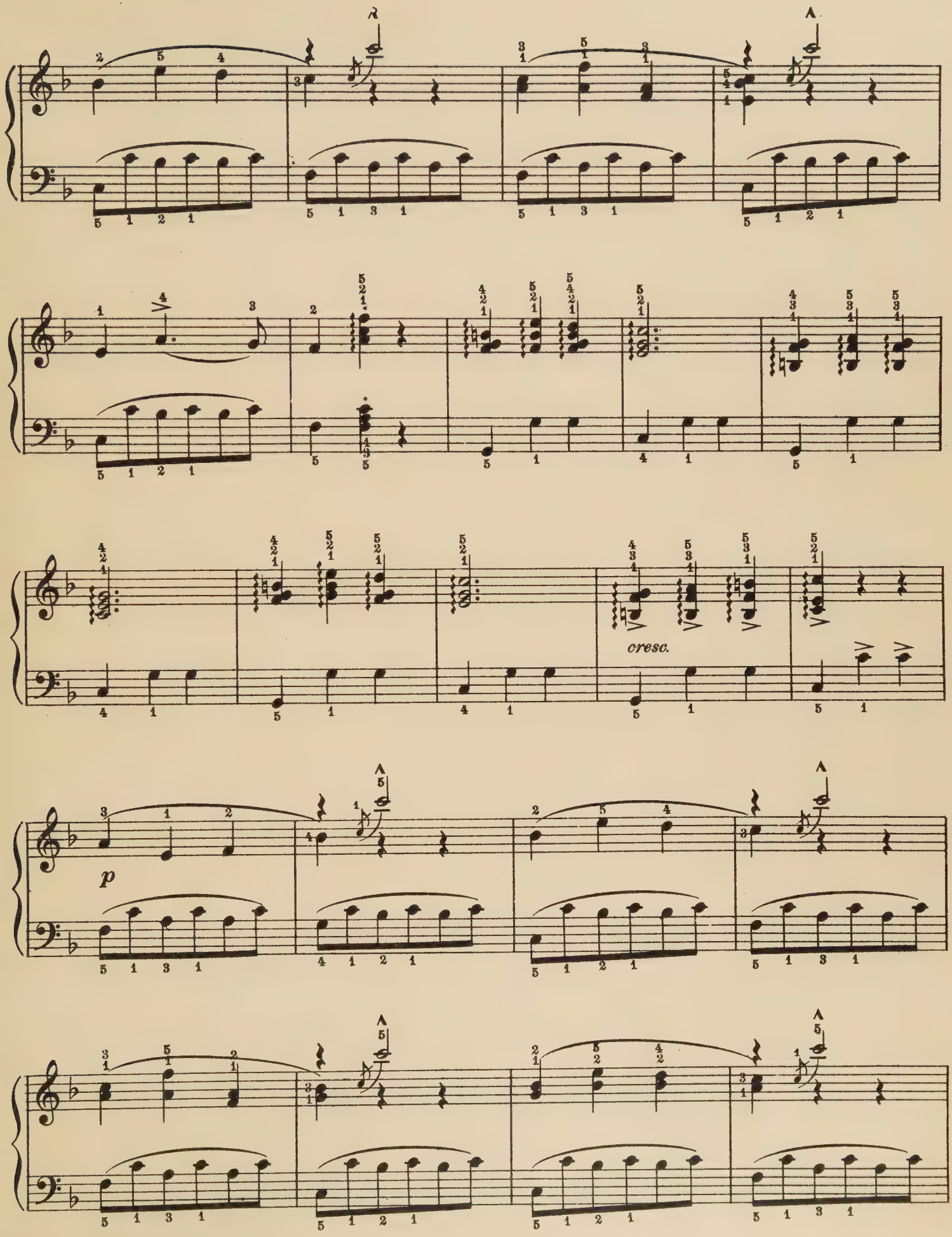
PART I

Andante

STREABBOG



This selection is too long to be used entire. It can be divided into two or even three parts.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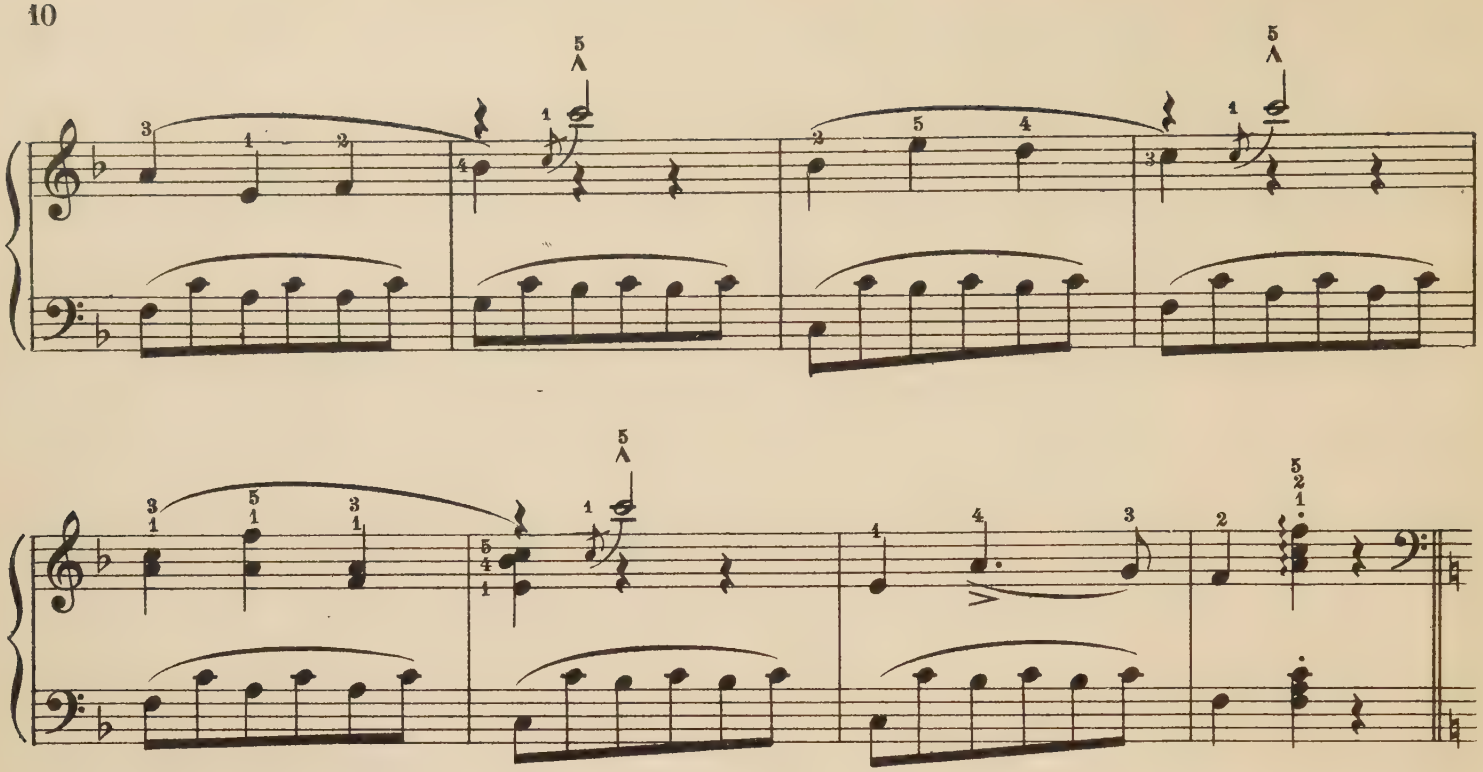

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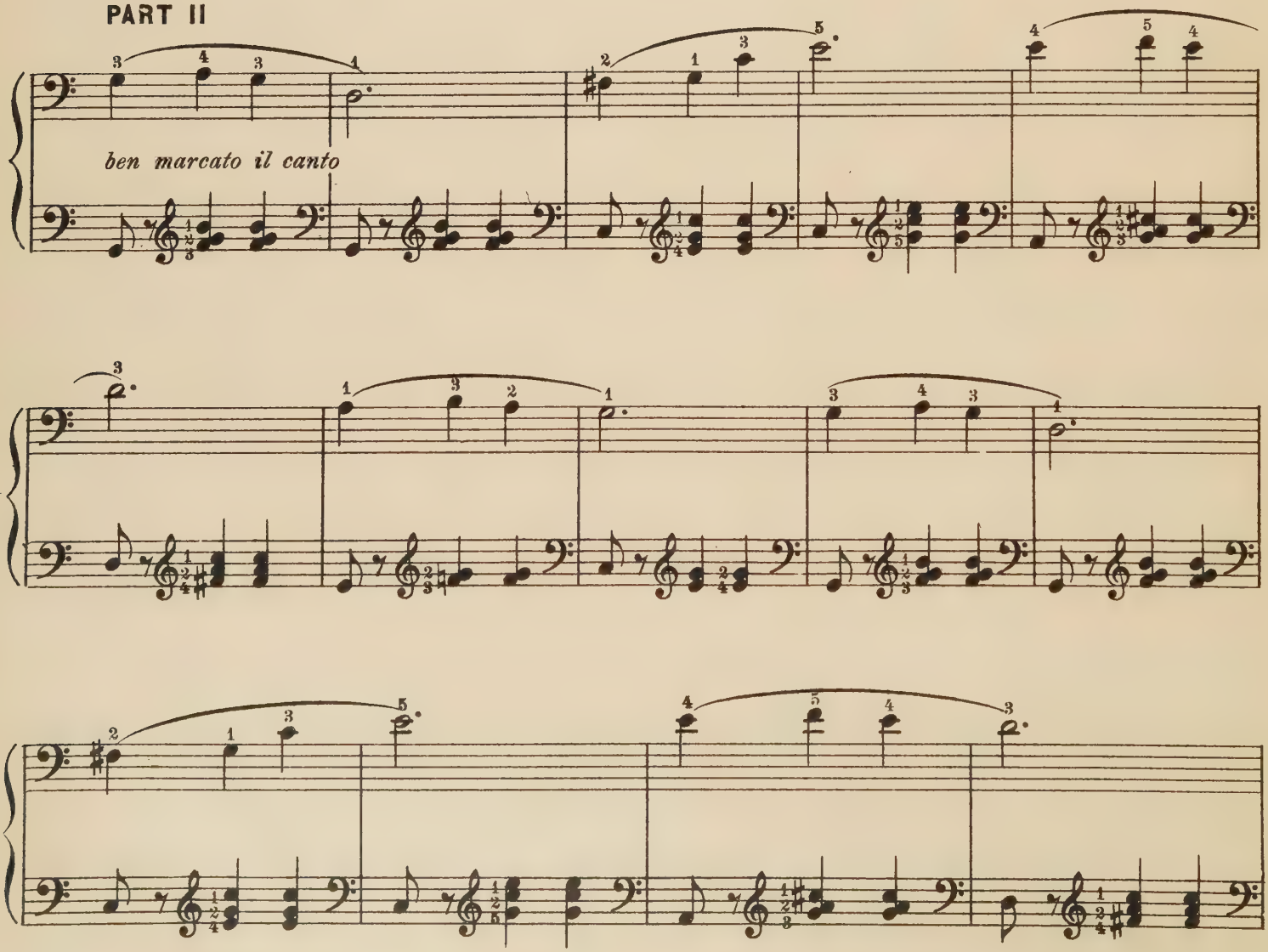

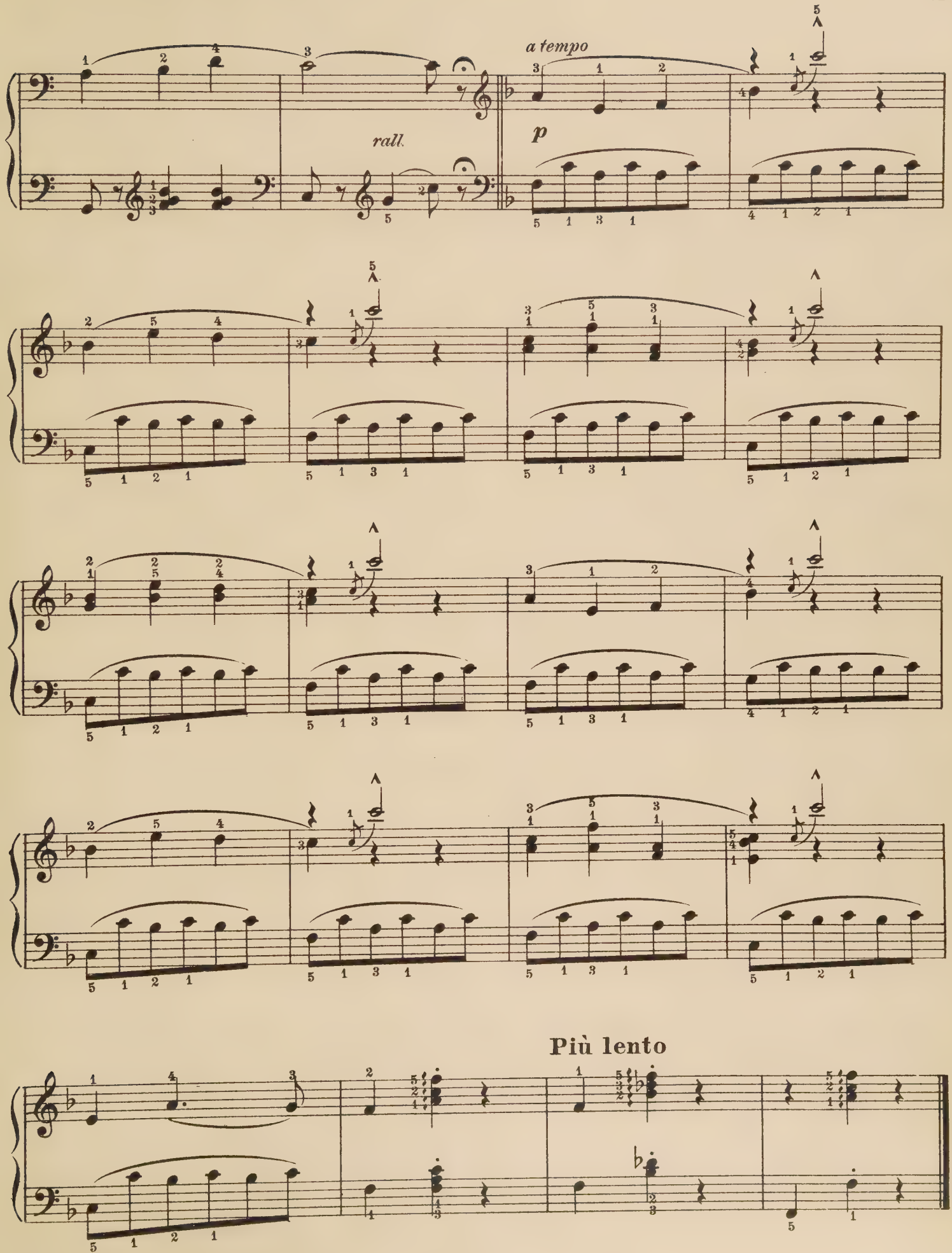
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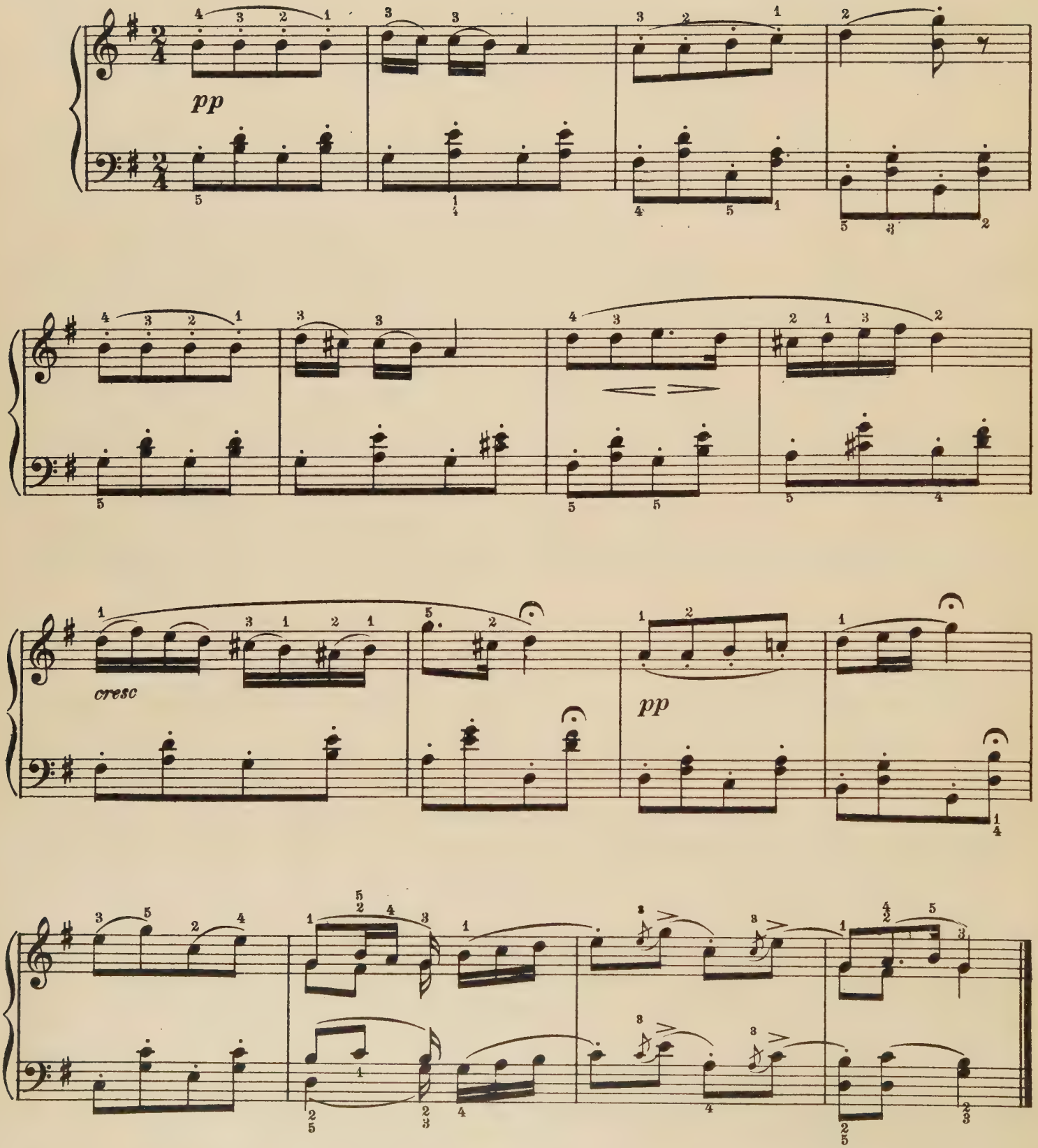
Più lento

Heather Rose

SCHUBERT

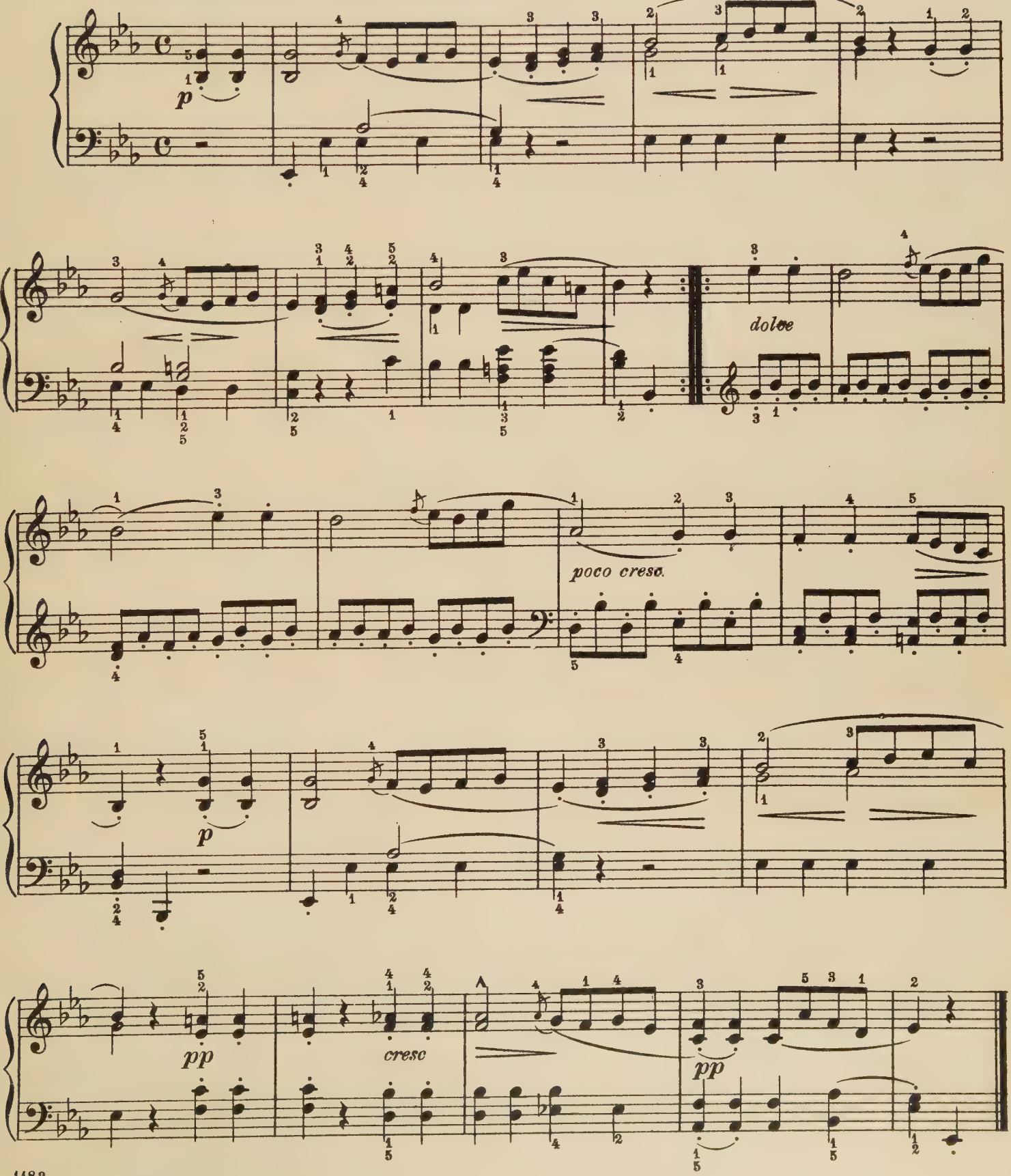
Andantino



Meditation

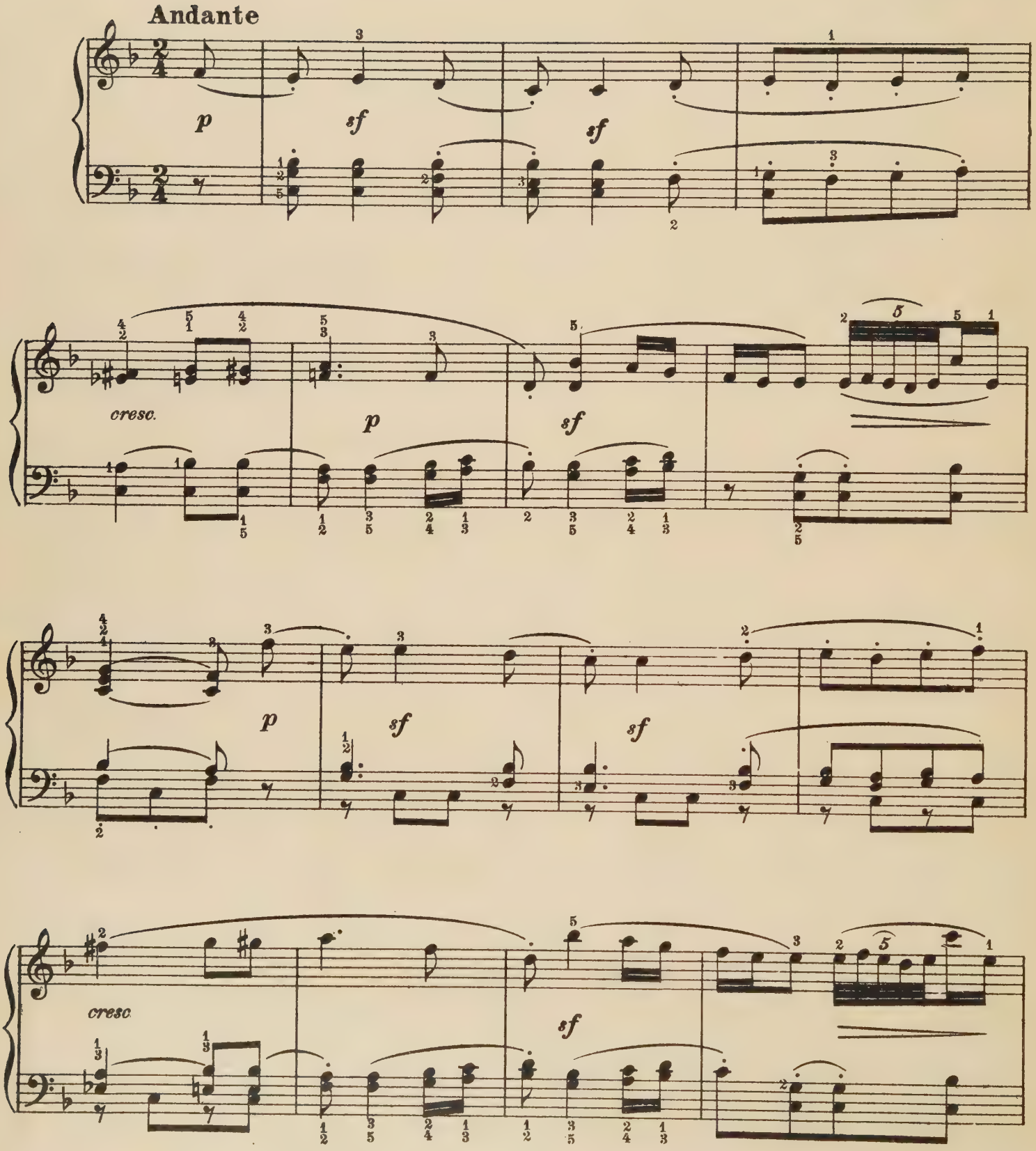
HAYDN

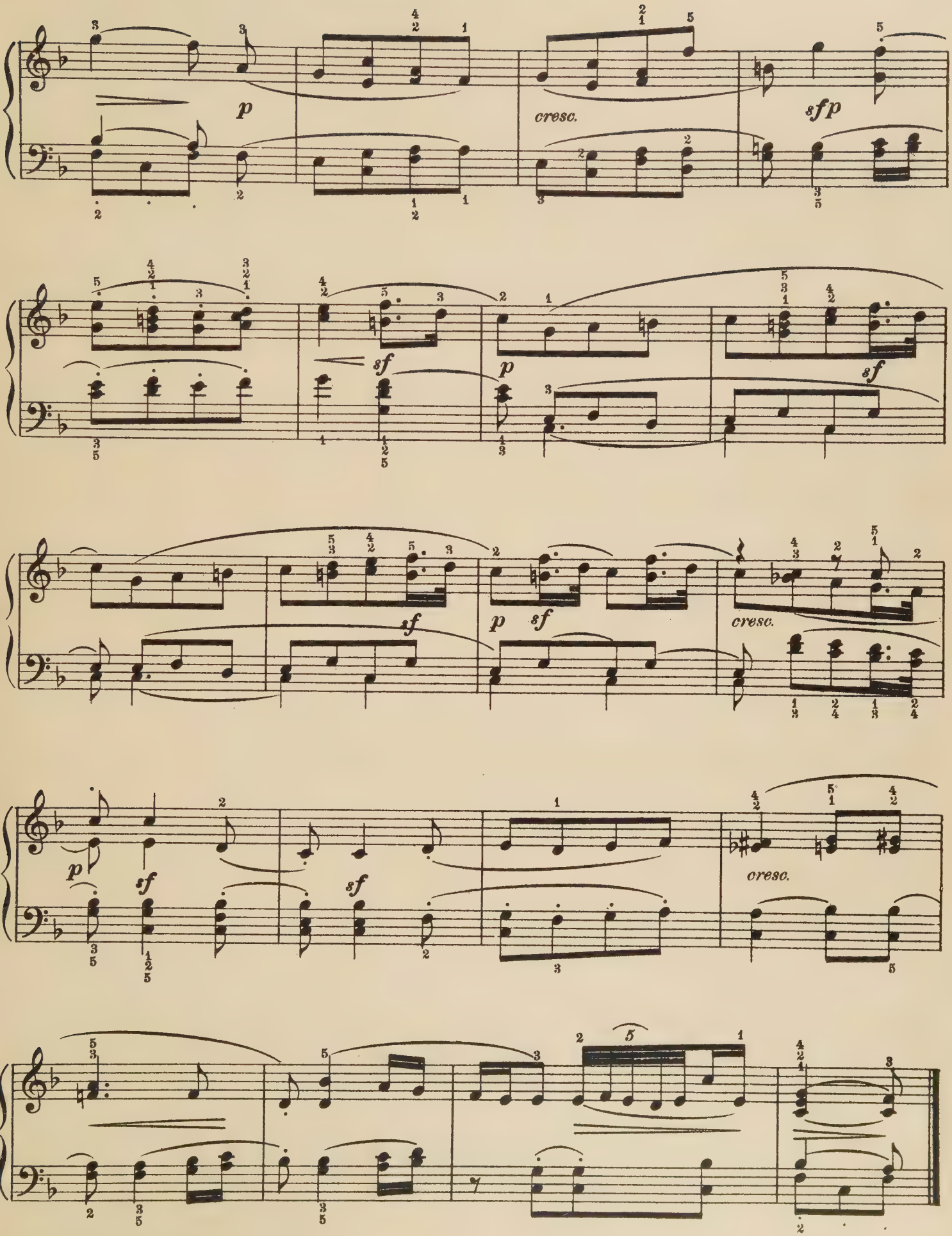
Allegretto quasi Andante



Andante in F

BEETHOVEN

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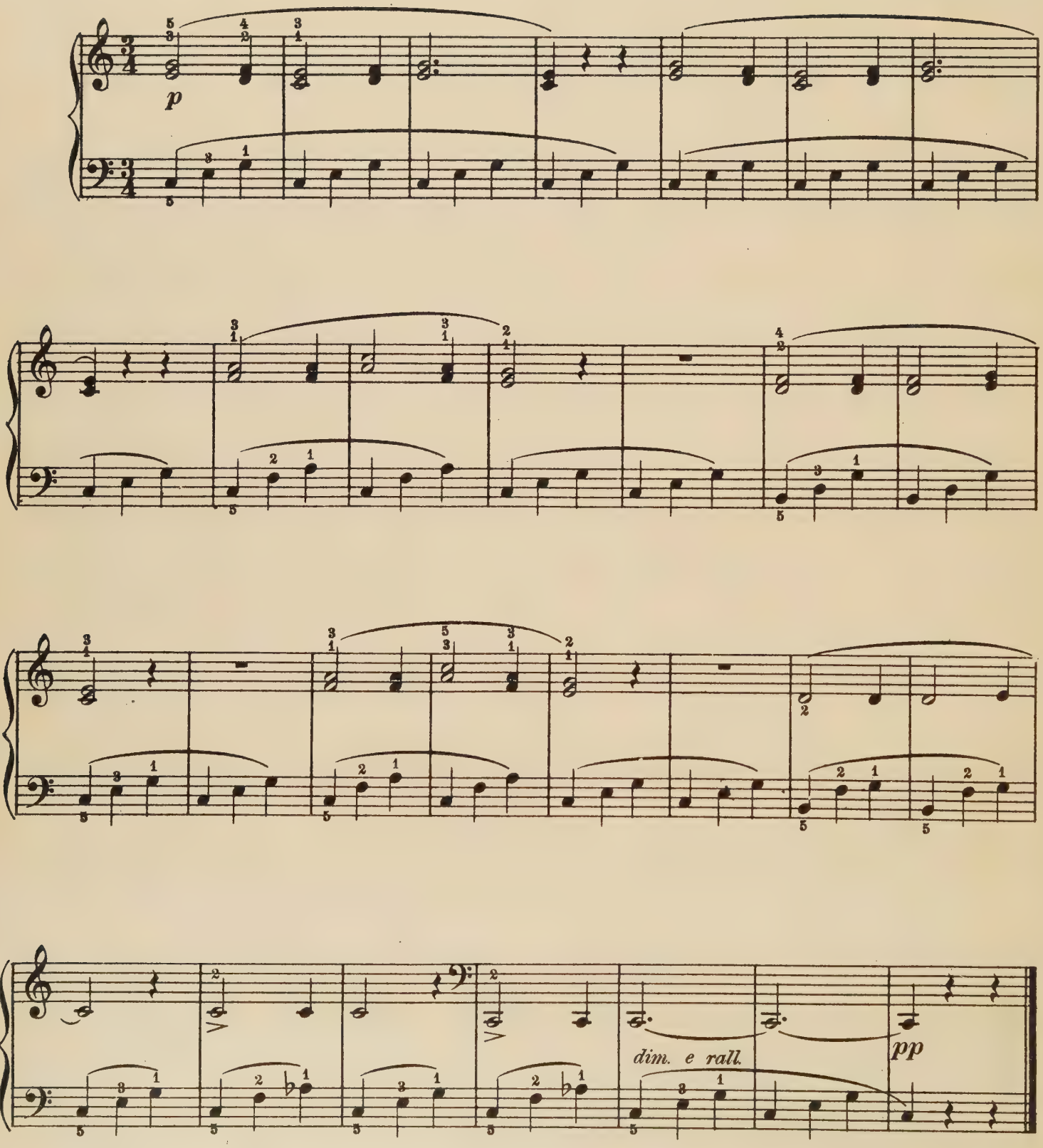
Cradle Song

OESTEN

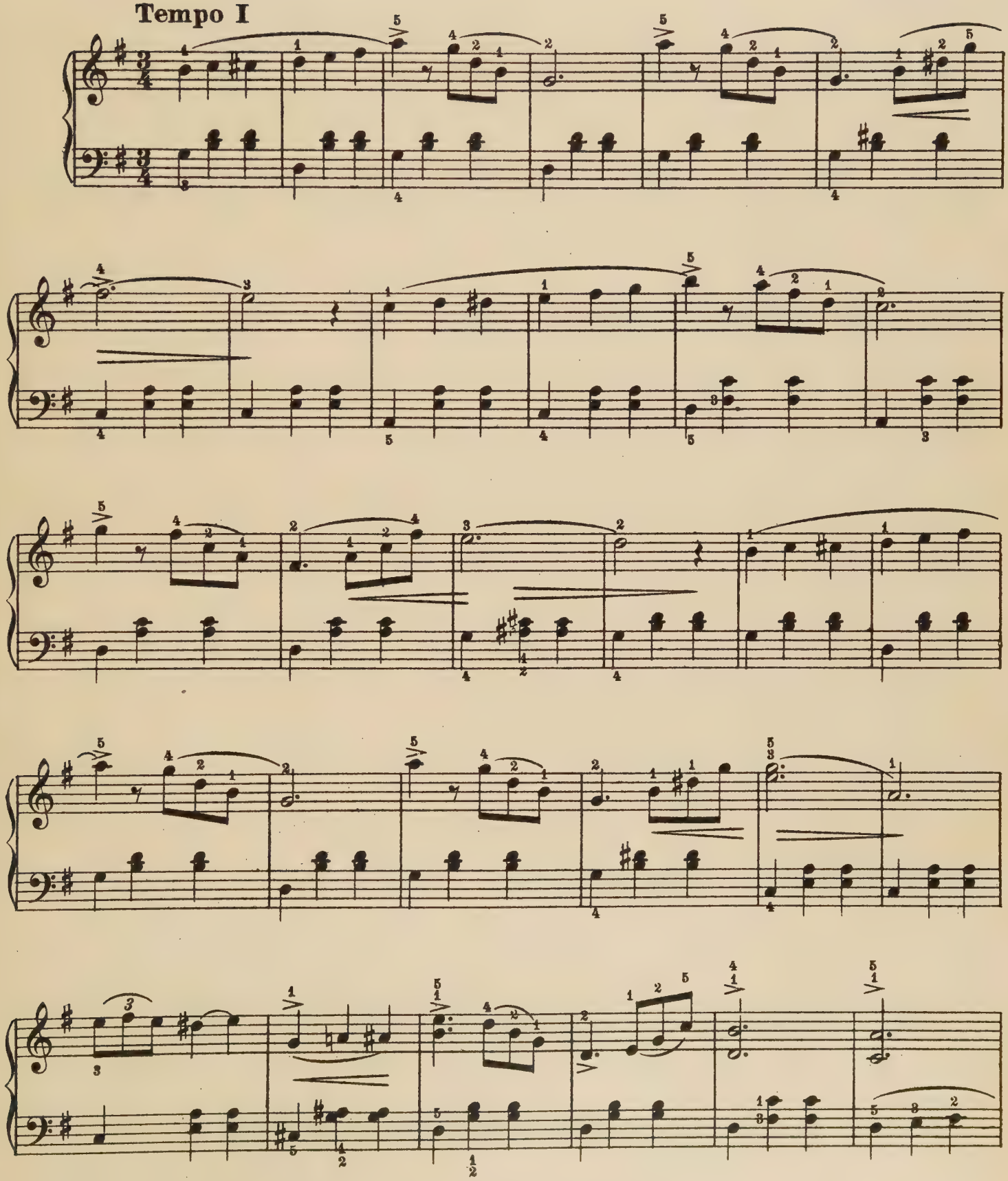


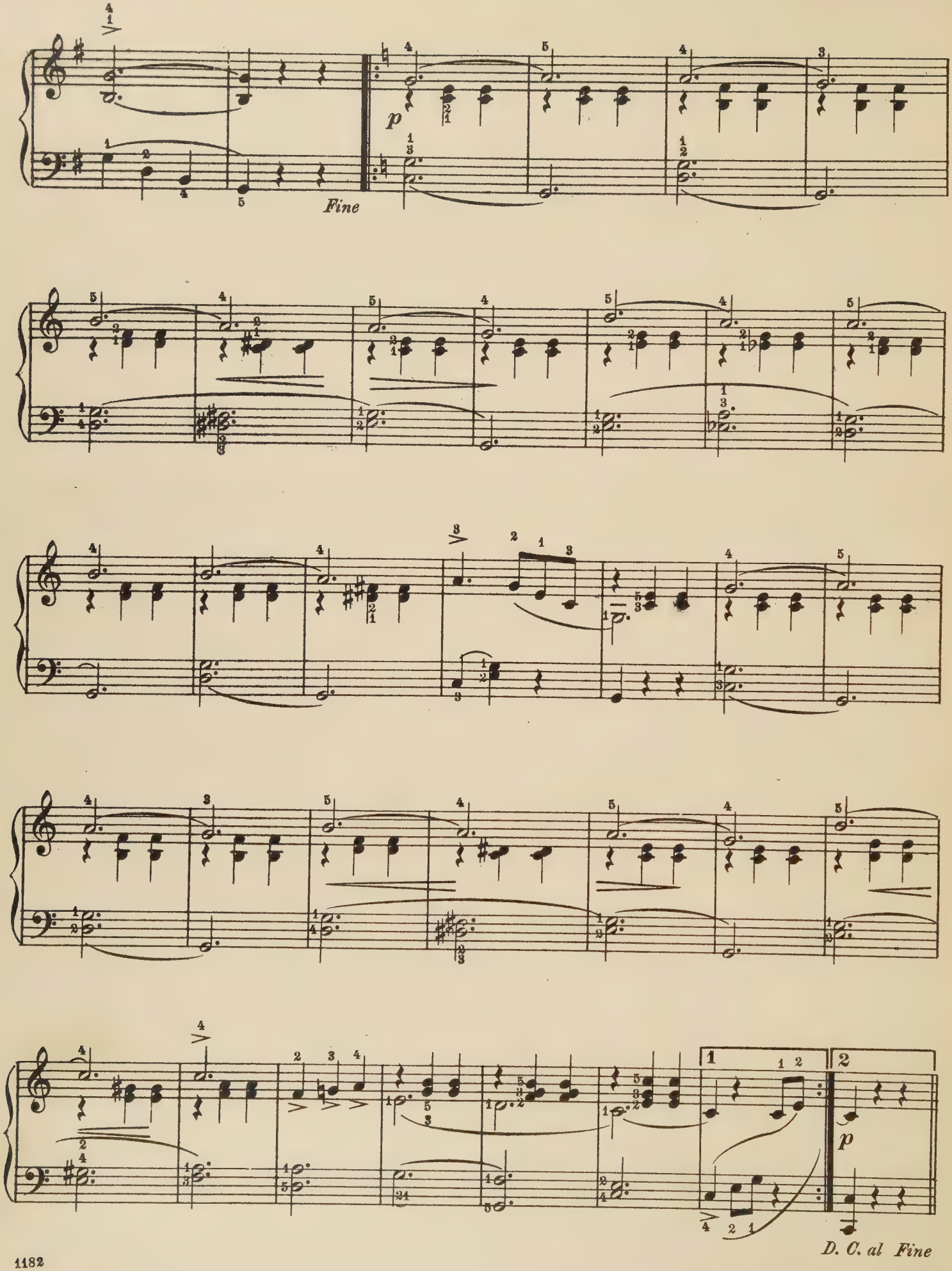
Morning Bows

Arranged from "Floating Zephyrs"

ENGELMANN

Tempo I

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1
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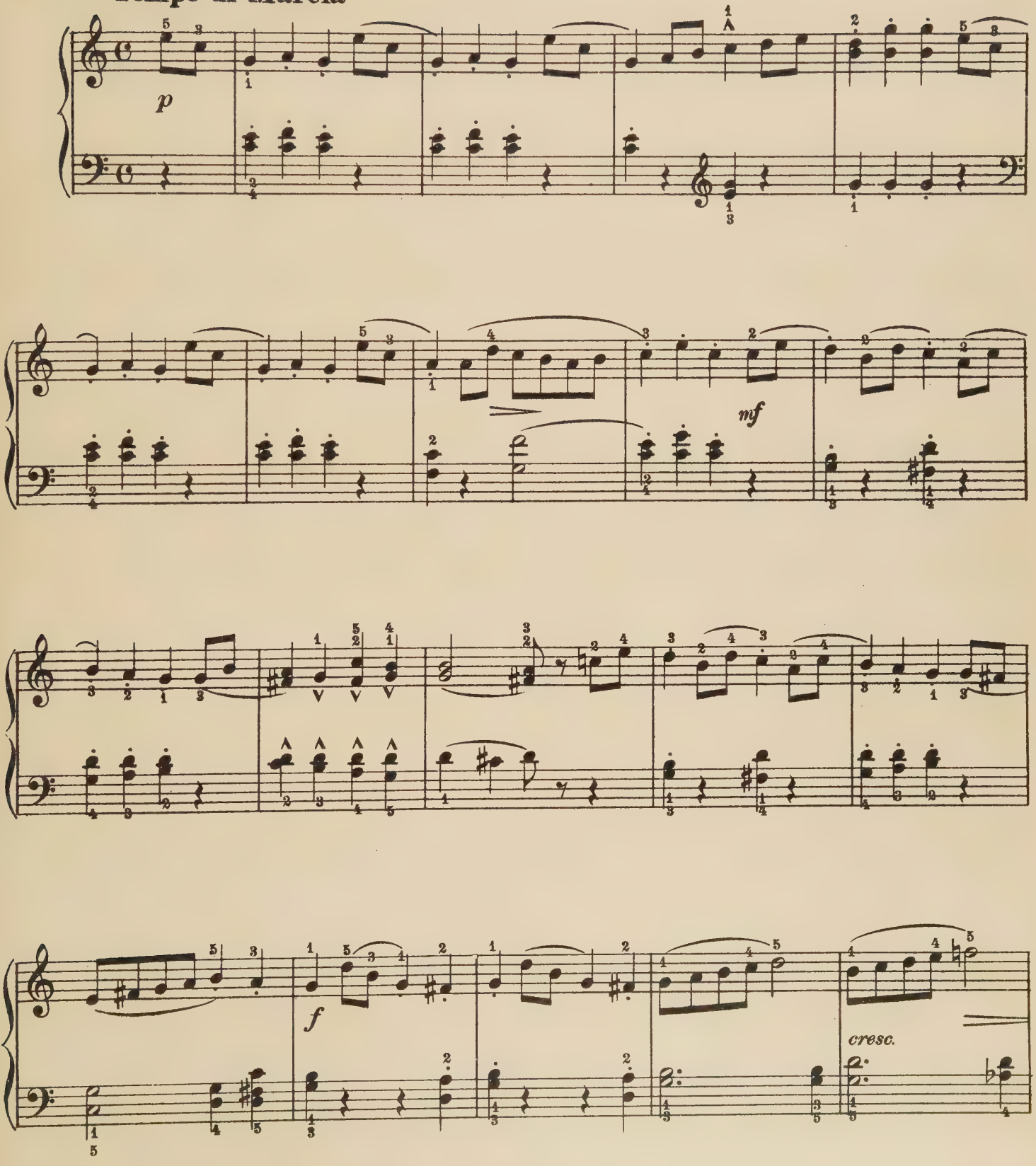
D. C. al Fine

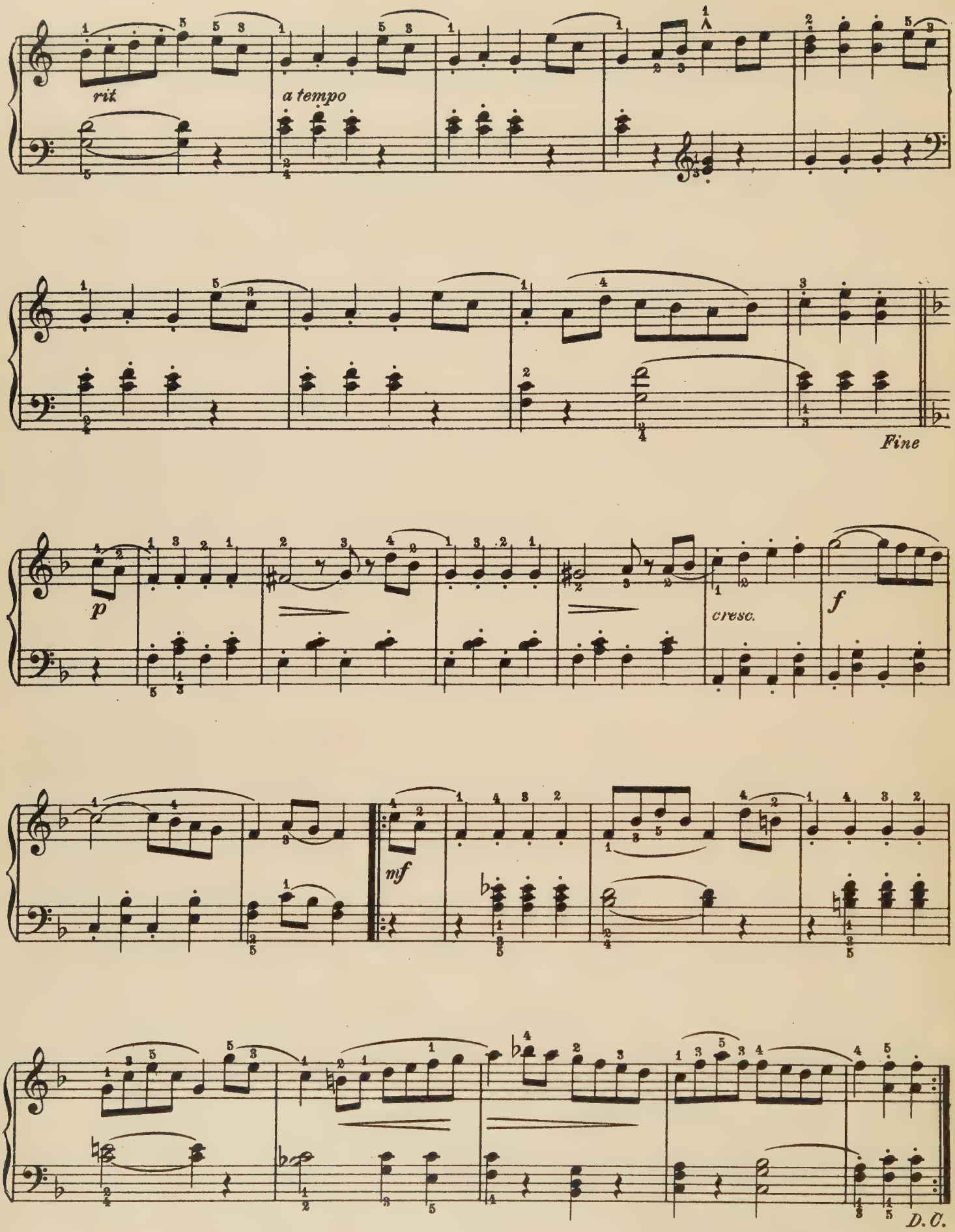
Hand in Hand

March

RUMMEL

Tempo di Marcia

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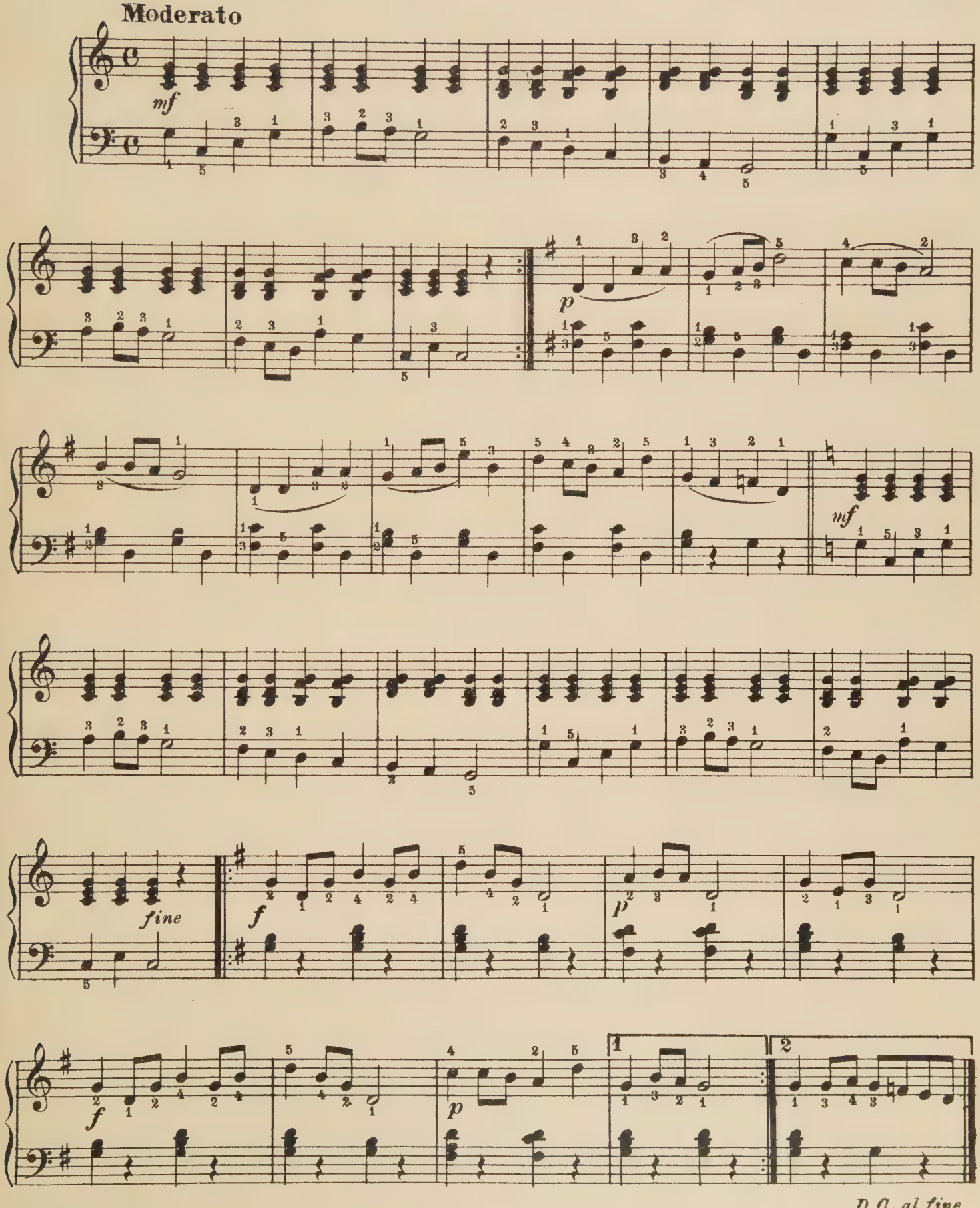
Soldier's March

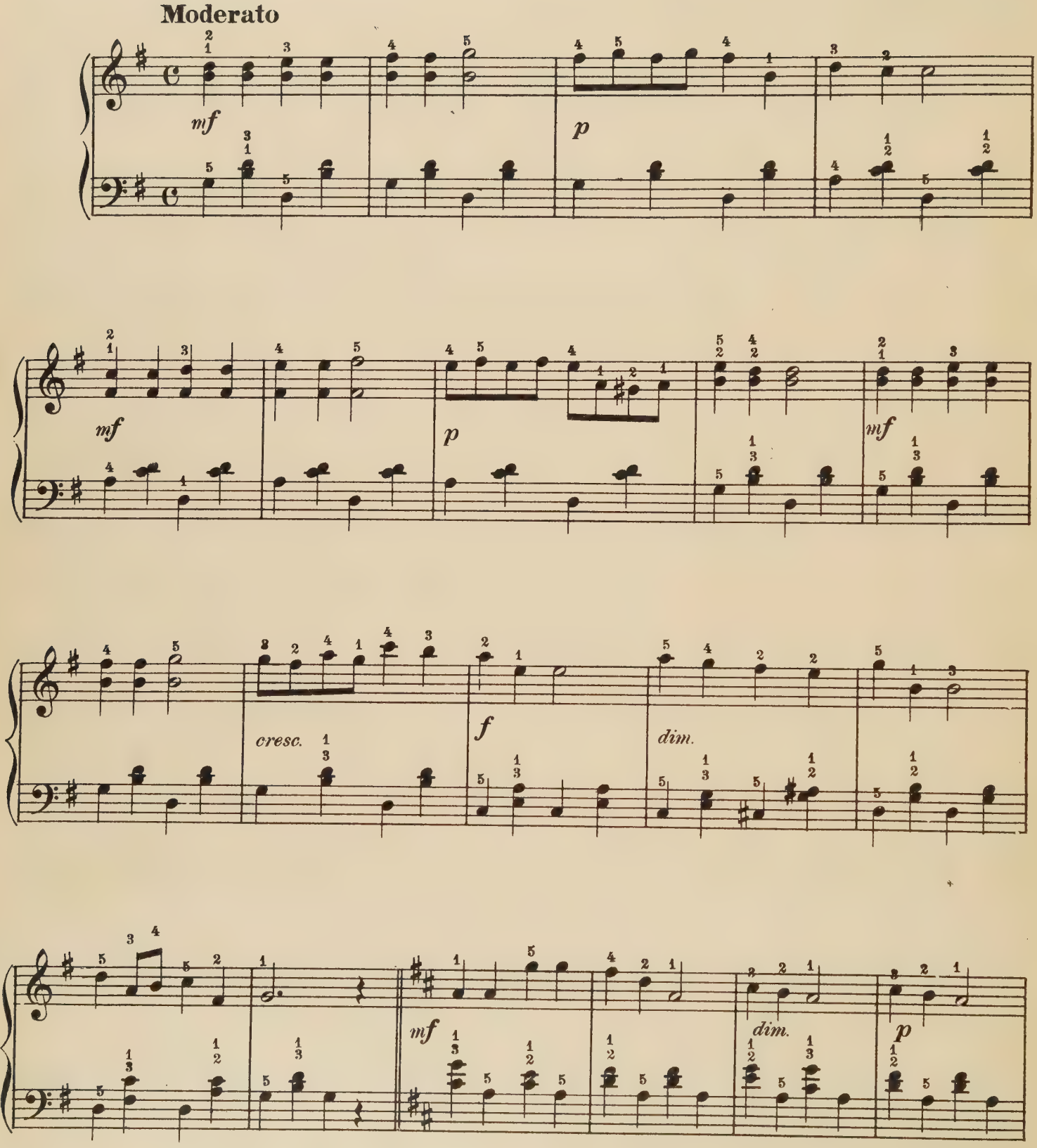
FRANZ ADLER

Moderato



First Grade March

FRANZ ADLER



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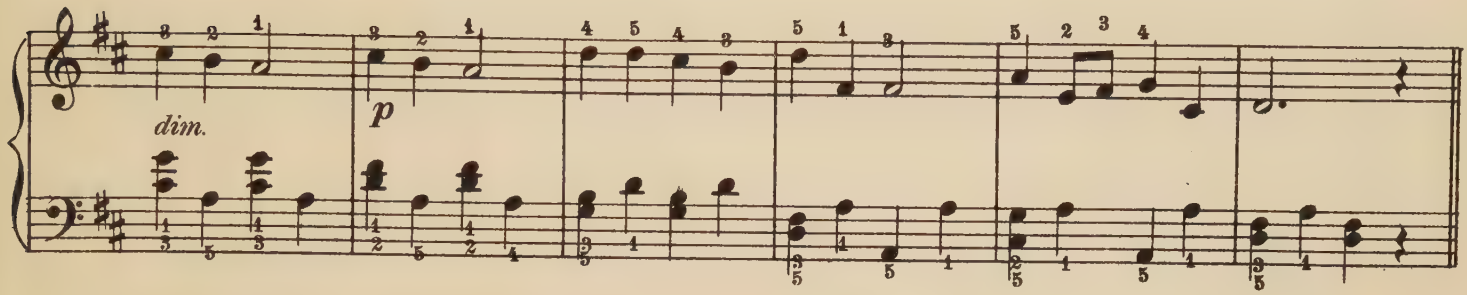
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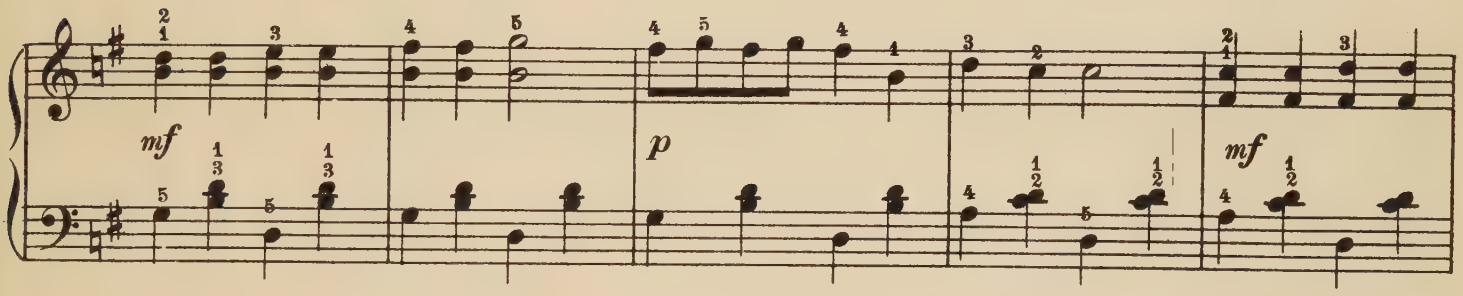
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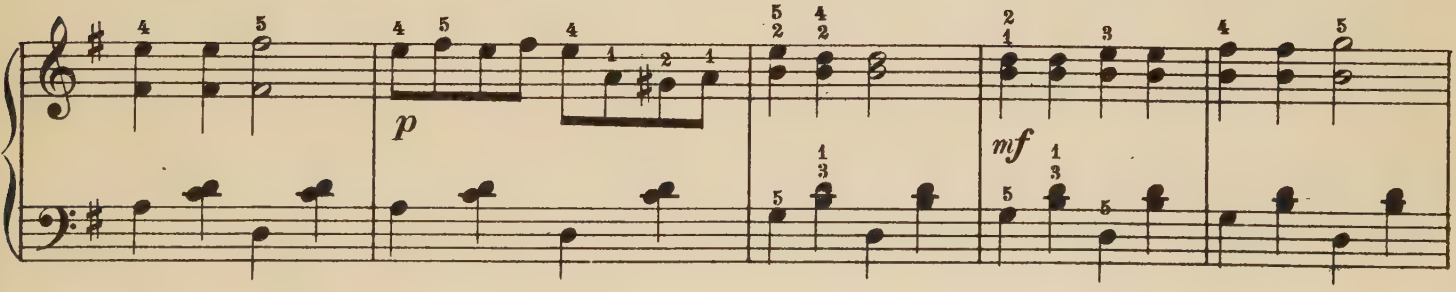
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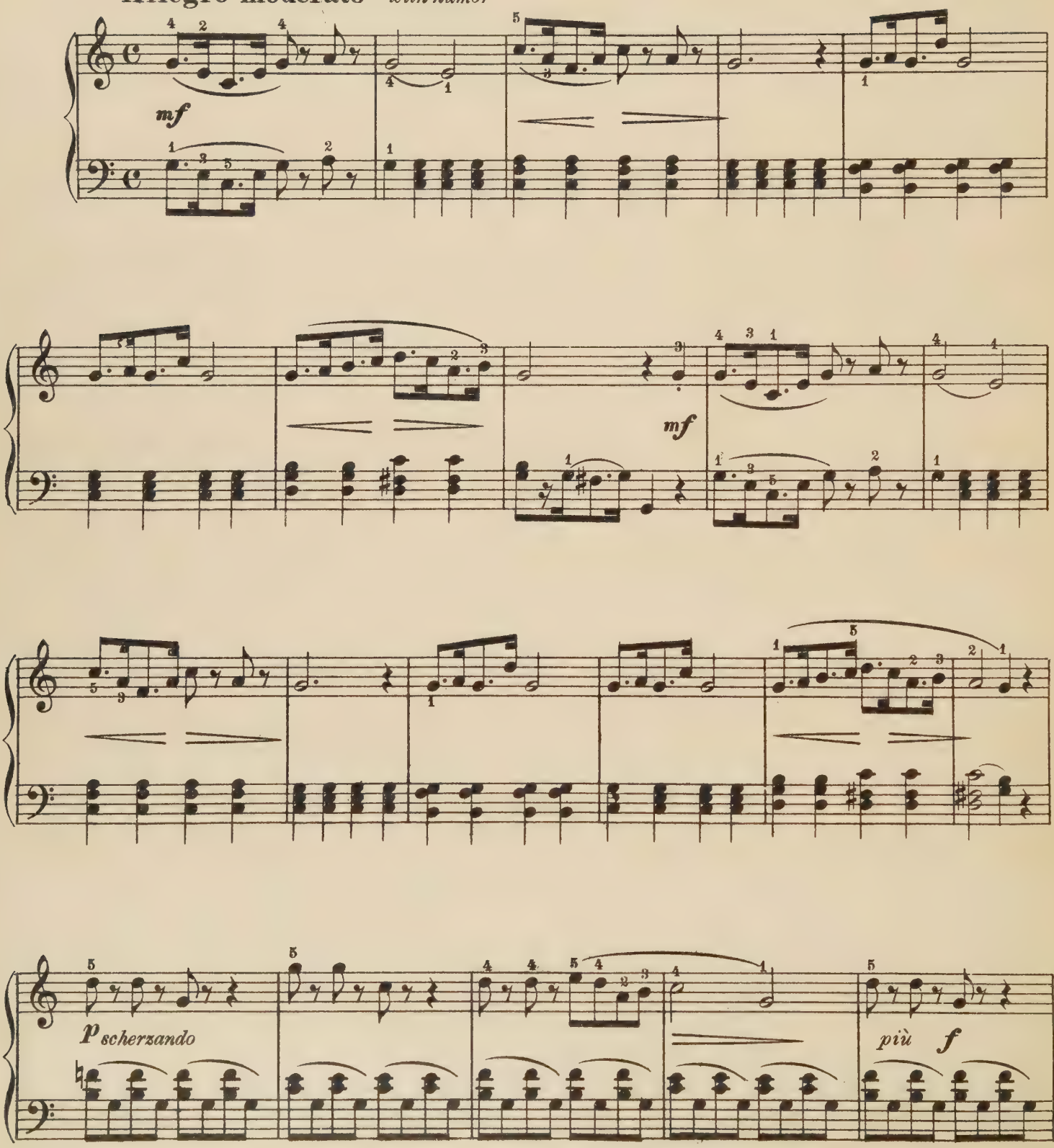
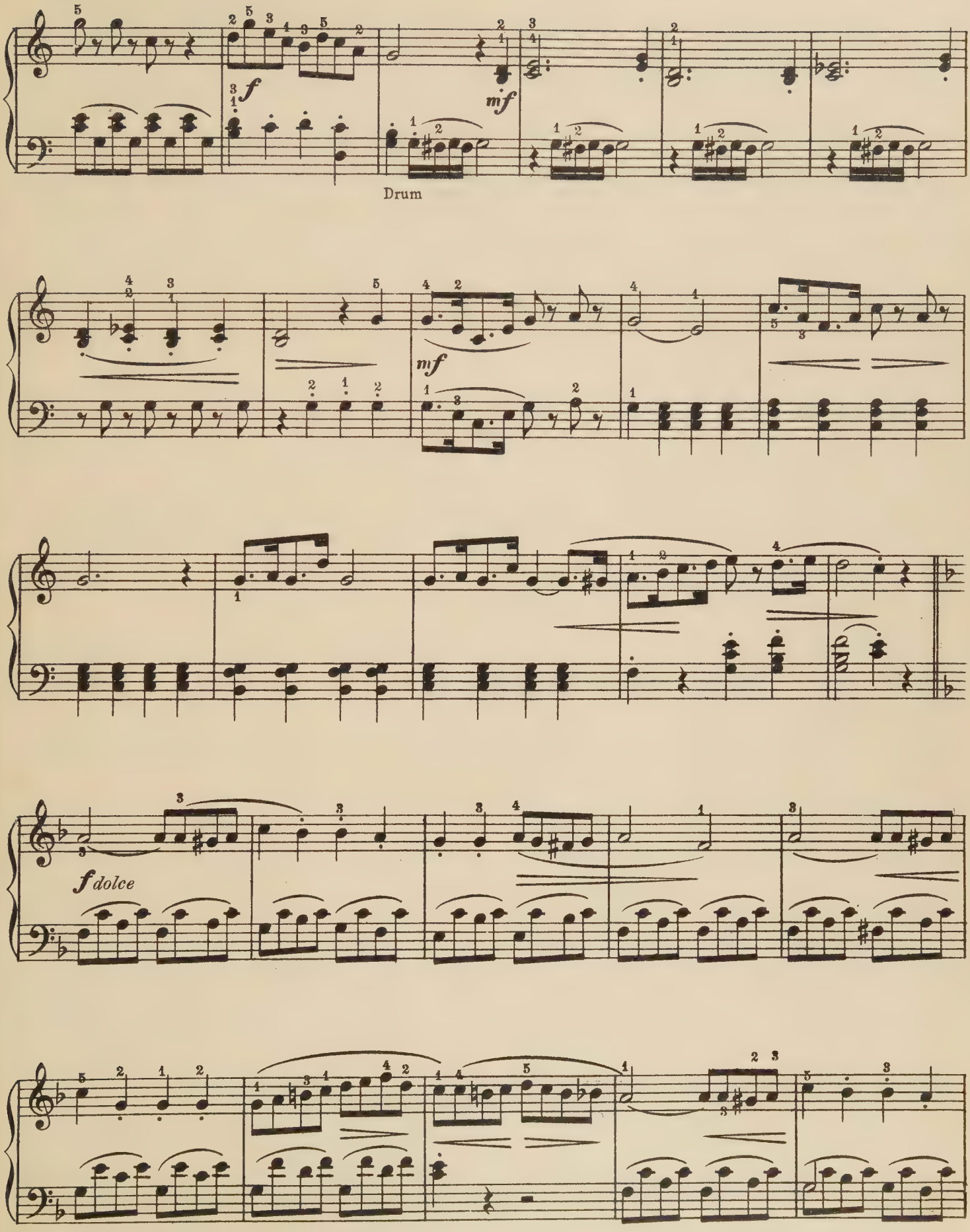
March

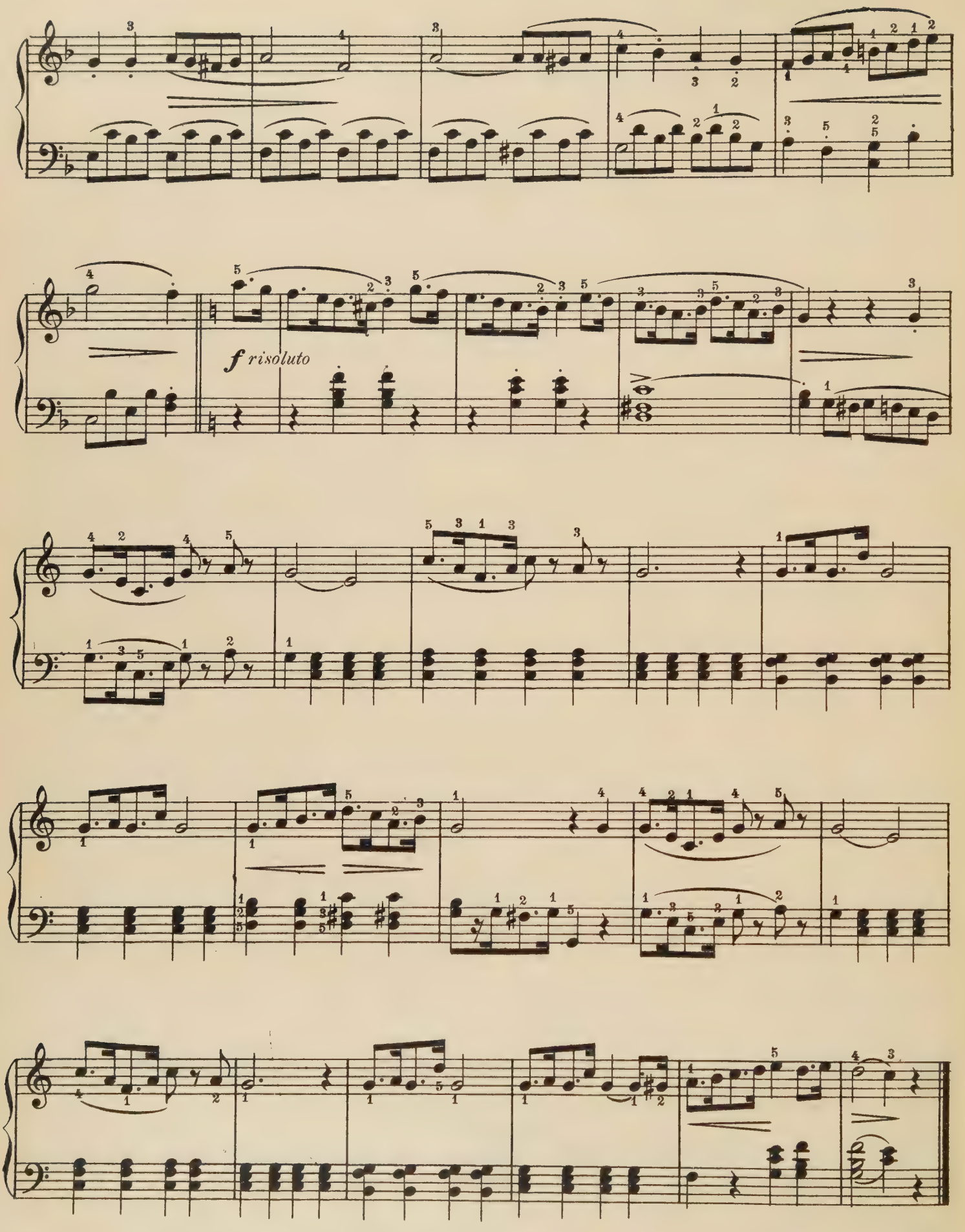
Cadets March

LANGE

Allegro moderato *with humor*




f
mf
Drum
mf
f dolce

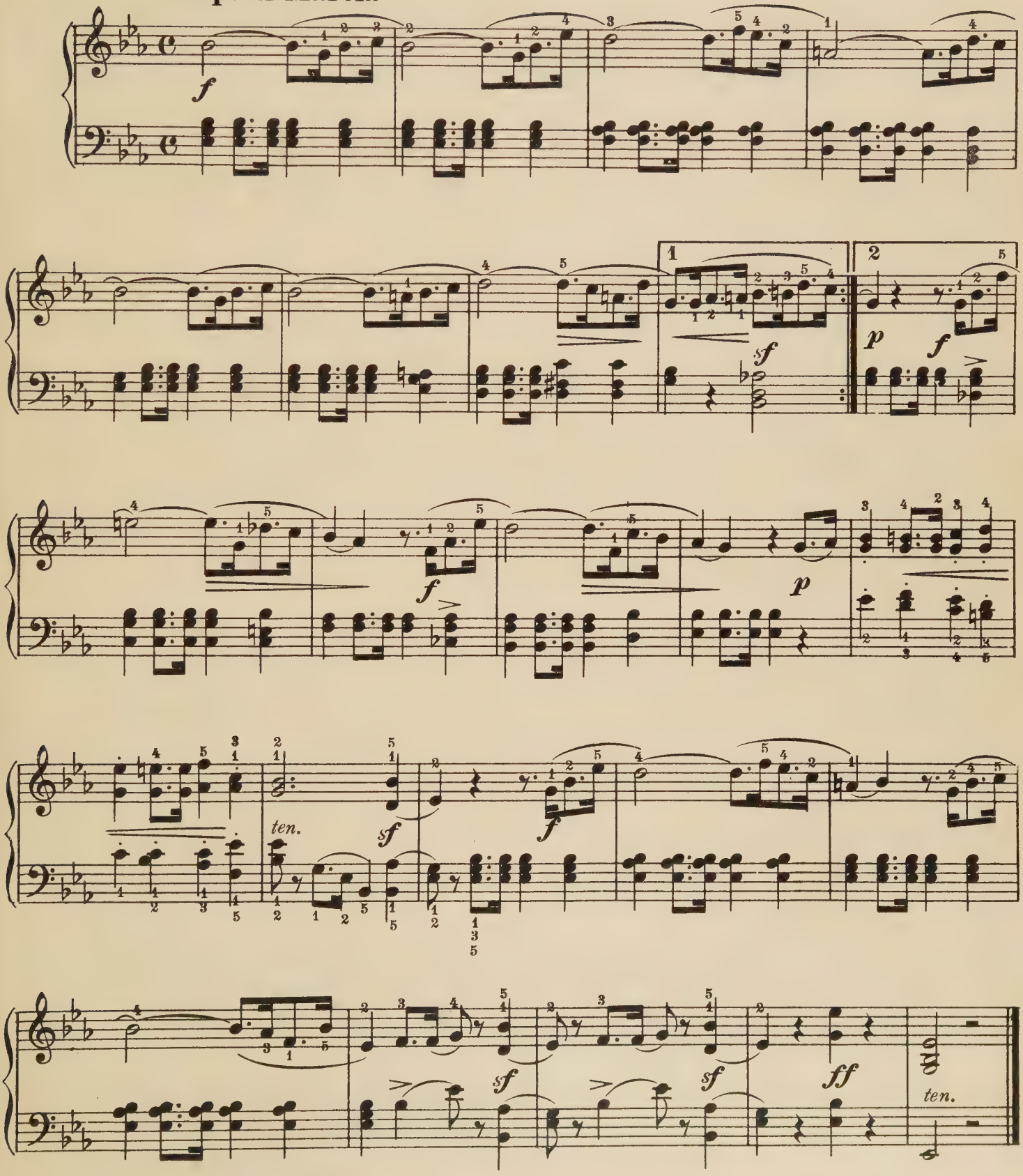

f risoluto

With Bugle and Drum

March

LOESCHHORN

Tempo di Marcia

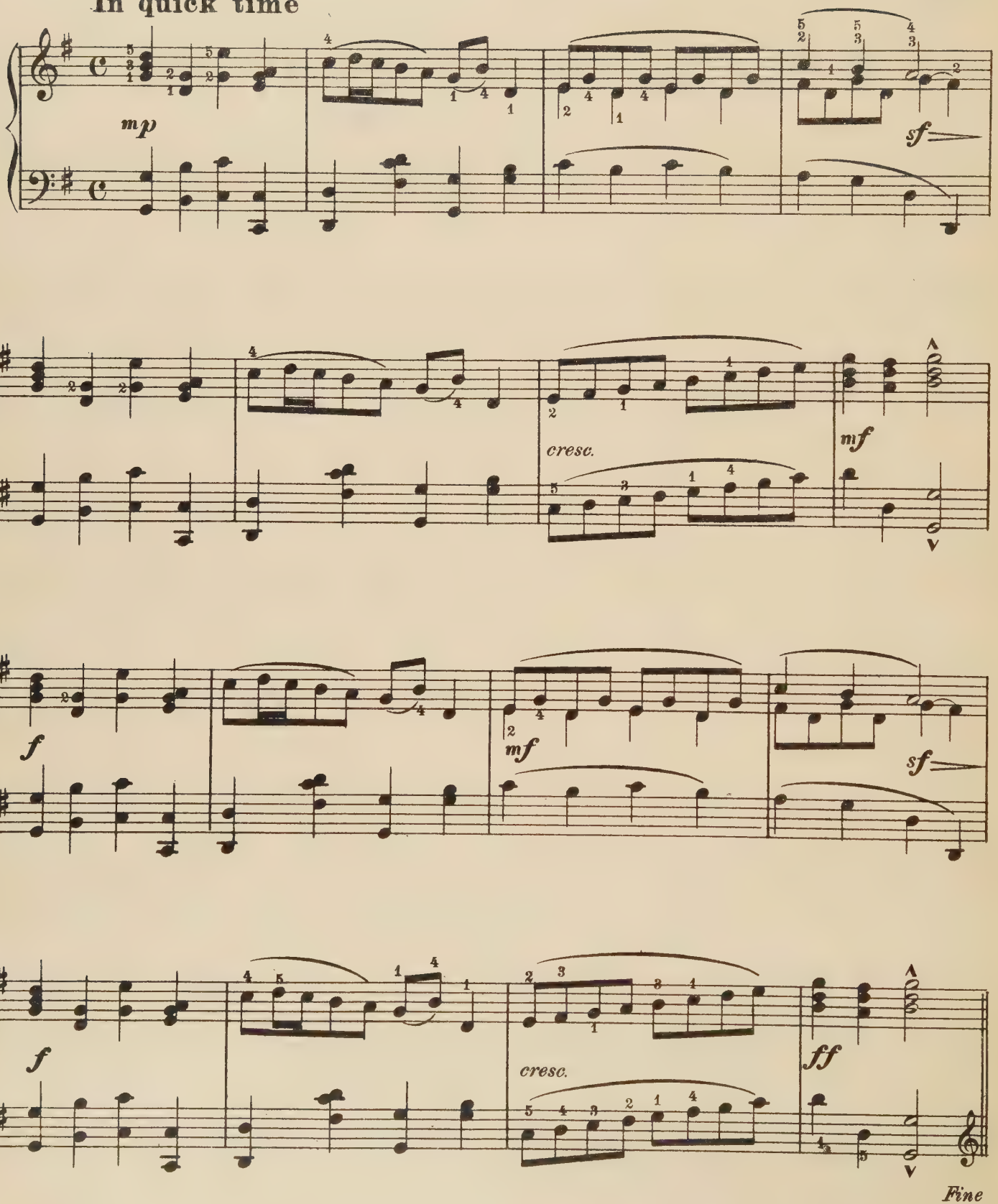


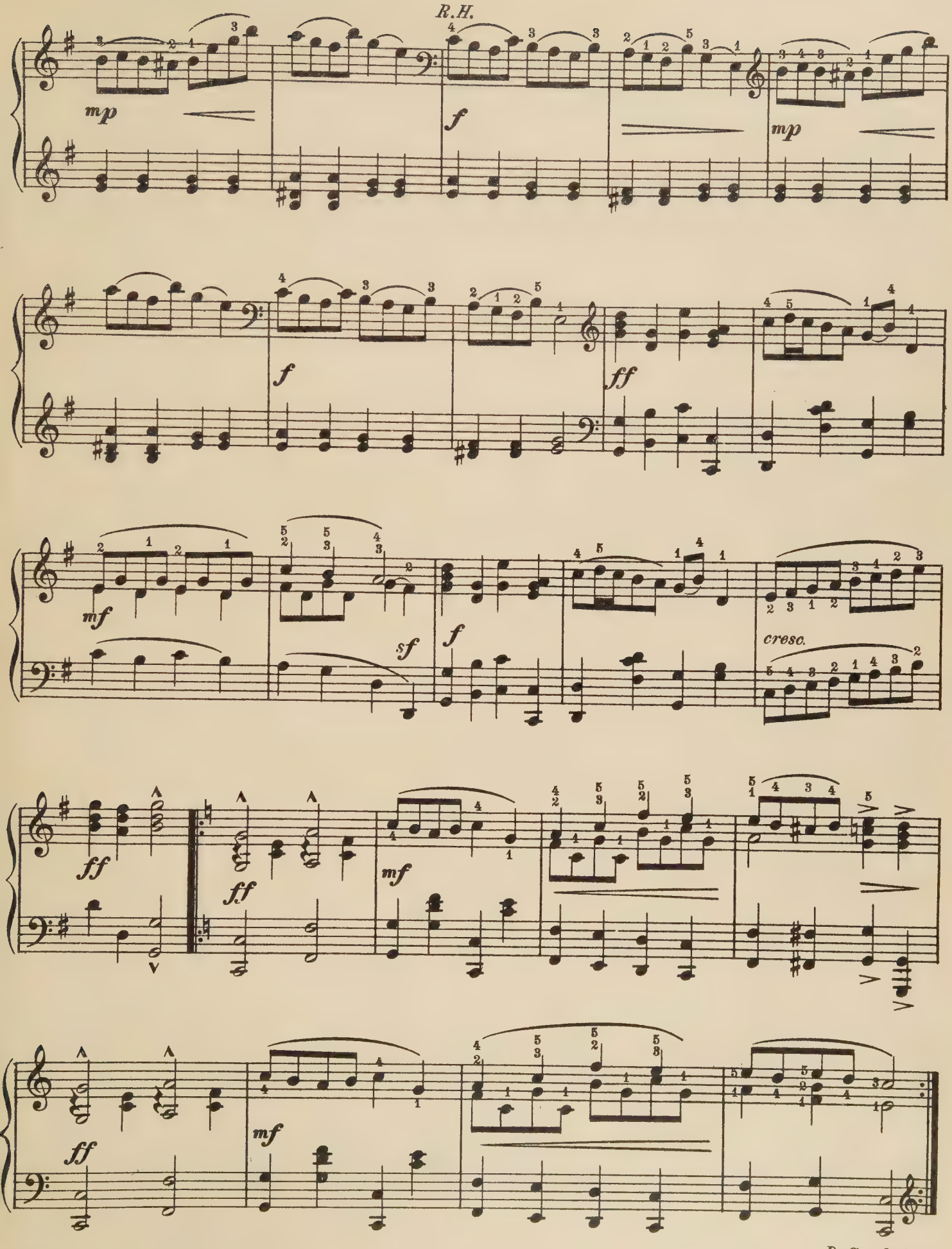
Standard Bearer

March

SMITH

In quick time




R.H.
mp
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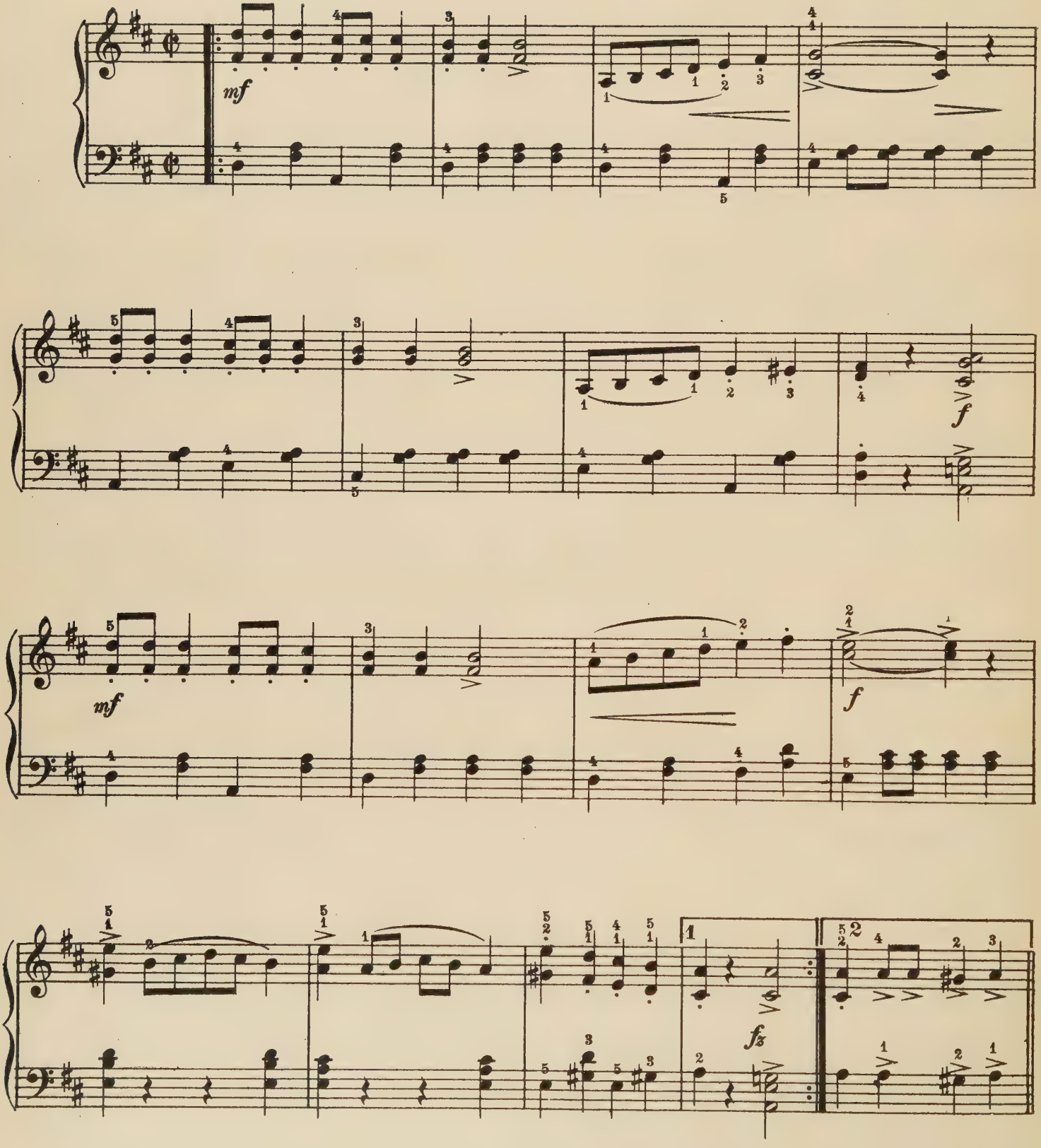
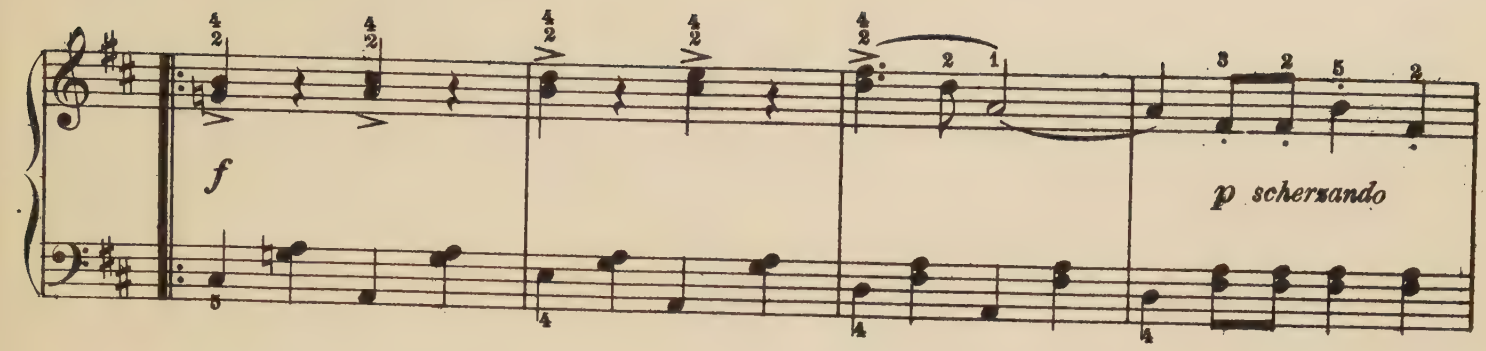
D.C. al fine

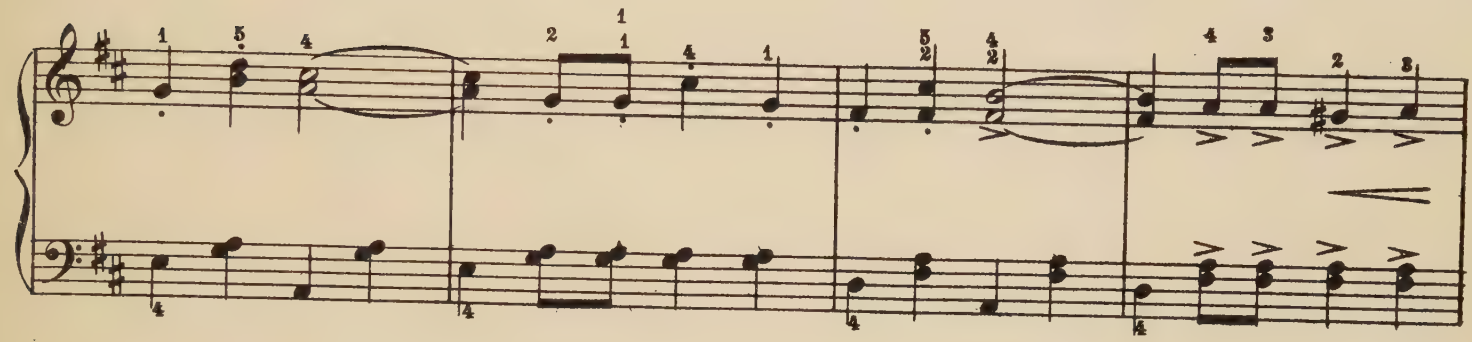
Young Sentinel

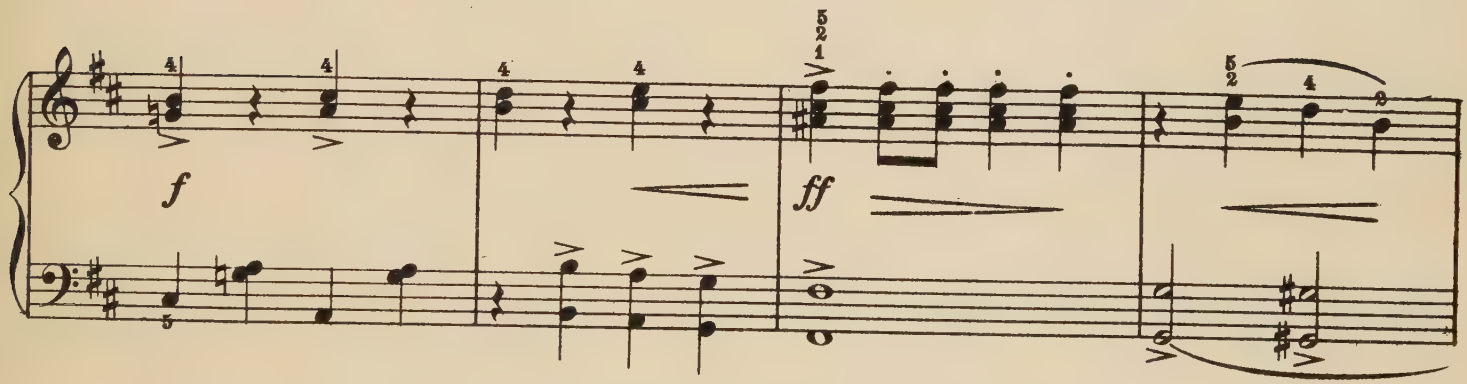
March

ENGELMANN

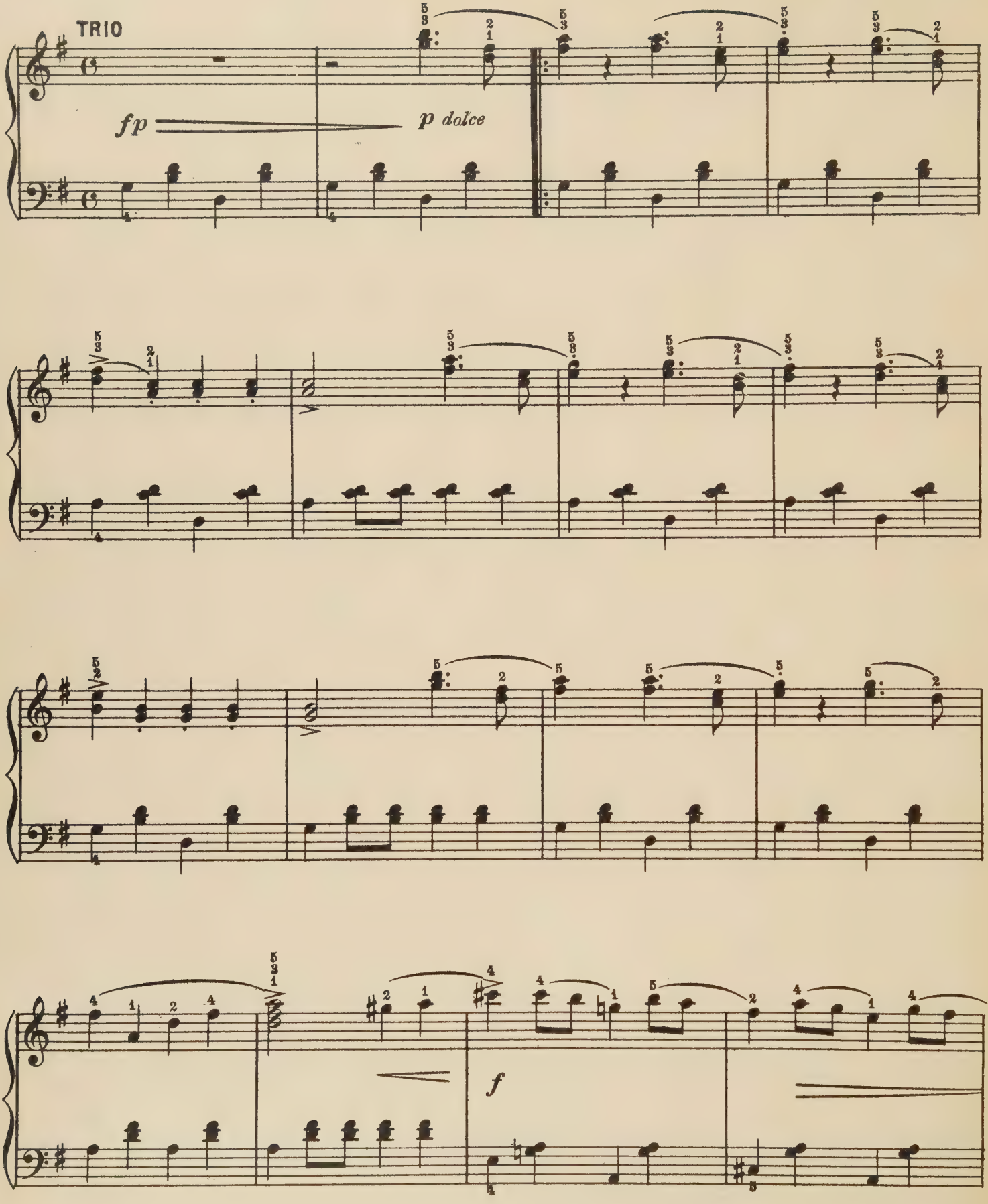


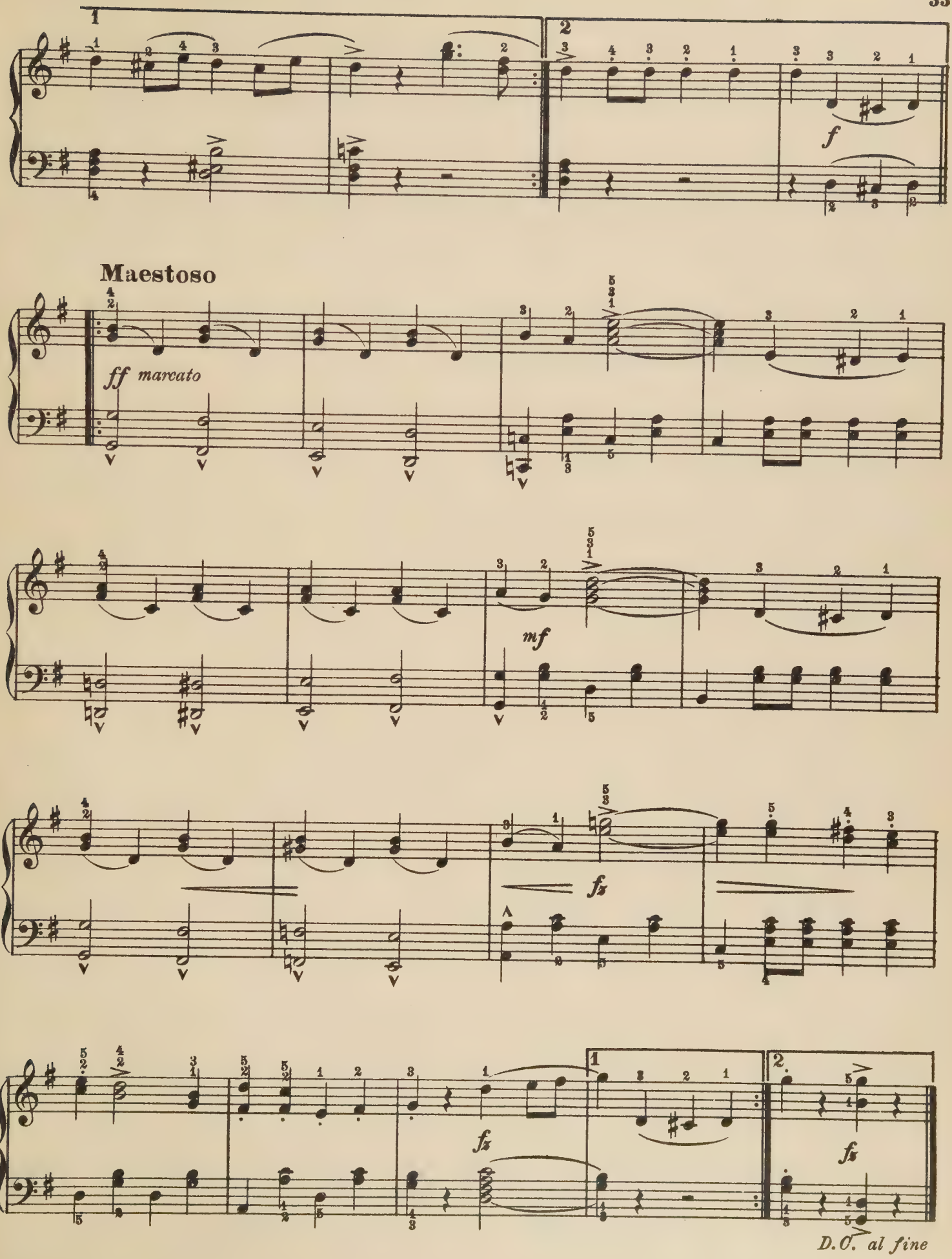

f
p scherzando




f
ff

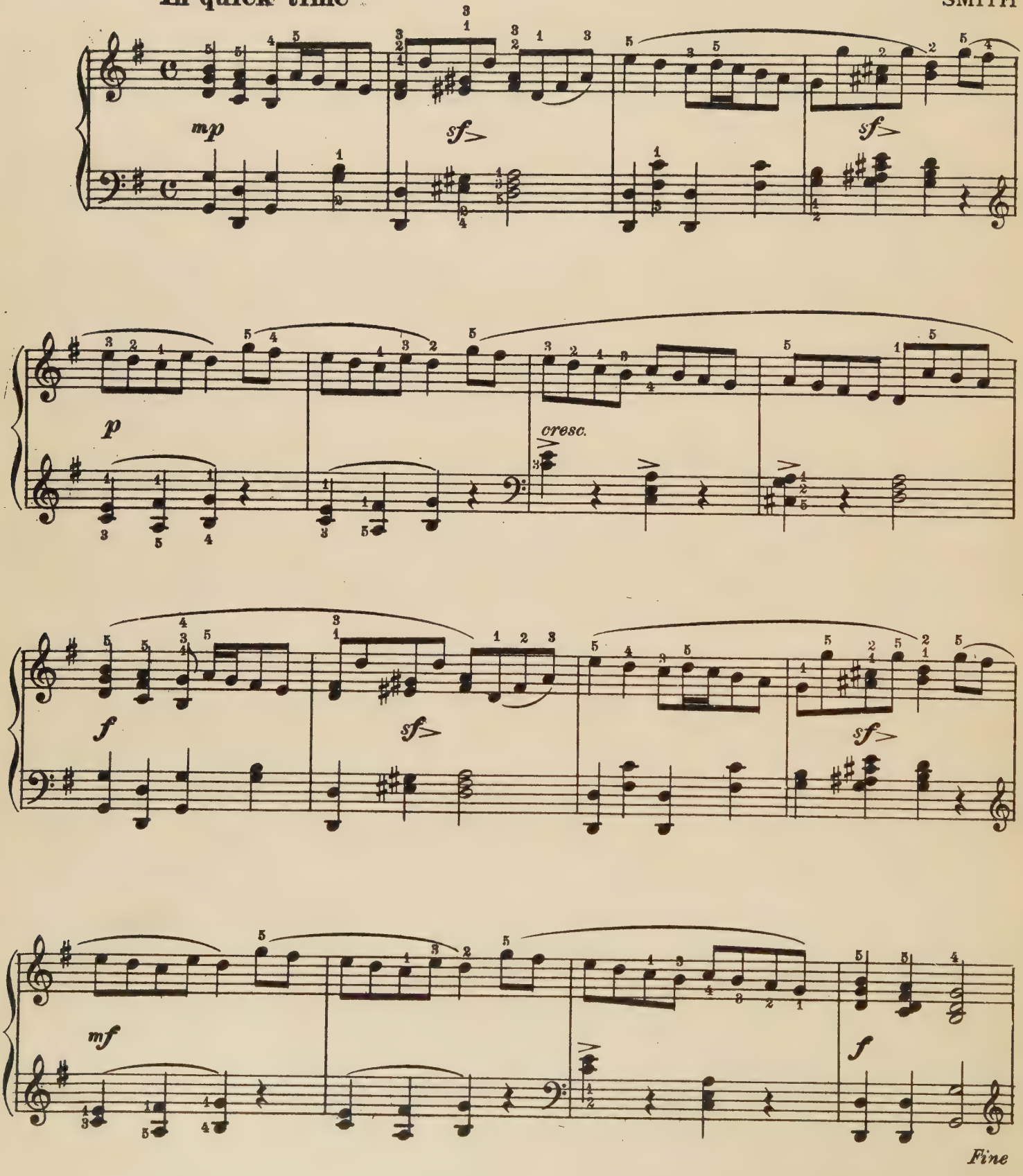
1
2
fz
Fine

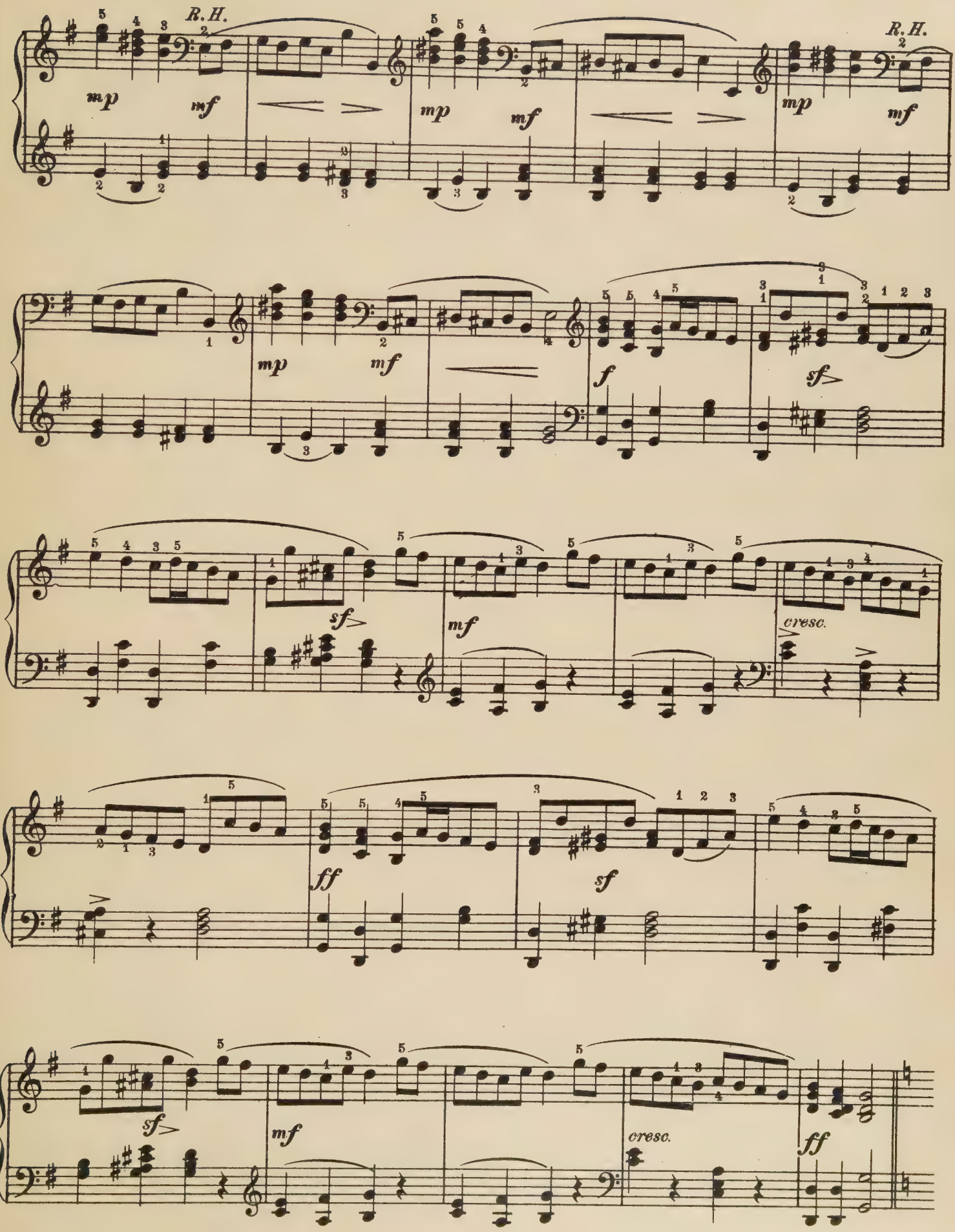

TRIO
fp
p dolce
f

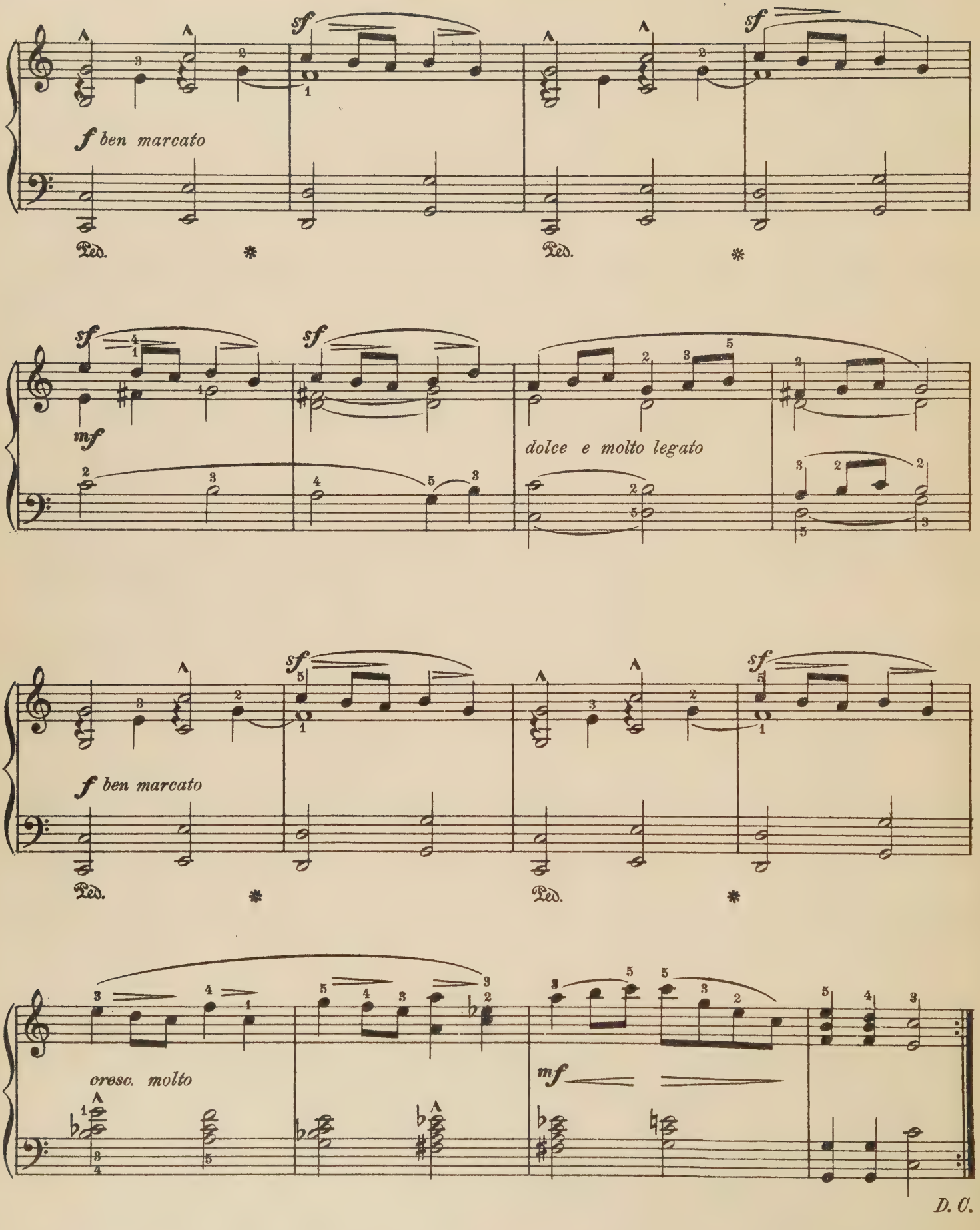

1
2
f
Maestoso
ff marcato
mf
fz
fz
fz
1
2
D.C. al fine

Festival March

In quick time SMITH




R.H.
mp
mf
R.H.
mp
mf
mp
mf
f
sf
sf
mf
cresc.
ff
sf
sf
mf
cresc.
ff

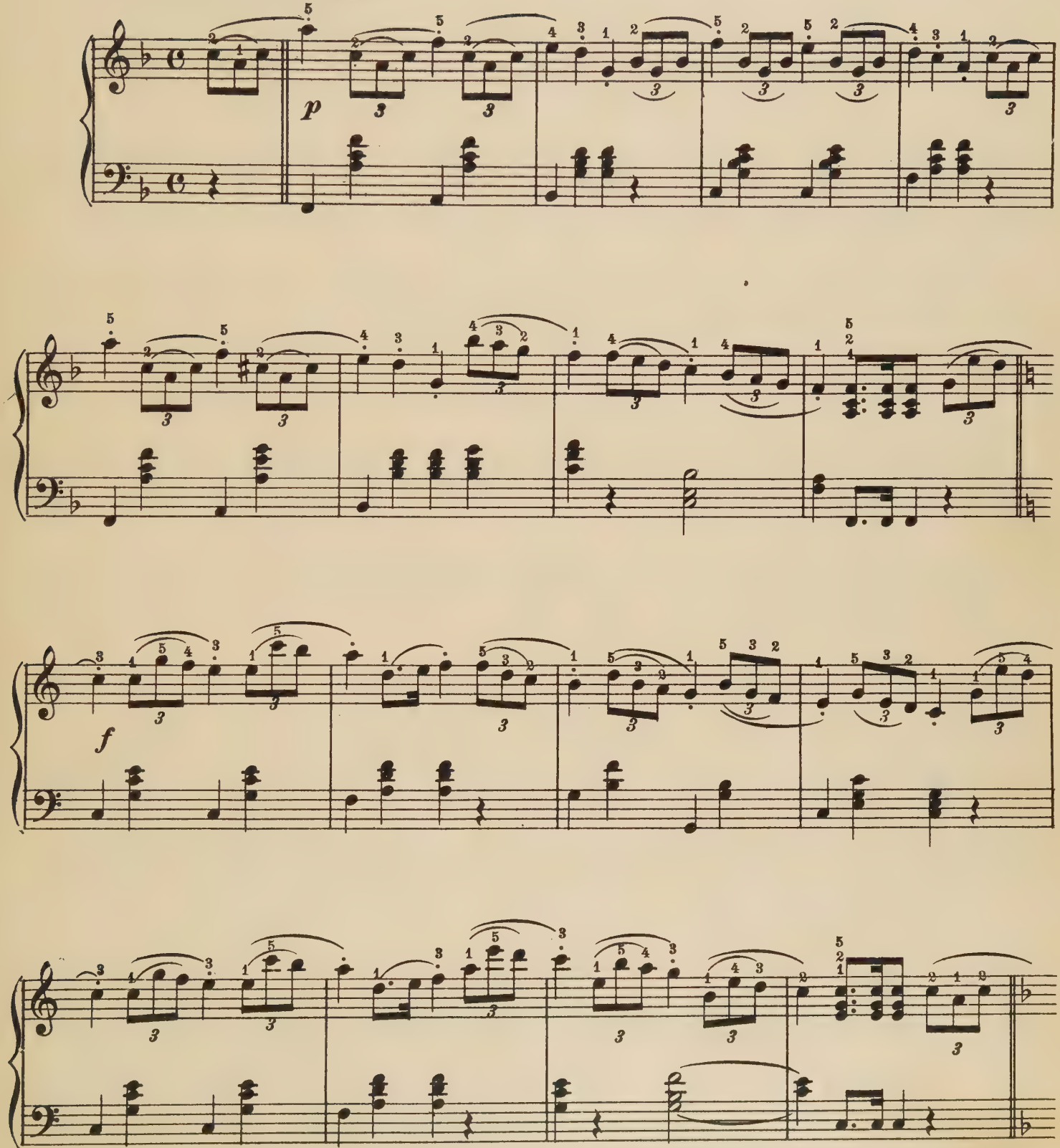

sf
f ben marcato
Ped.
*
sf
mf
dolce e molto legato
cresc. molto
mf
D. C.

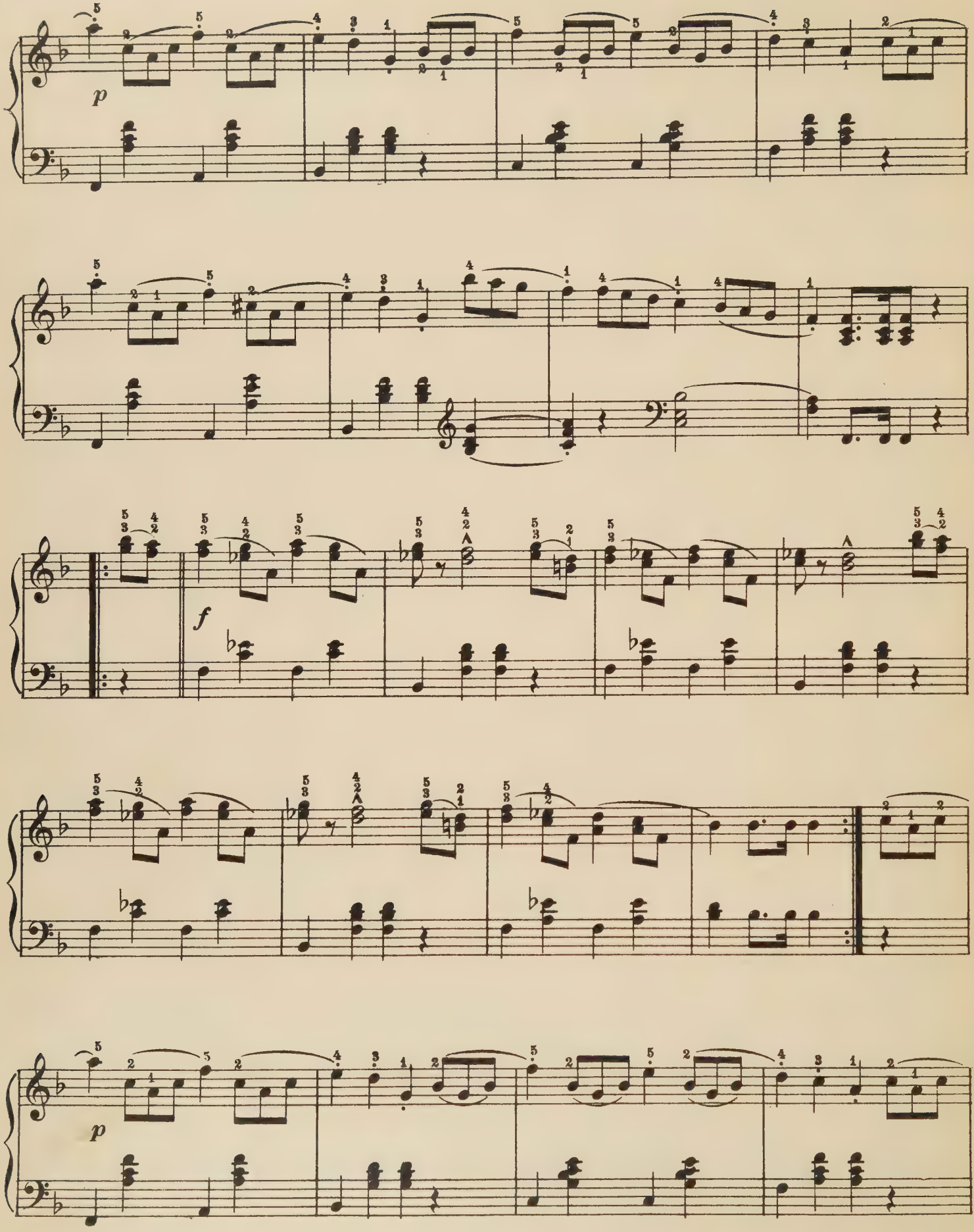
Little Ensign

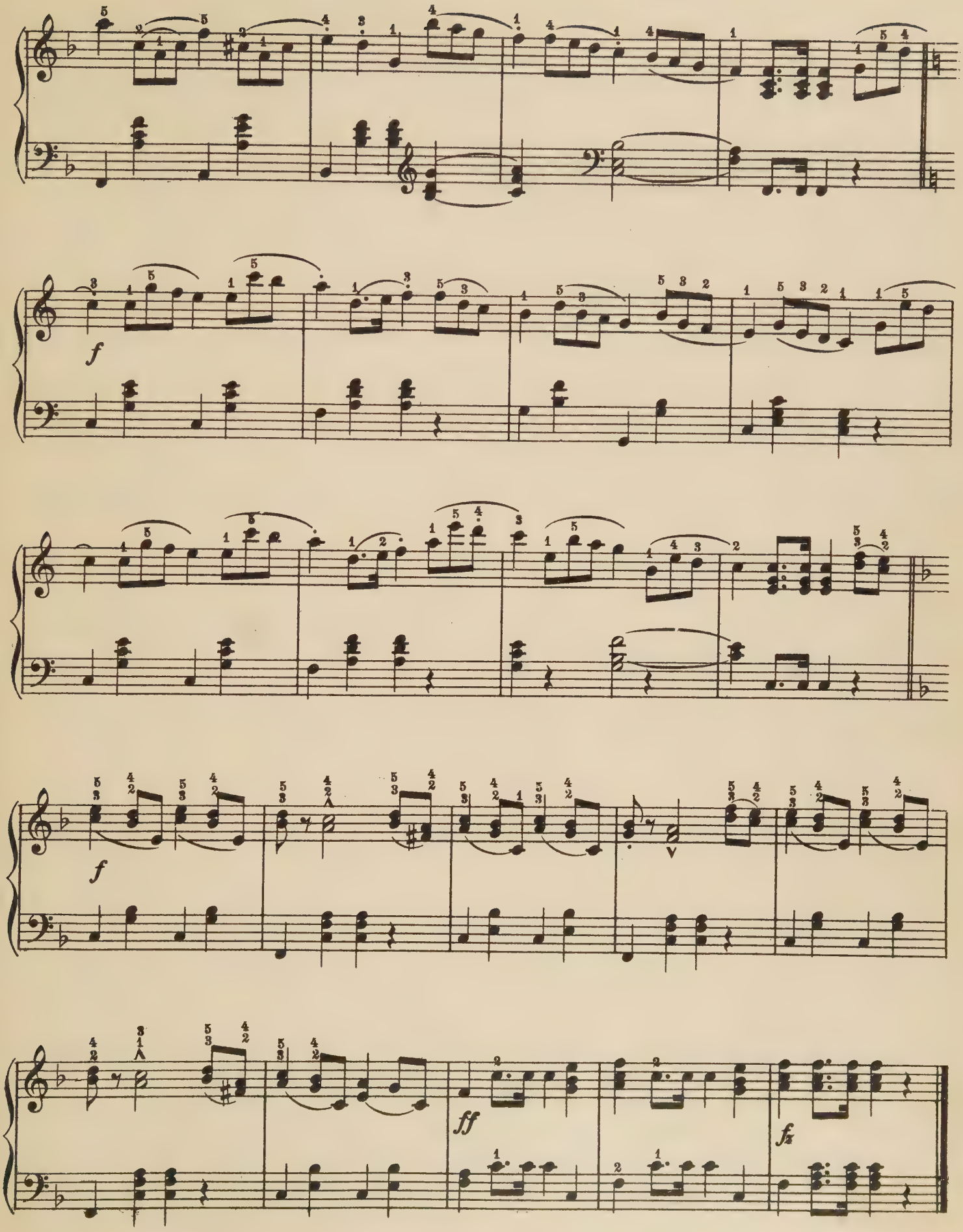
March

GIESE

Tempo di Marcia

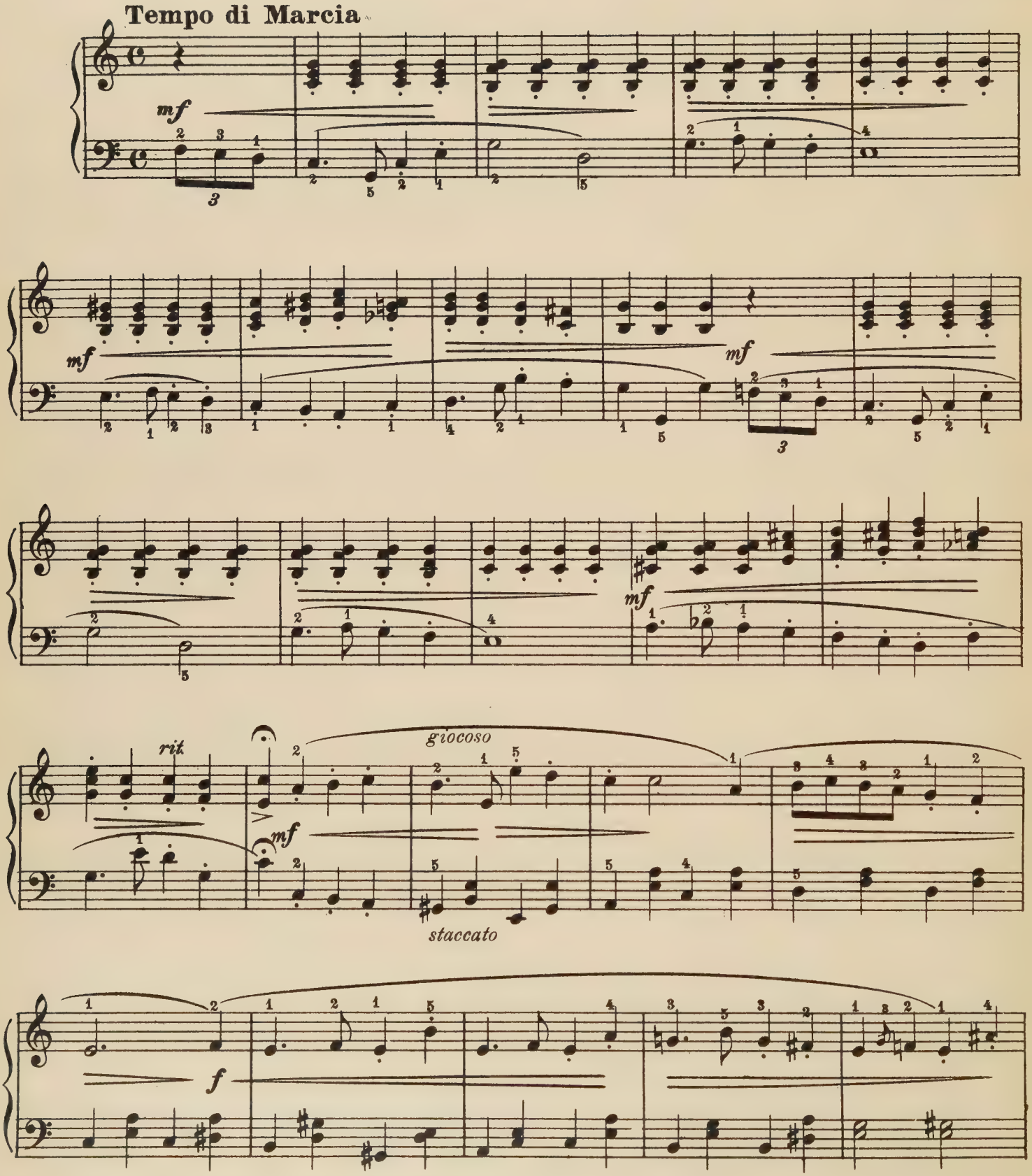


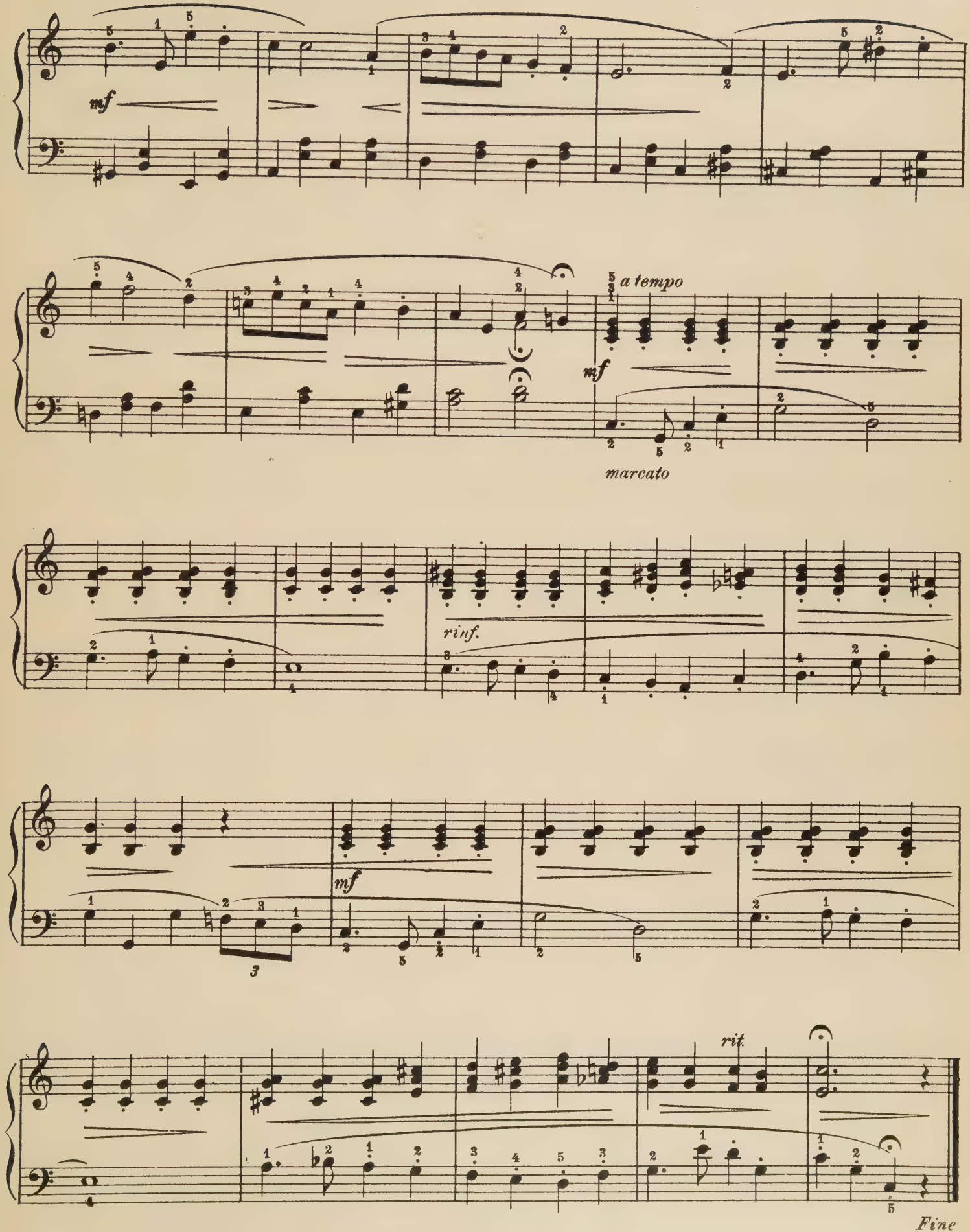

p
f
p


f
f
ff
fz

Passing Troops March

OEHMLER

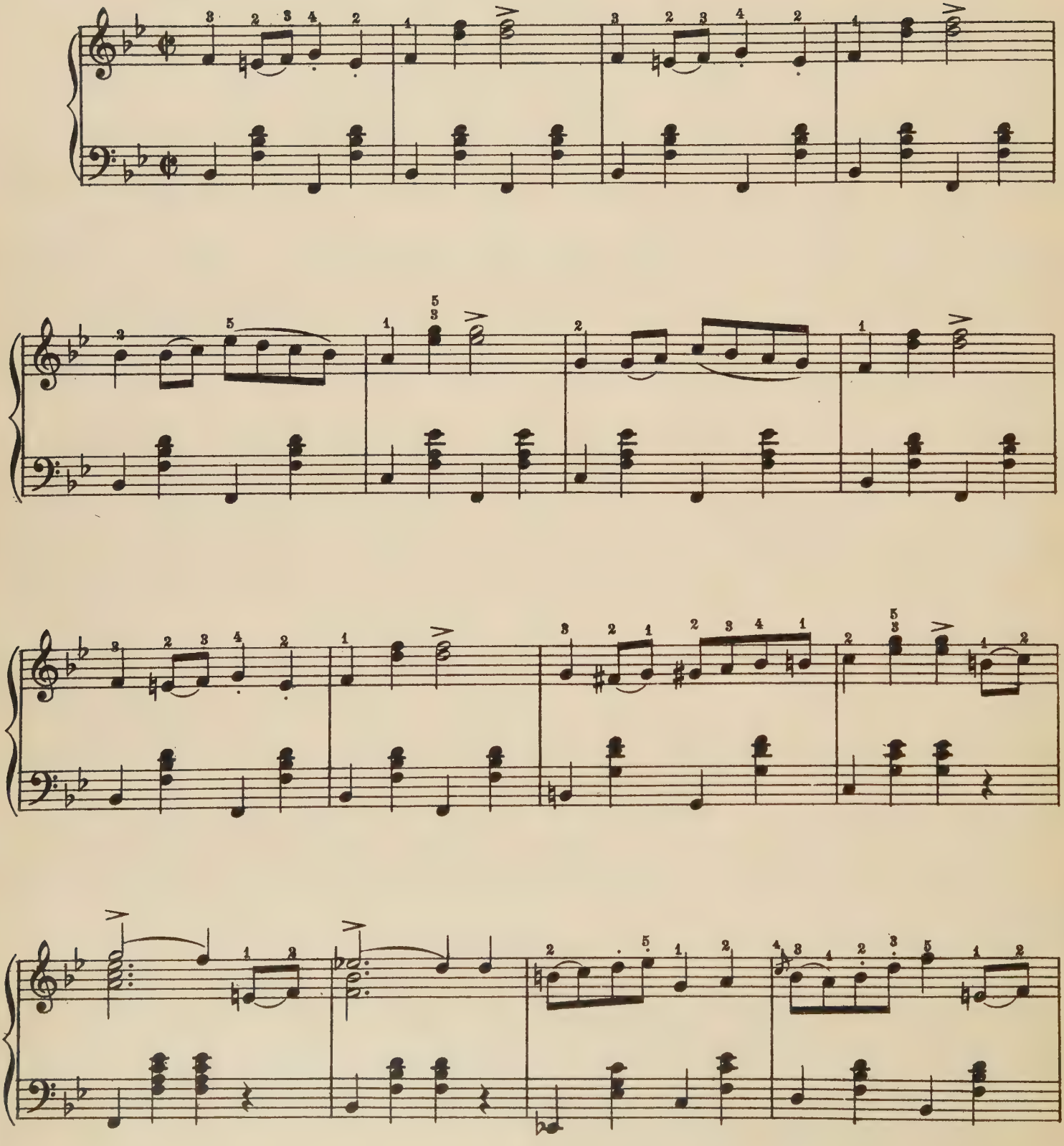


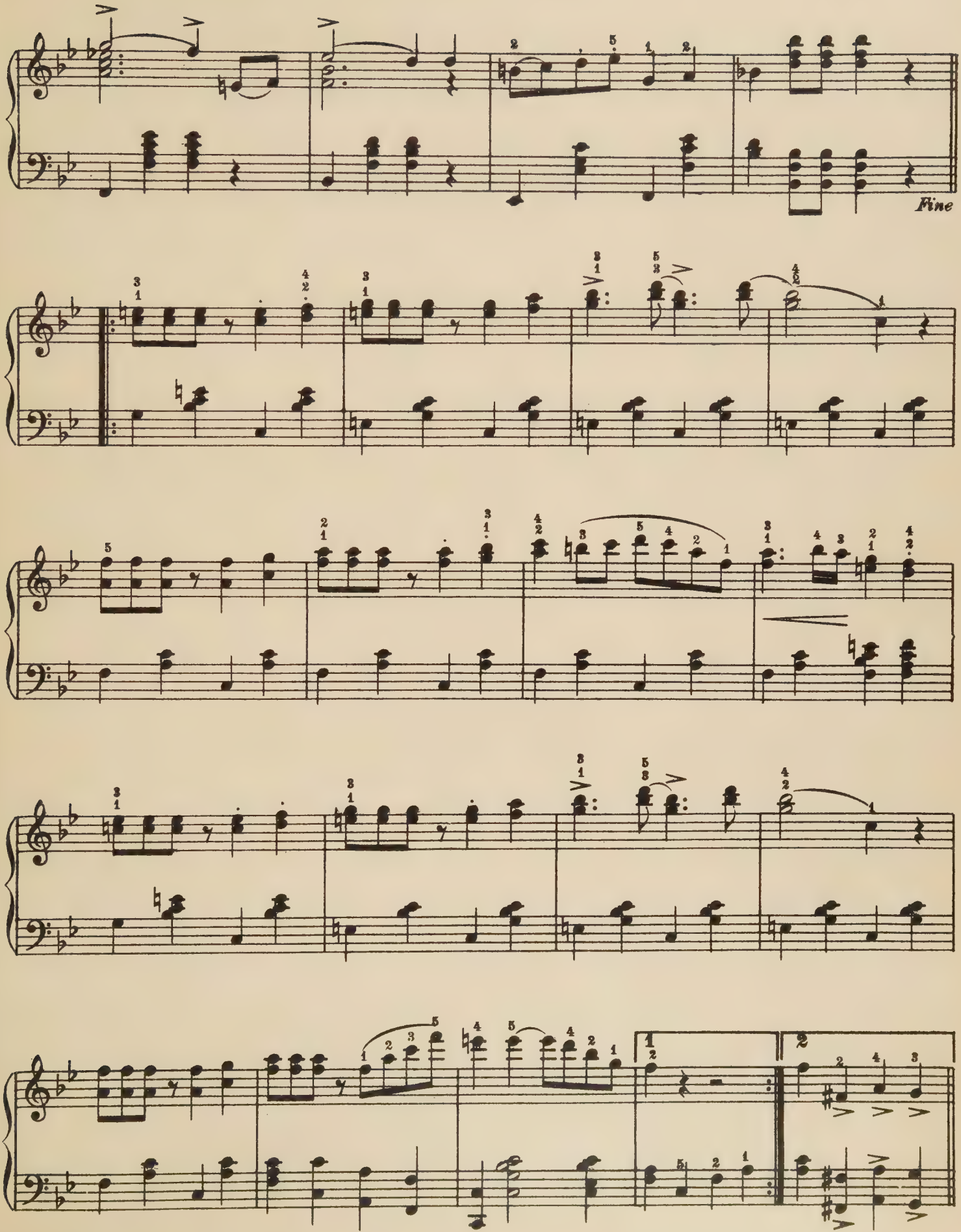

mf
a tempo
mf
marcato
rinf.
mf
rit.
Fine

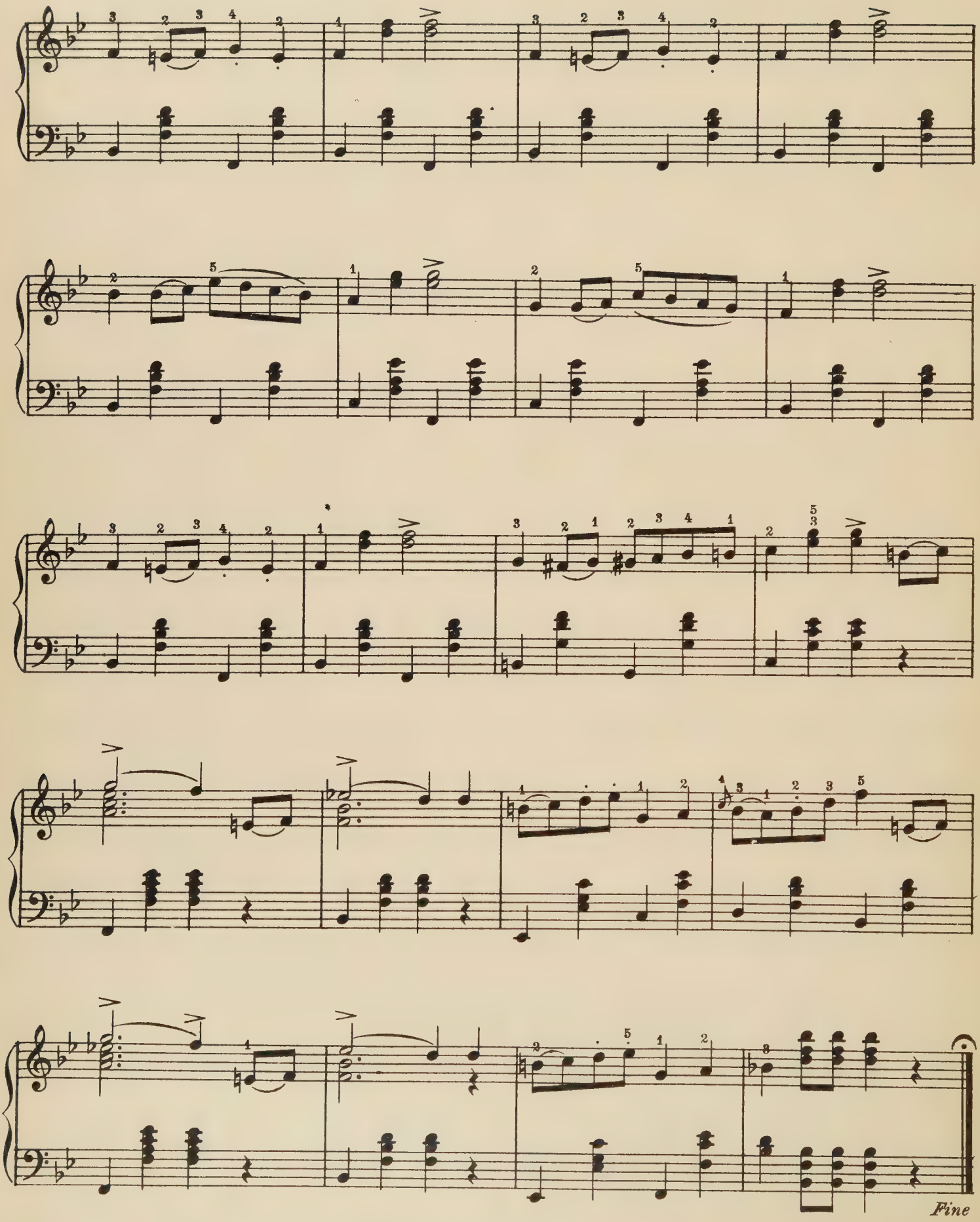
Follow the Leader

March

SUPPE

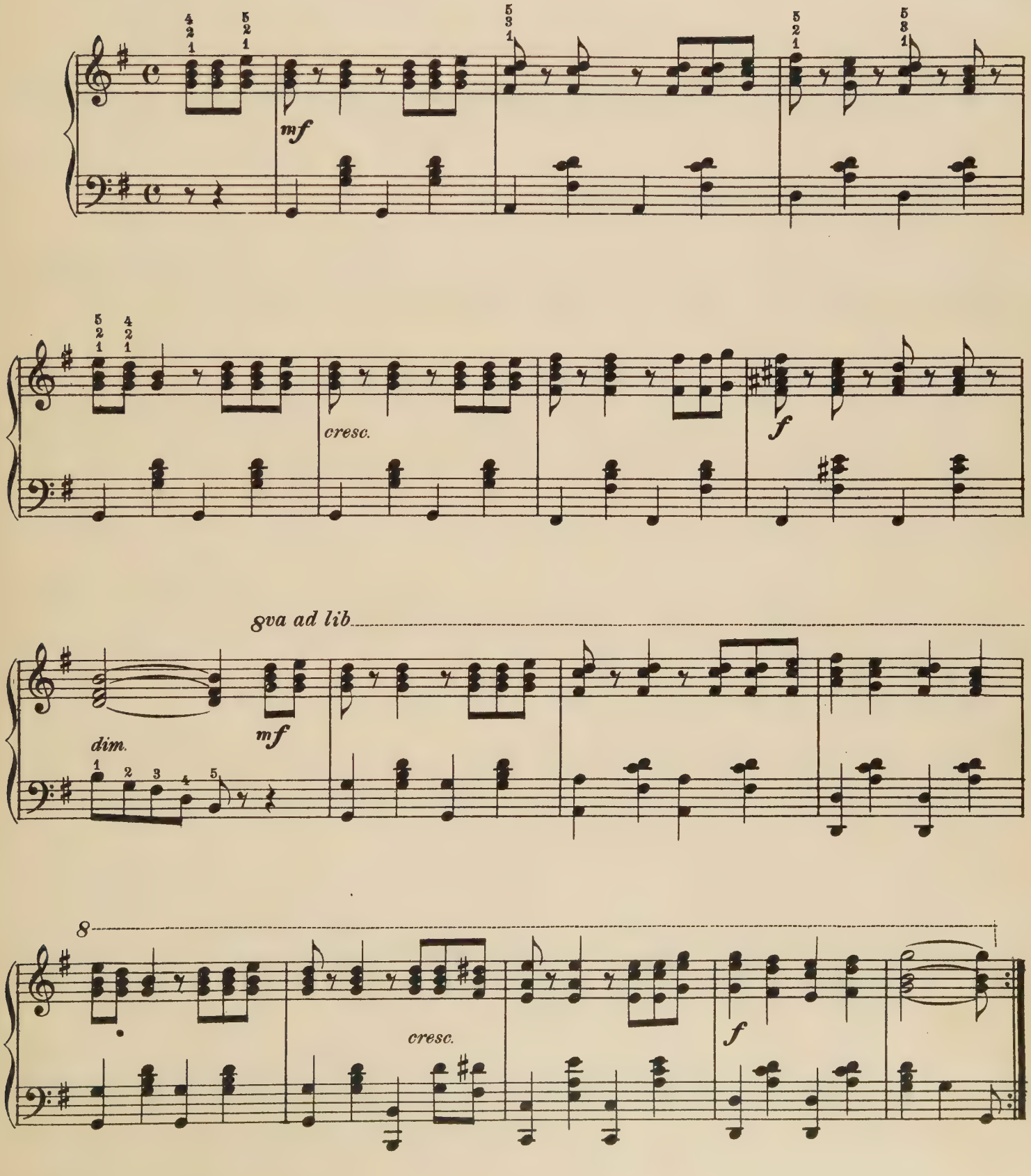


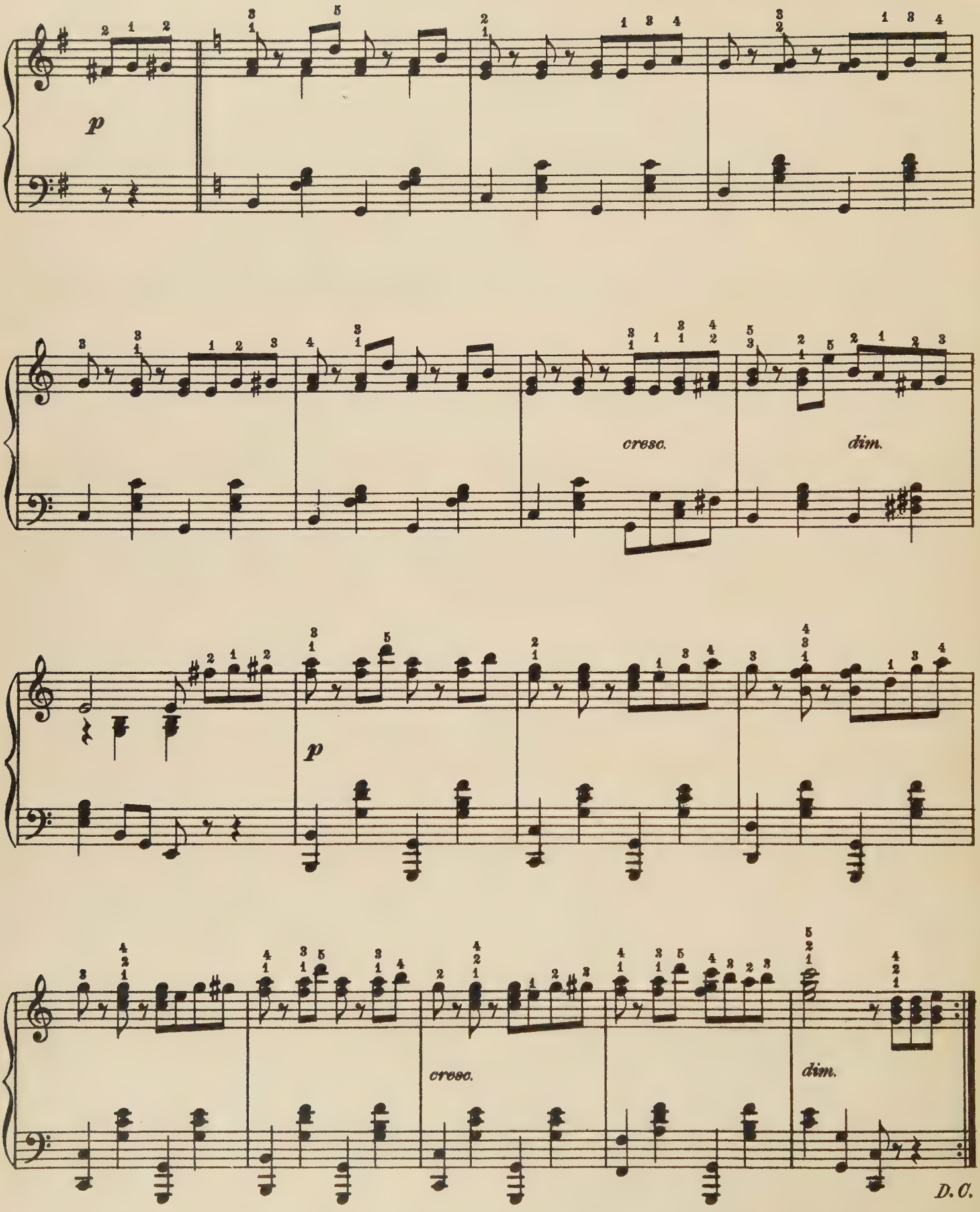

Fine


Fine

Review March

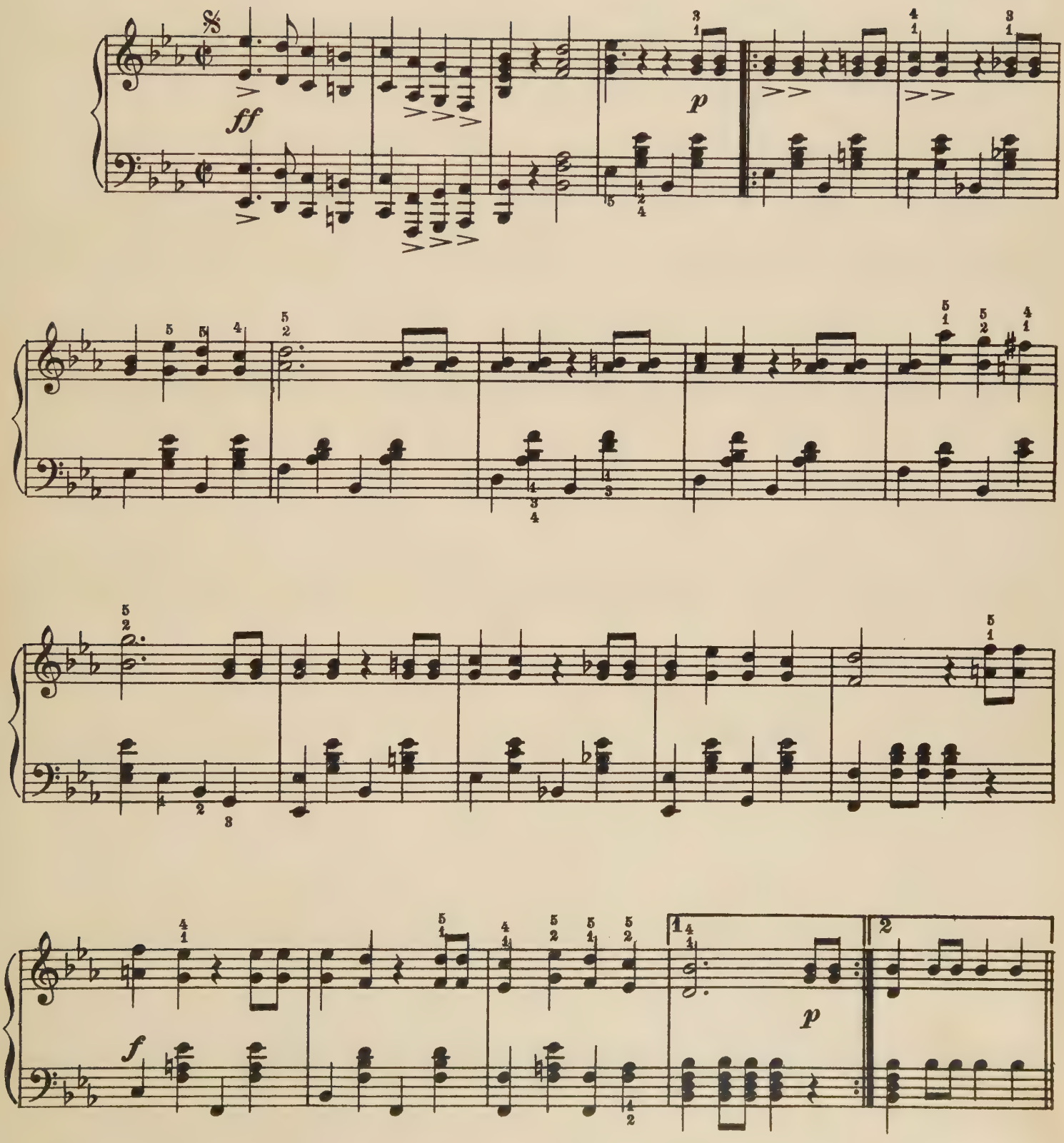
RESCH

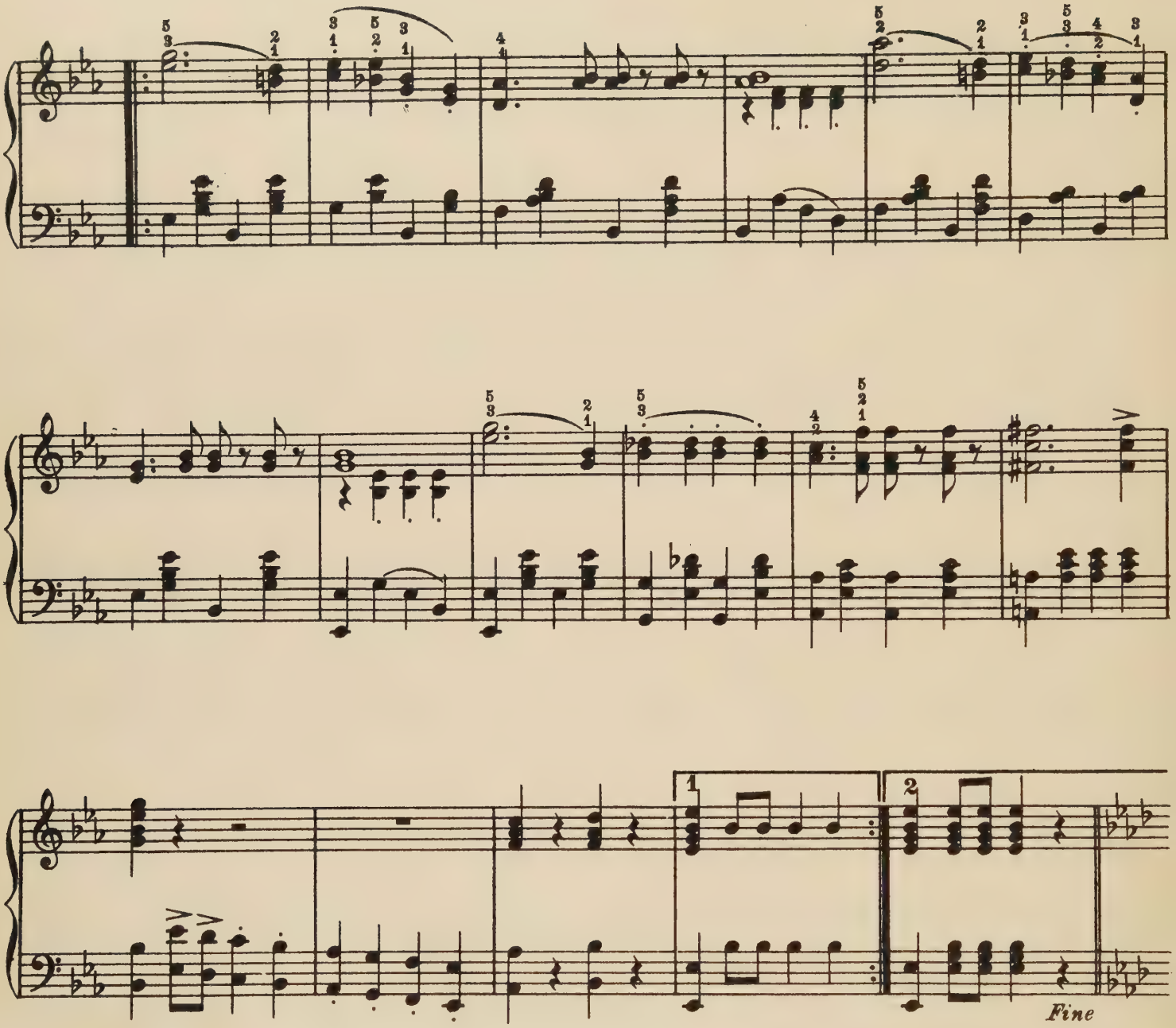



p
cresc.
dim.
p
cresc.
dim.
D. C.

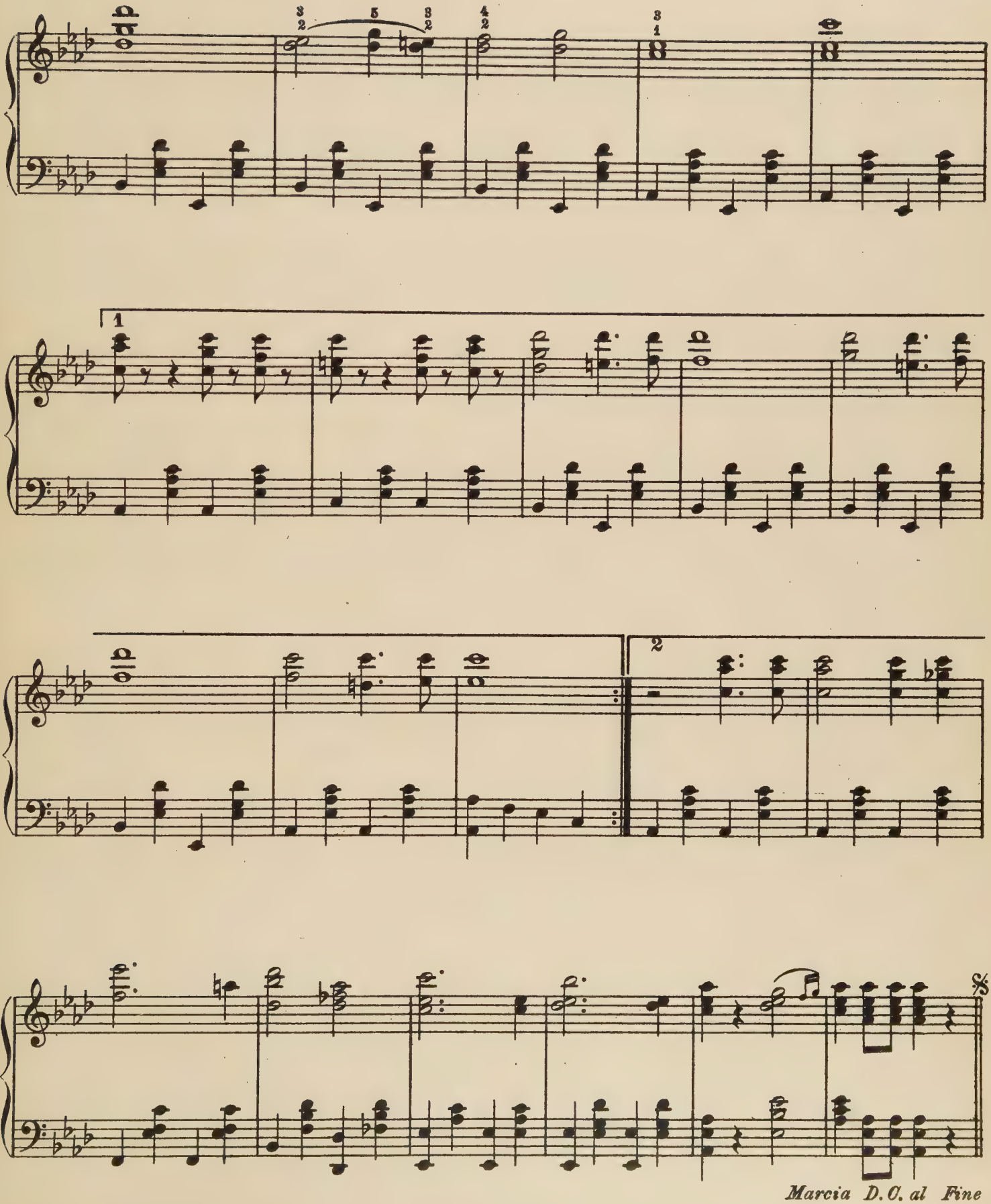
Vienna March

SCHRAMMEL




1
2
Fine

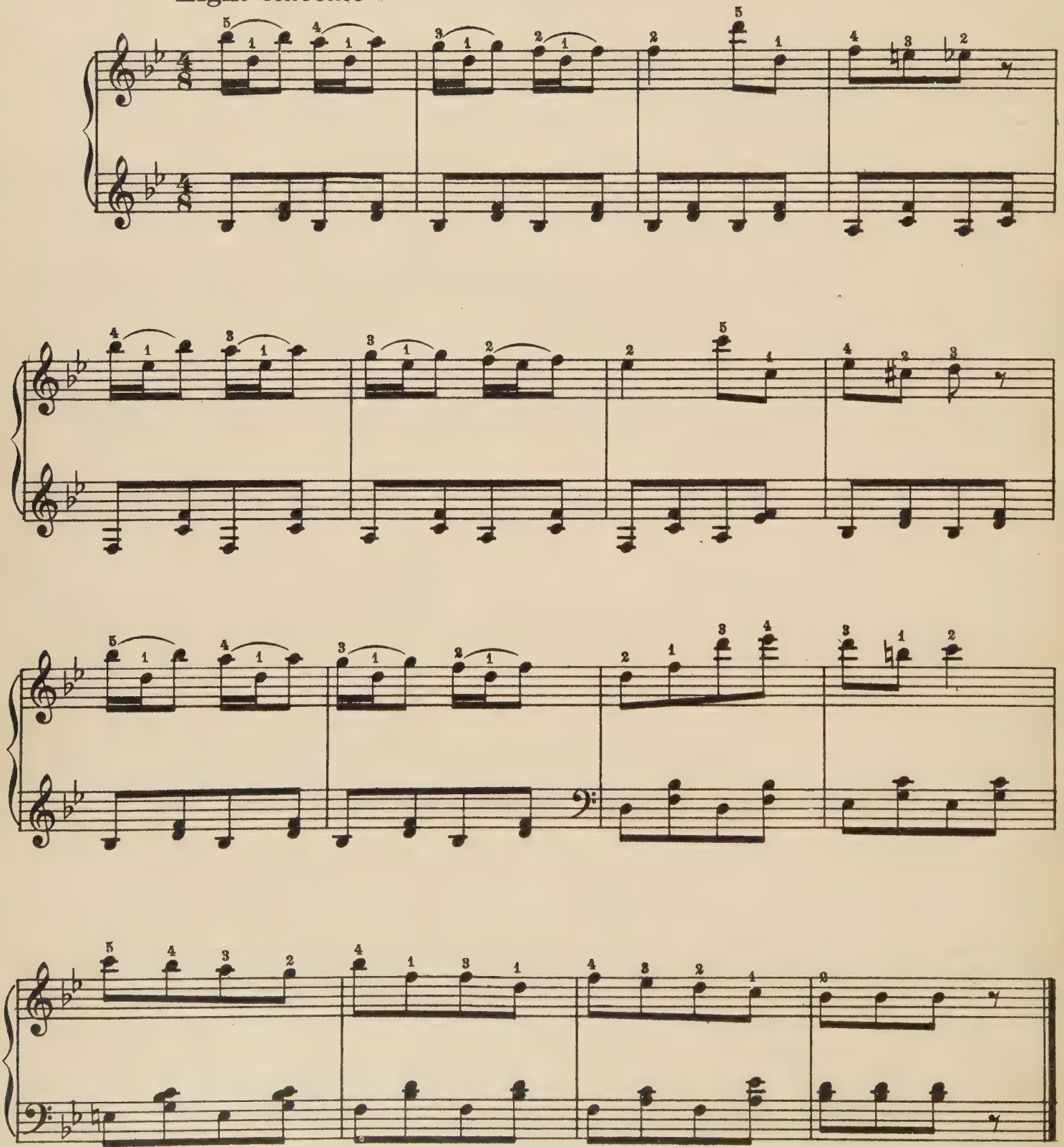
TRIO
p
p


1
2
%
Marcia D.C. al Fine

Tip - toe March

FRANZ ADLER

Light staccato



March and Skip

Arranged from

Gounod's Faust

March

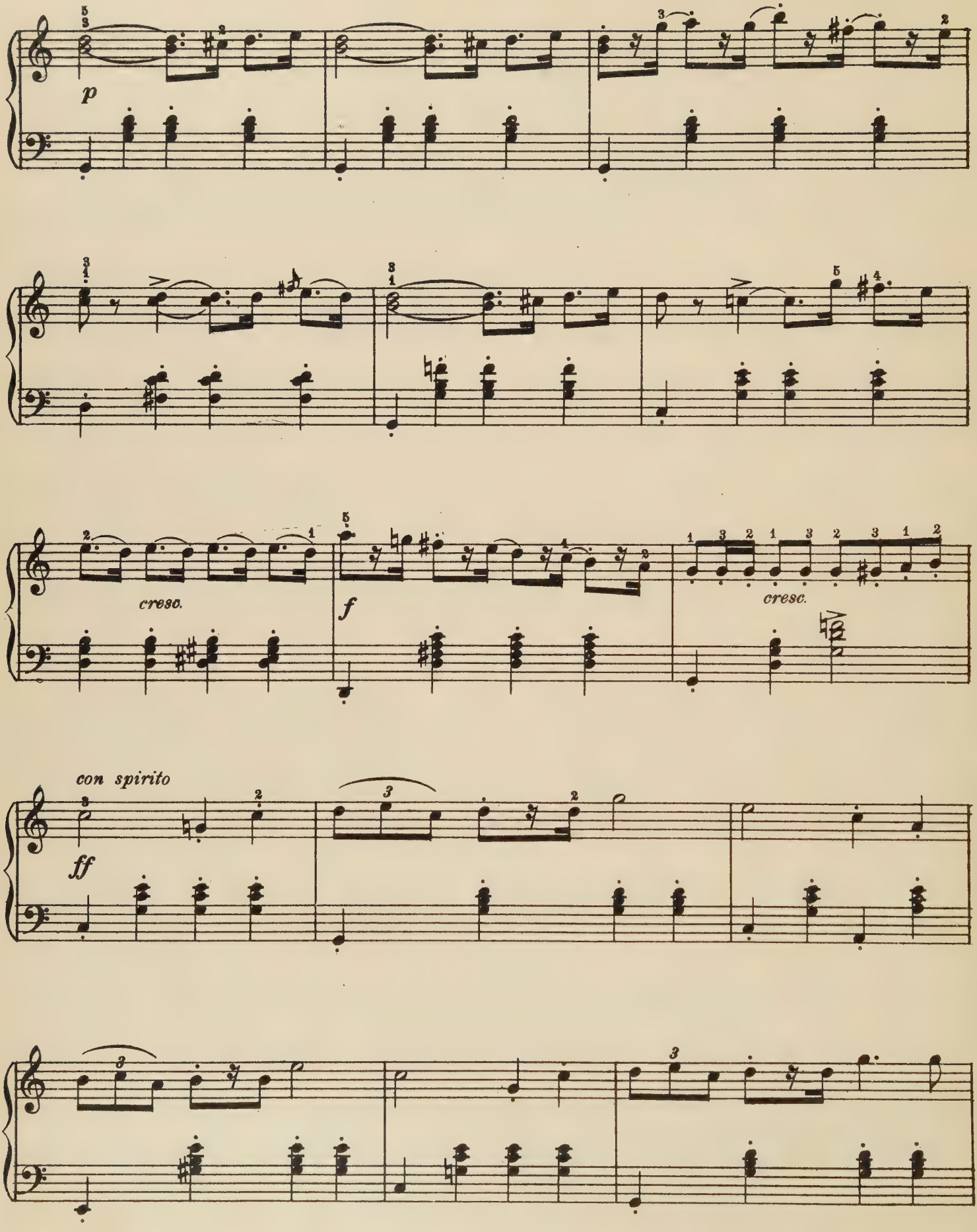
con spirito

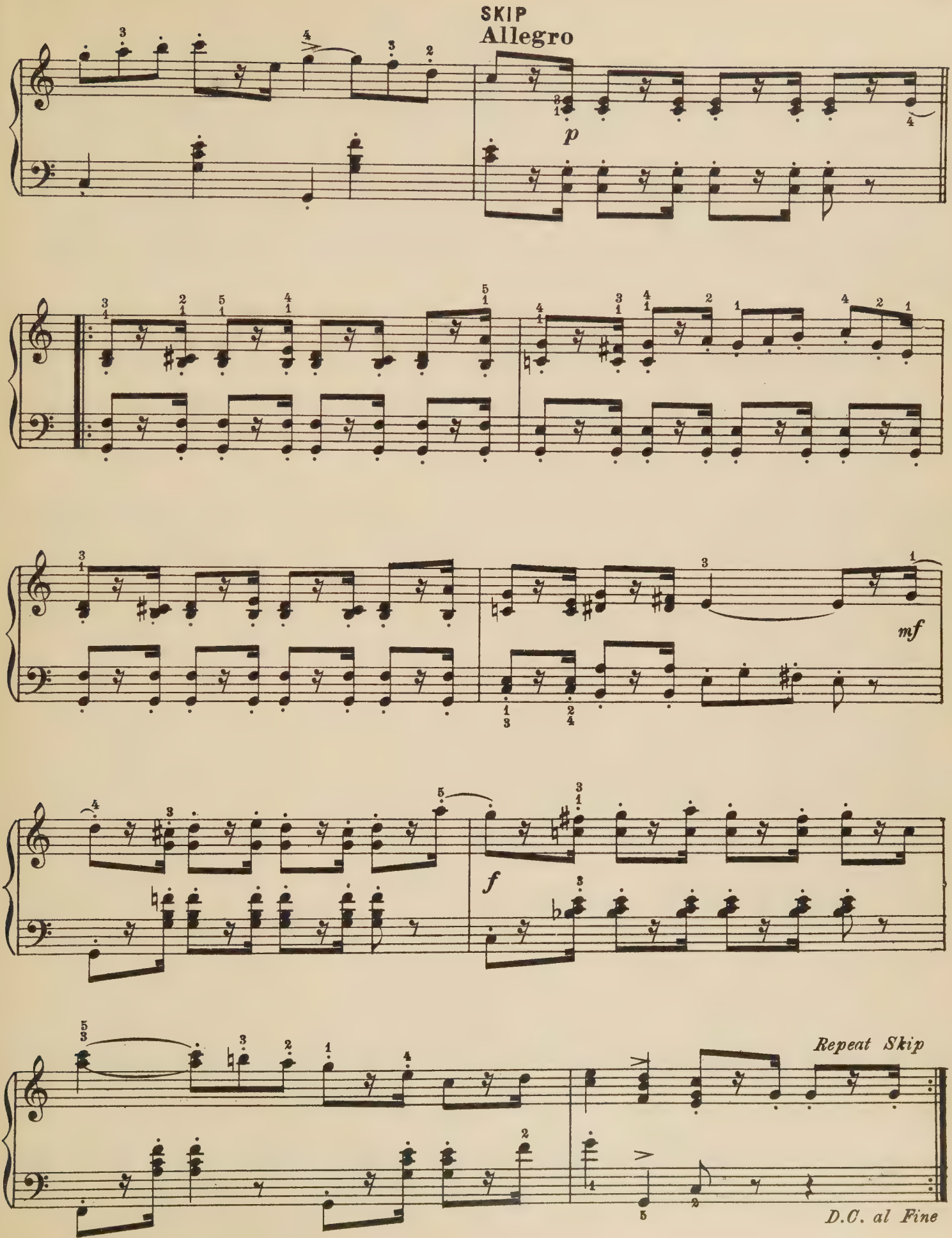
ff

Fine

p

cresc.


p
cresc.
f
cresc.
con spirito
ff

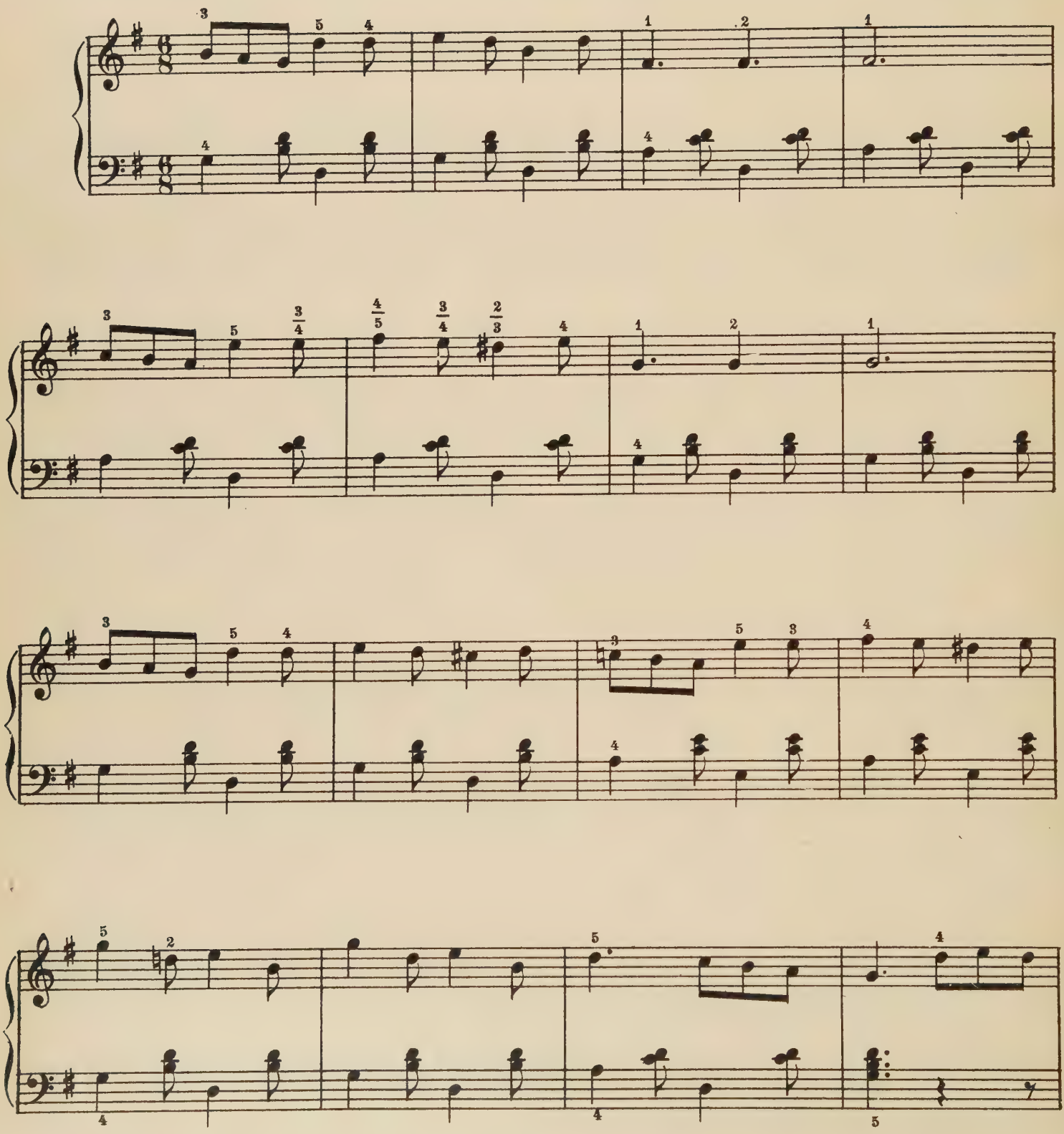

SKIP
Allegro
p
mf
f
Repeat Skip
D.C. al Fine

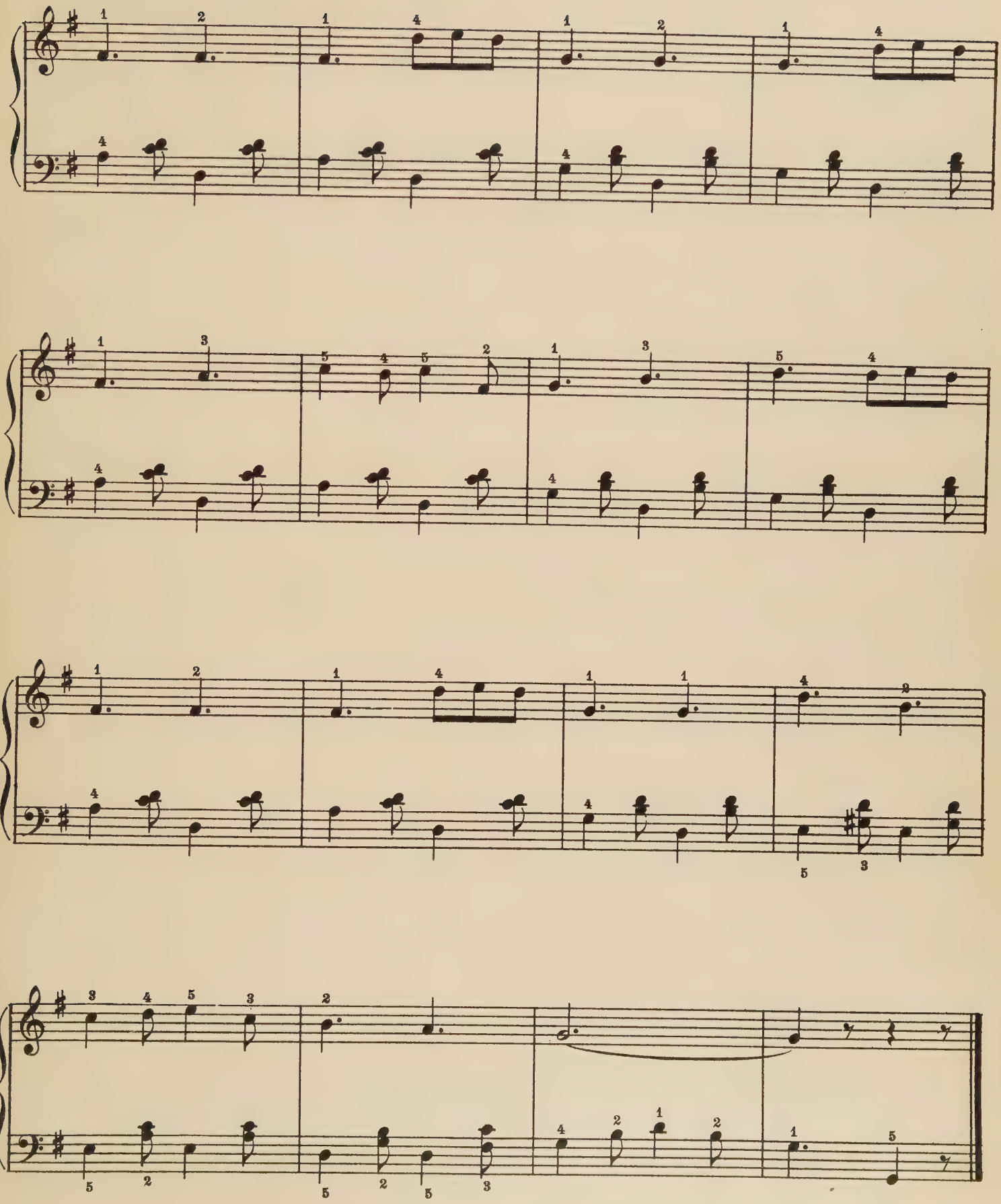
Skip

Arranged from

Calla-Lily March

SPAULDING



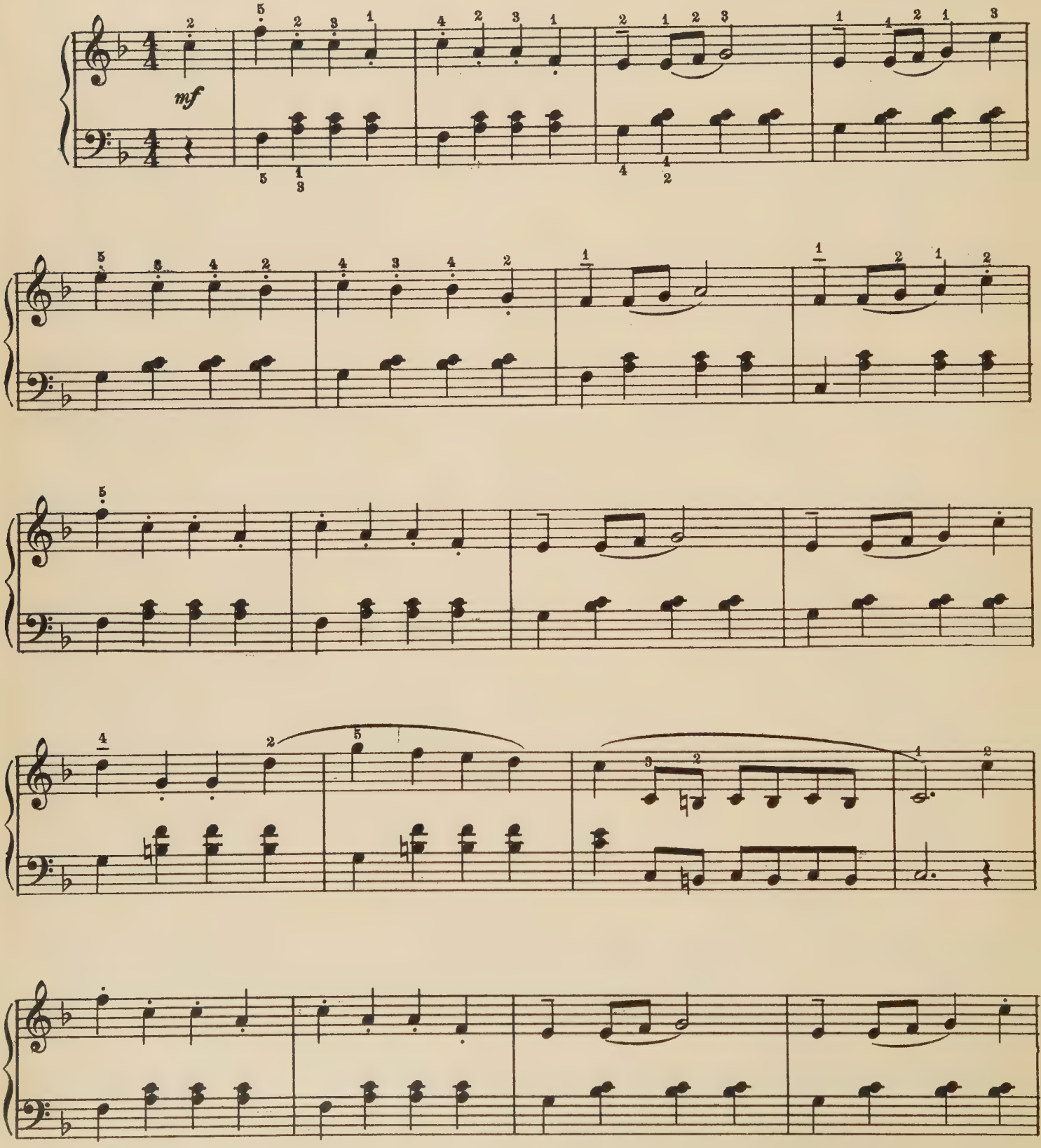


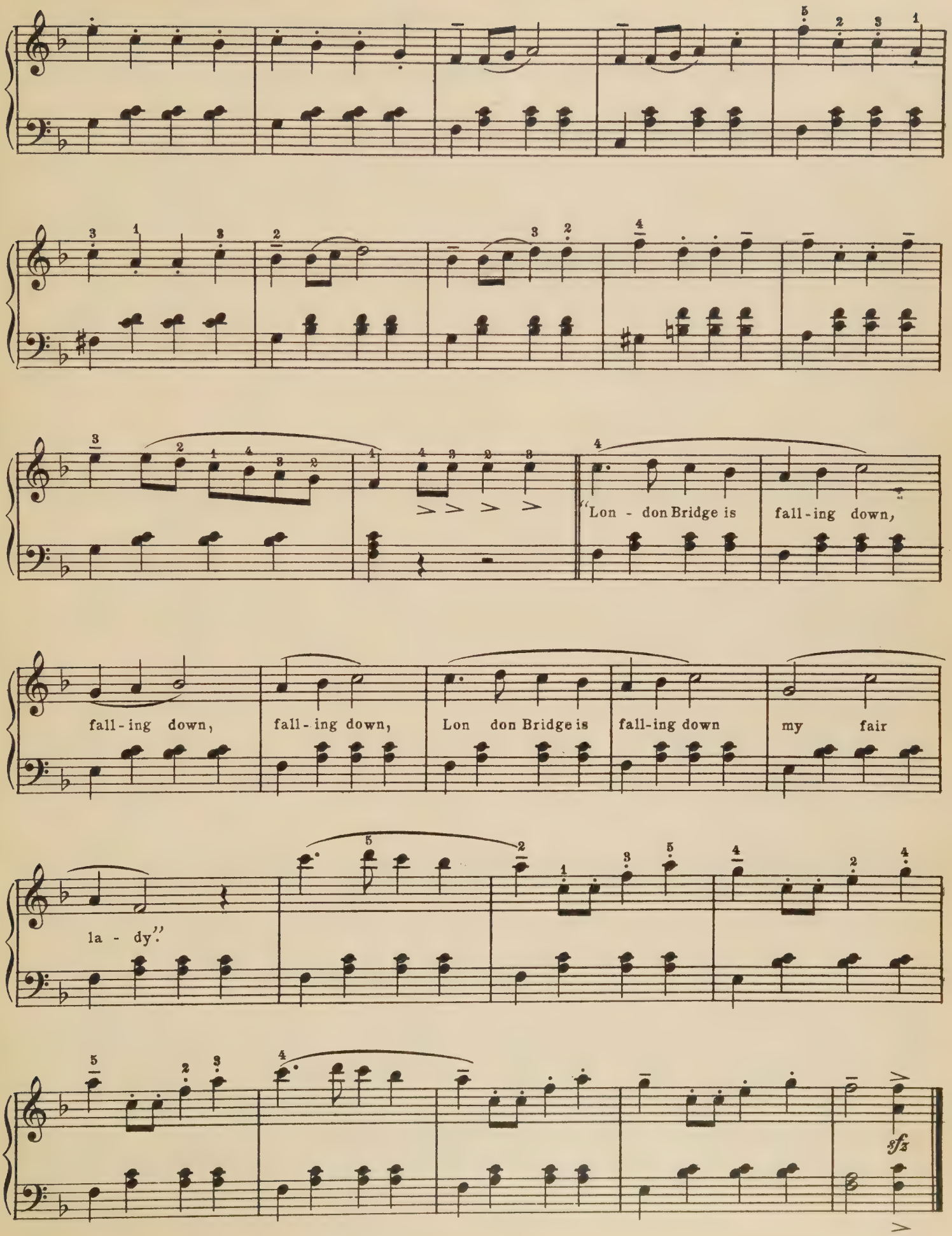
Skip

Arranged from

London Bridge is Falling Down

Rapidly BREYER

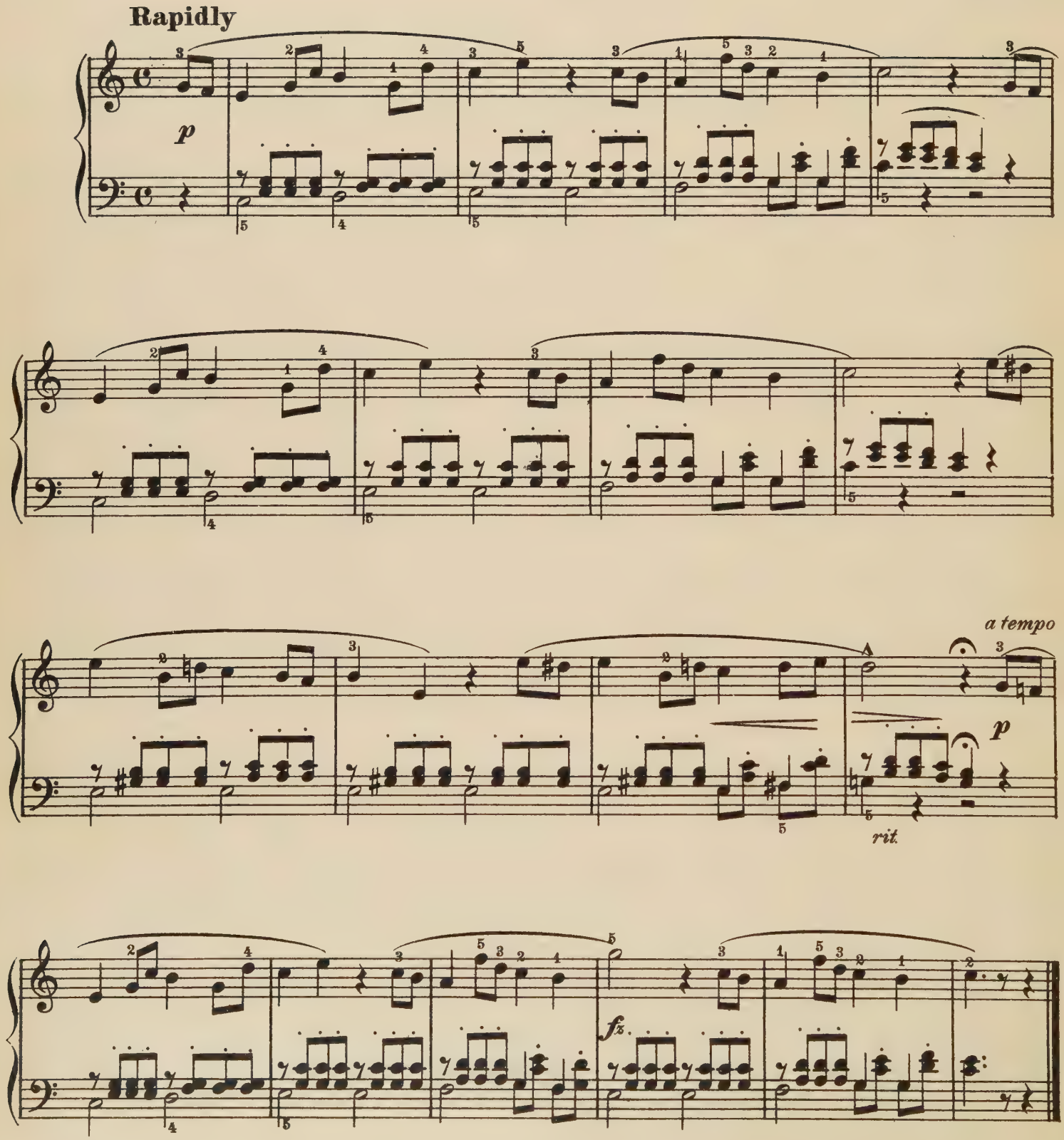



"Lon - don Bridge is fall - ing down,
fall - ing down, fall - ing down, Lon don Bridge is fall-ing down my fair
la - dy."
sfz

Through the Clover

Skip

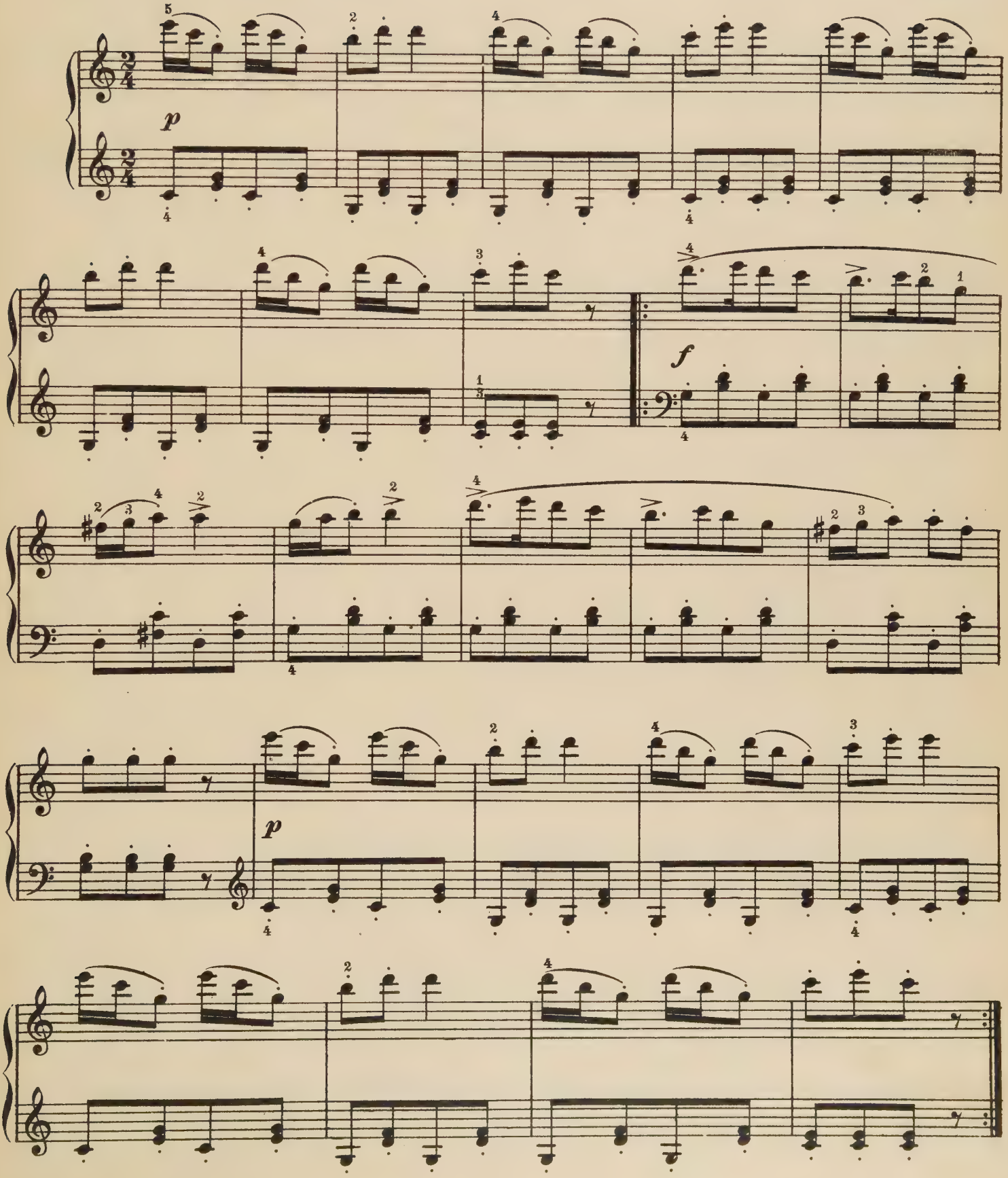
OESTEN



Marionettes

Skip

OESTEN

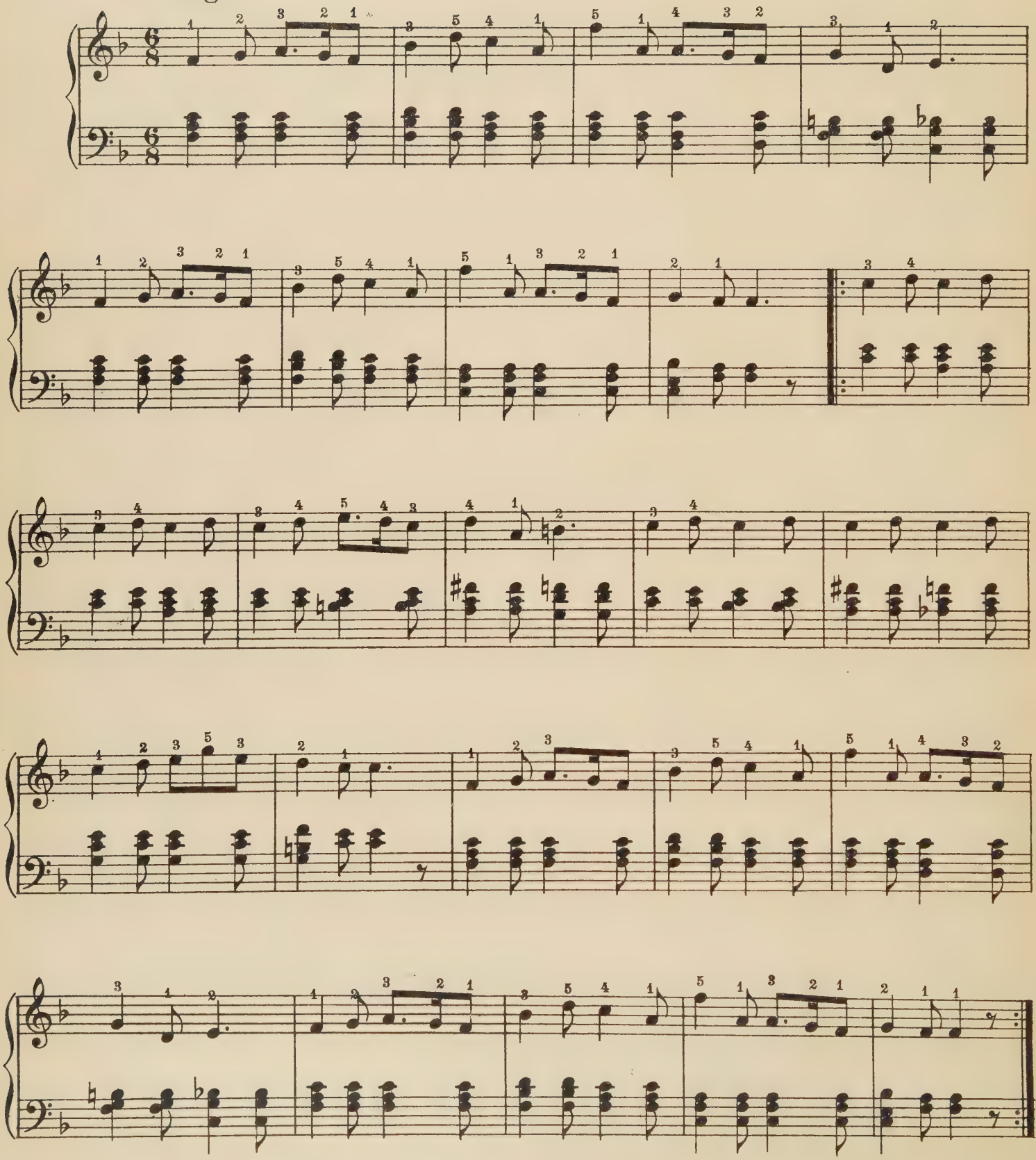


Kerry Dance

Skip

MOLLOY

Allegro



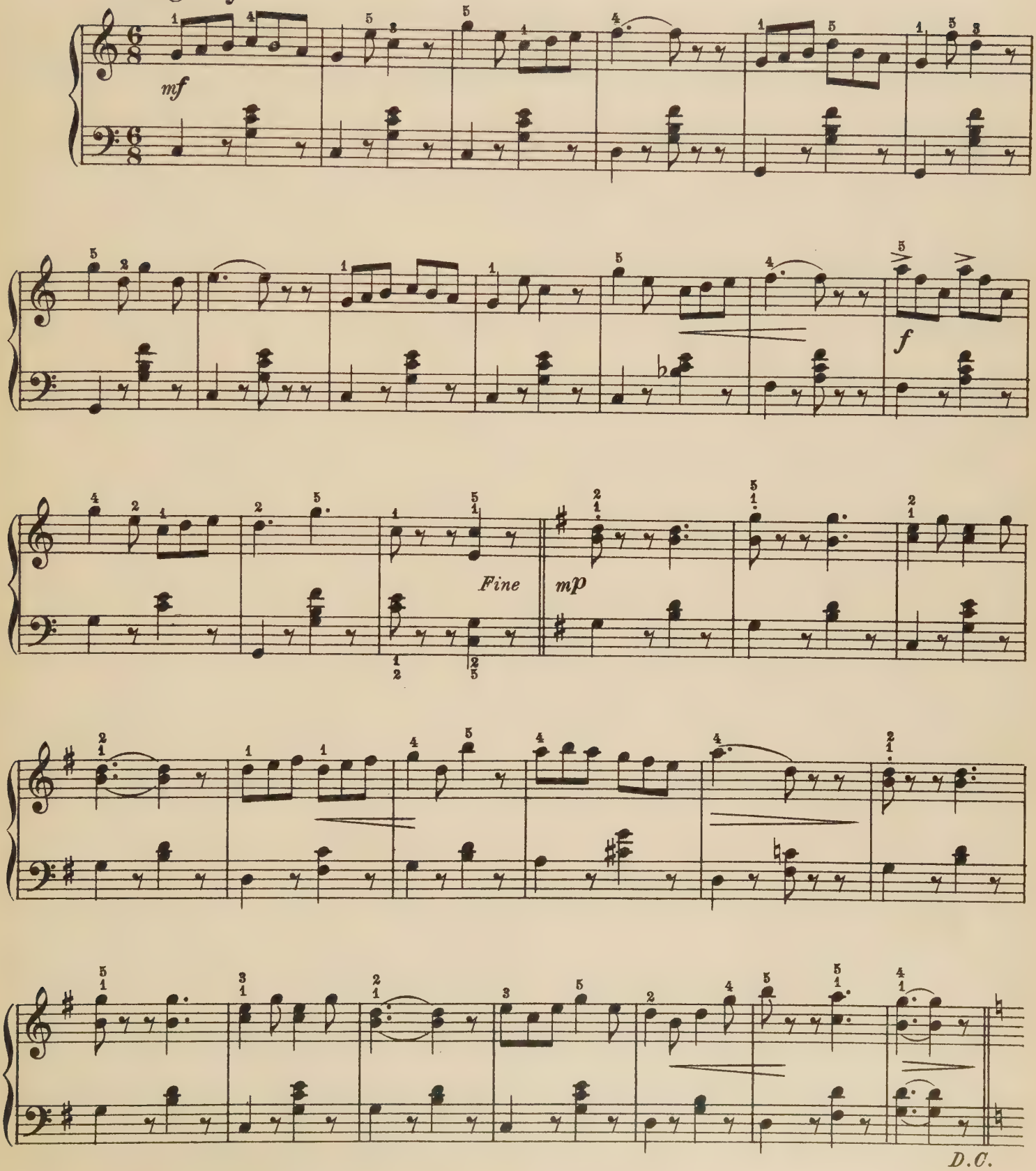
Skip

Arranged from

Thistle down Two-Step

READ

Brightly

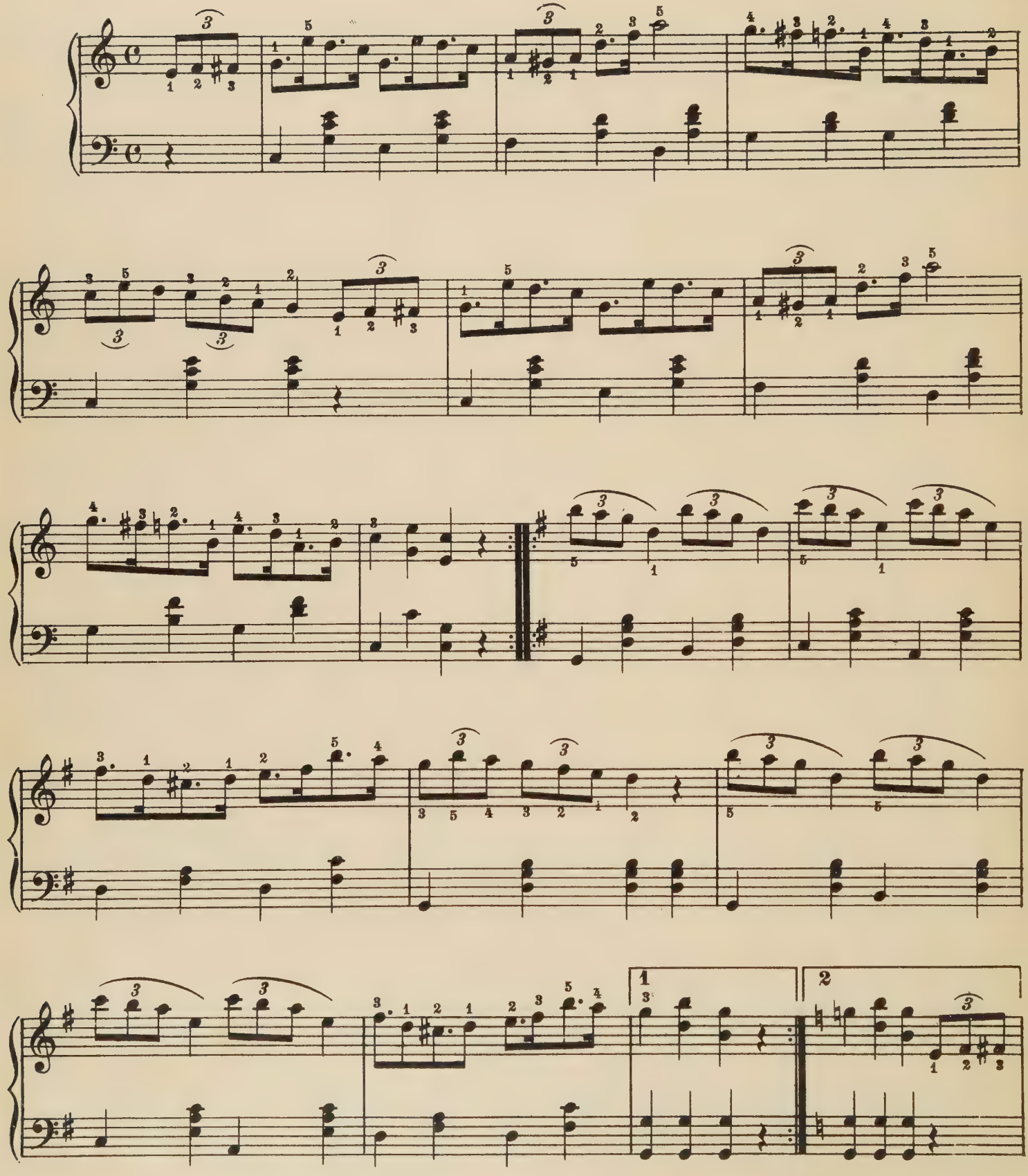


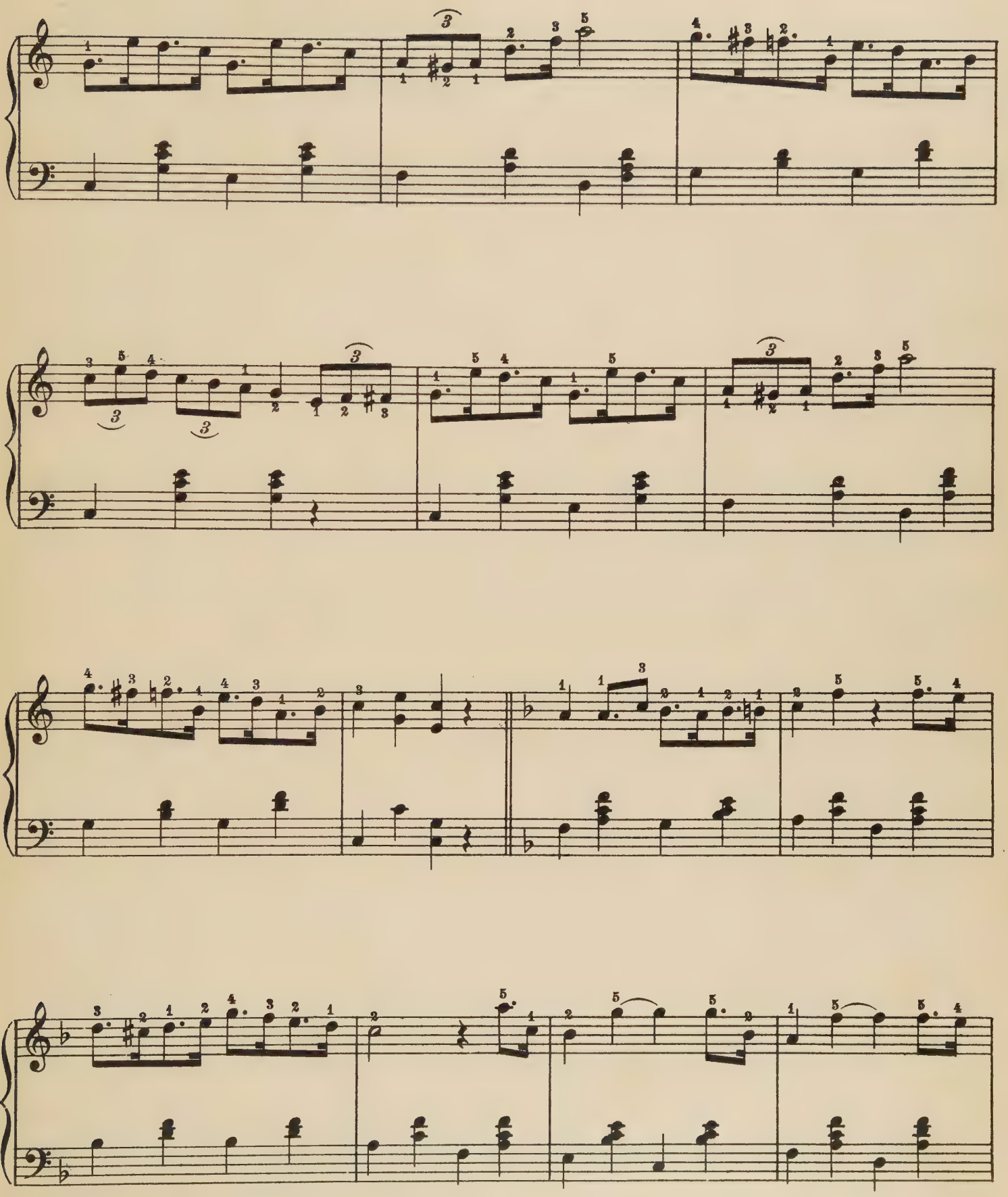
Skip

Arranged from

Flowers of the Forest

BURNS





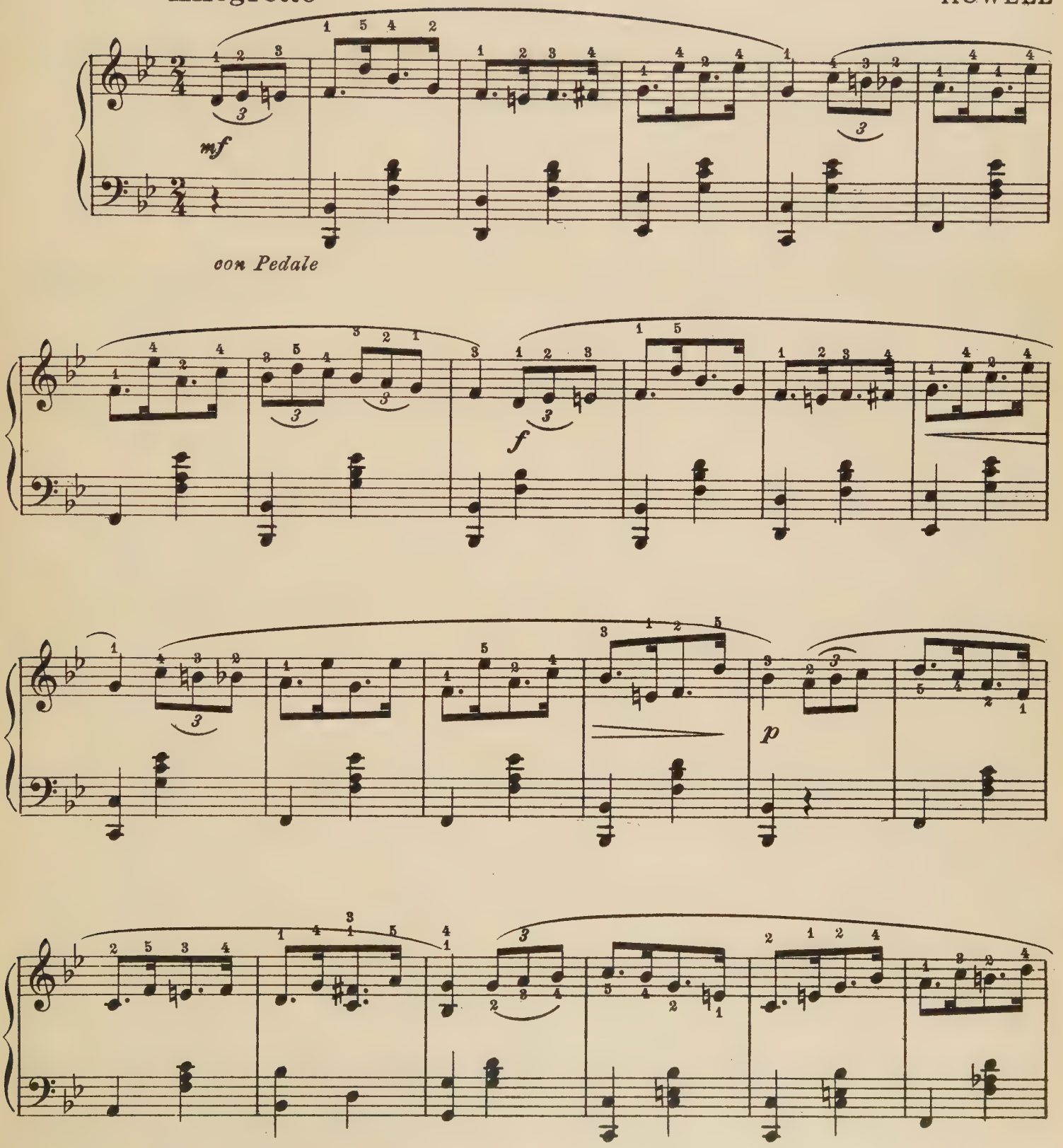
1
2

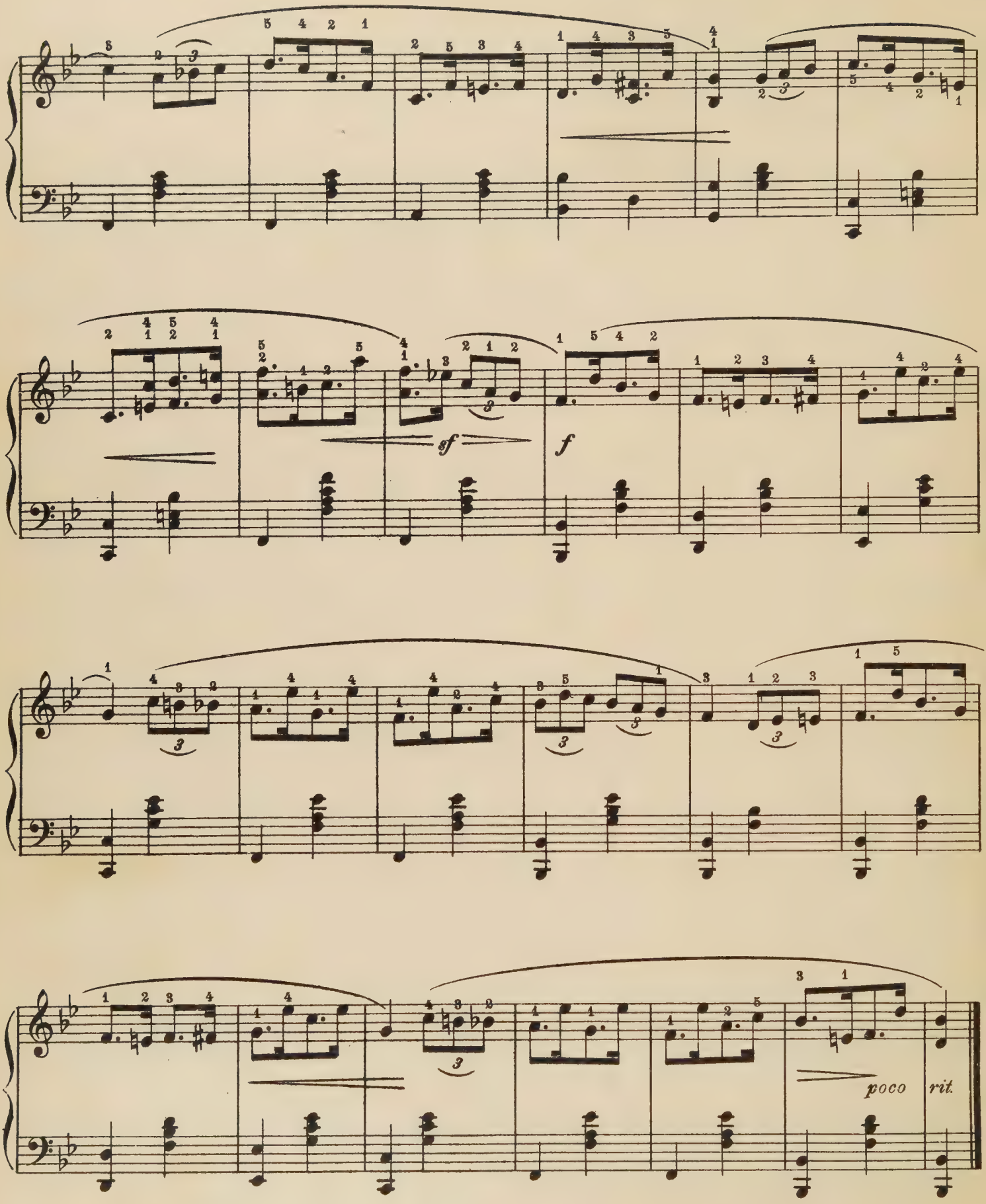
Skip

Arranged from

Rustic Dance

Allegretto HOWELL




sf
f
poco
rit.

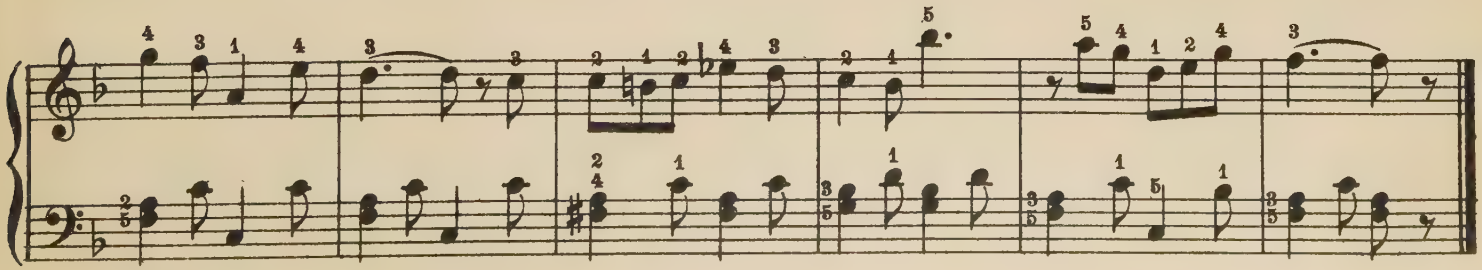
Promenade and Skip

Selection of Partners

FRANZ ADLER

Allegretto

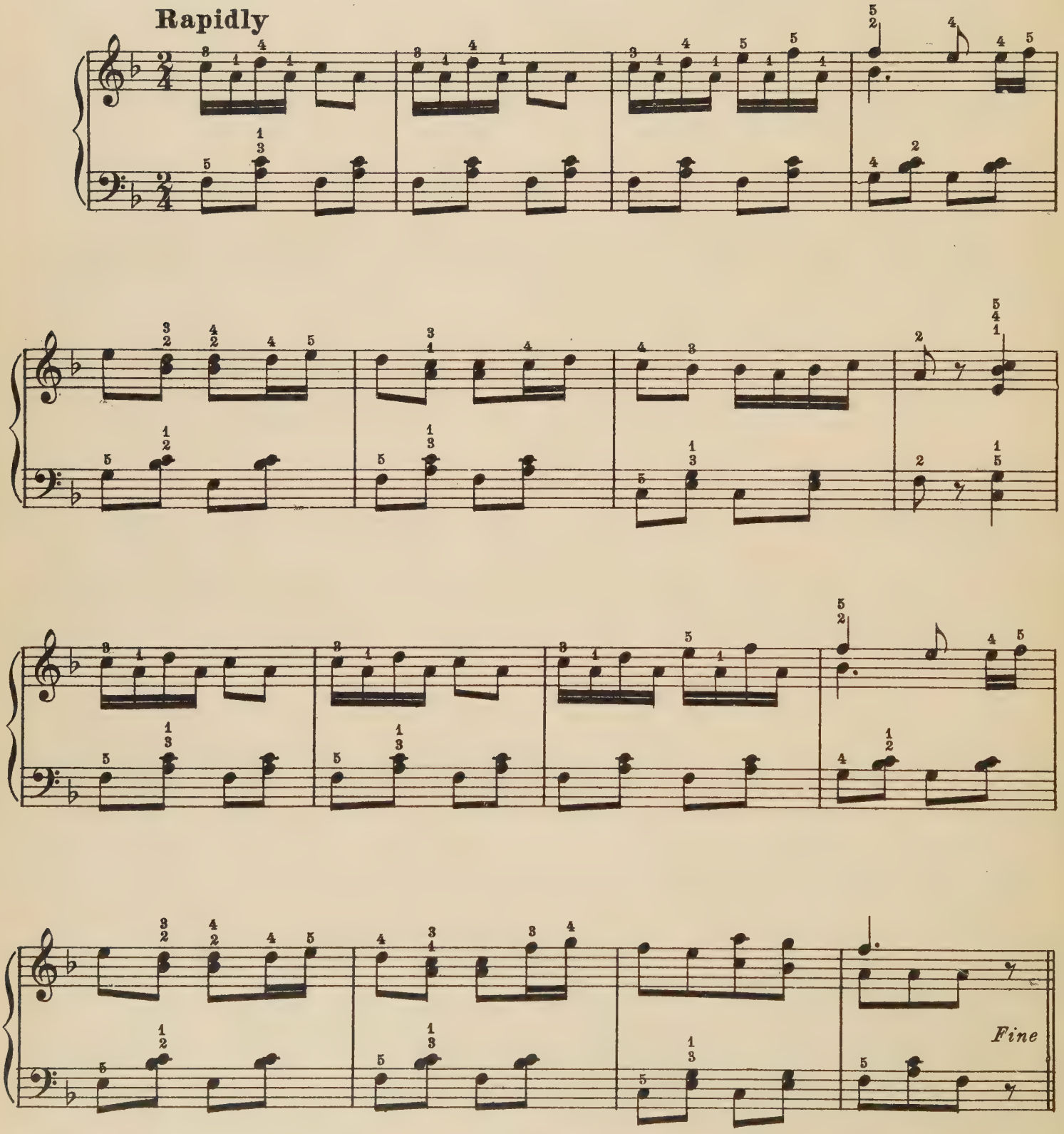
SKIP

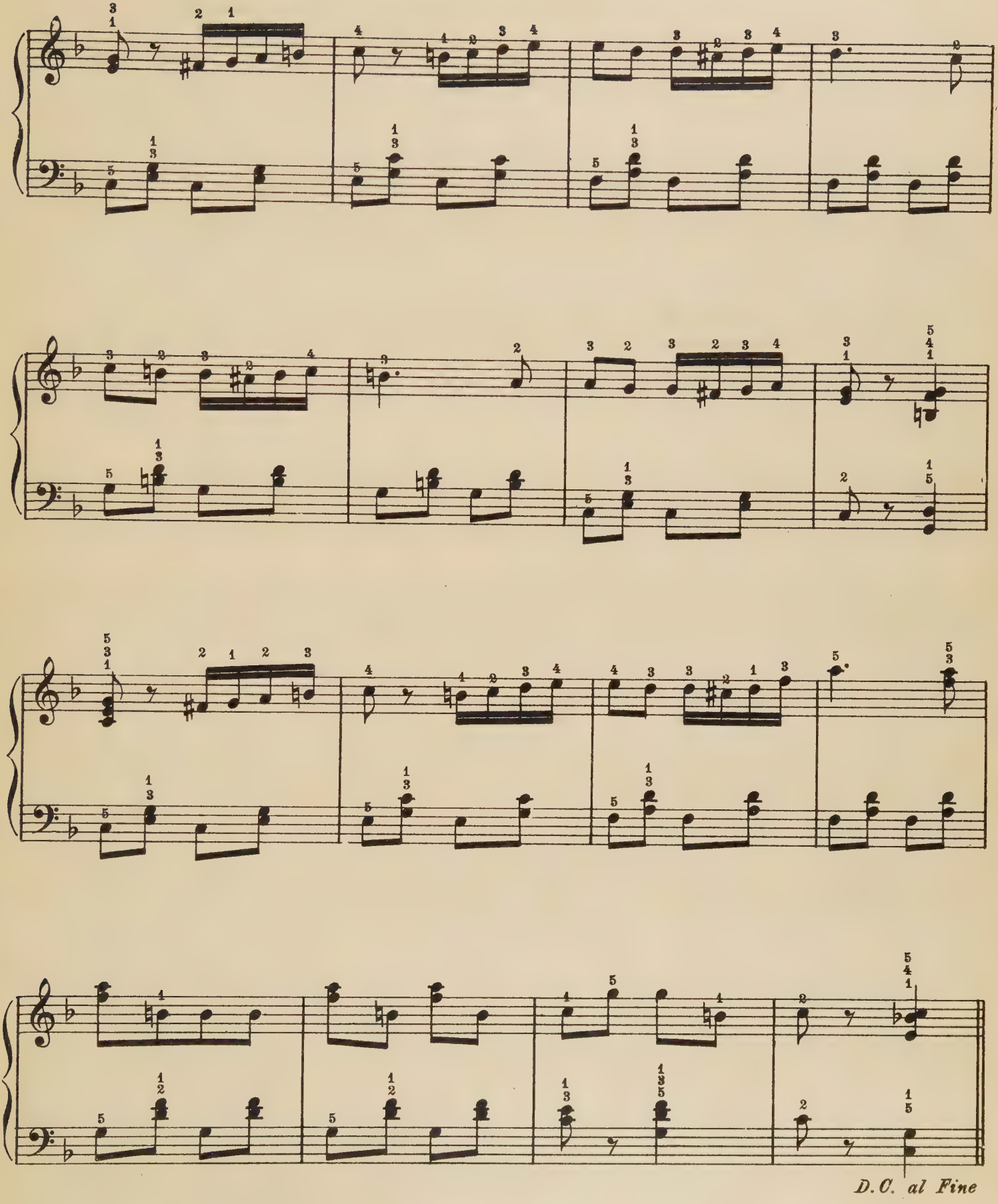


Playing Tag

A Run

FRANZ ADLER

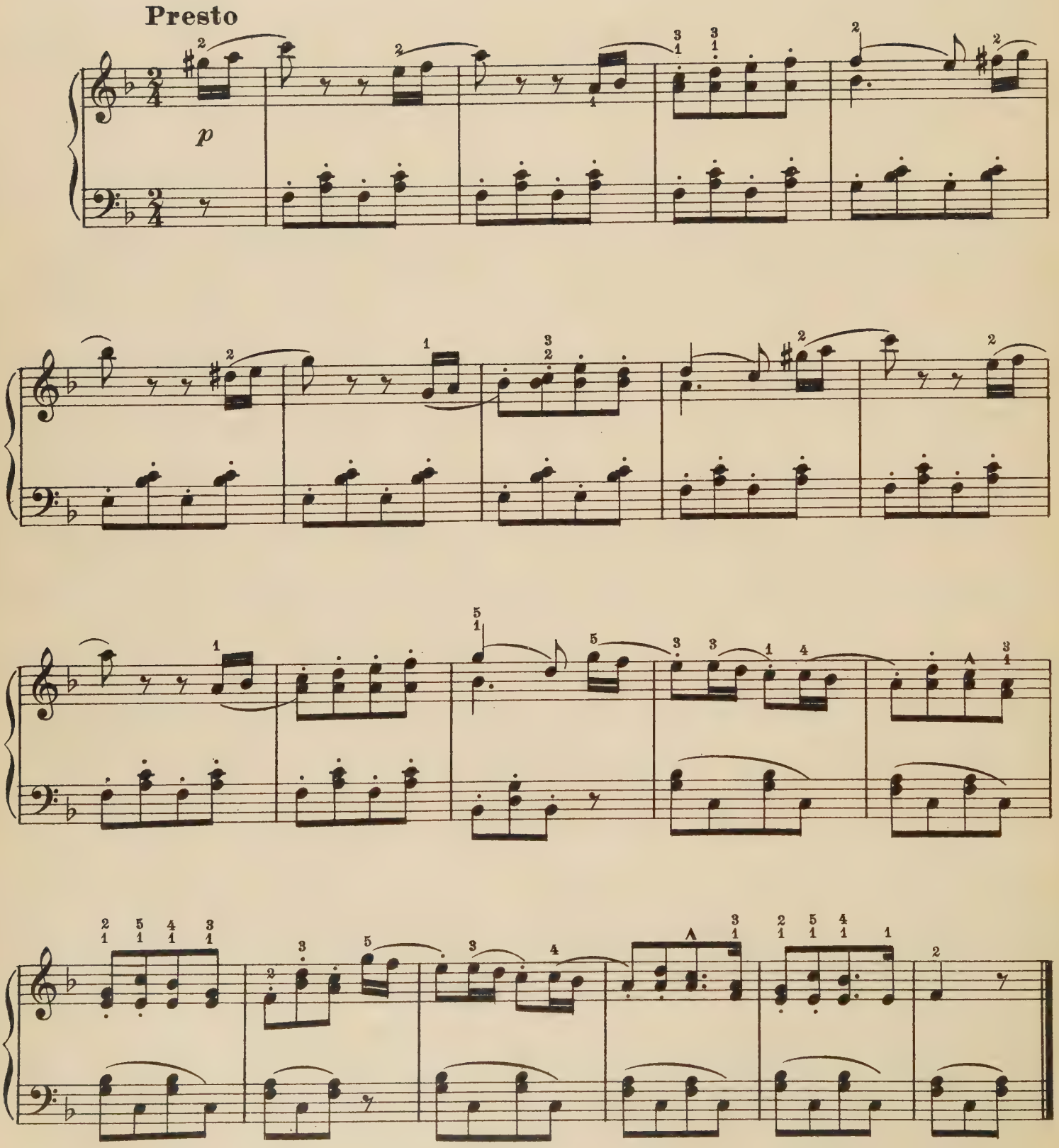



D.C. al Fine

Catch Me

A Run

LICHNER

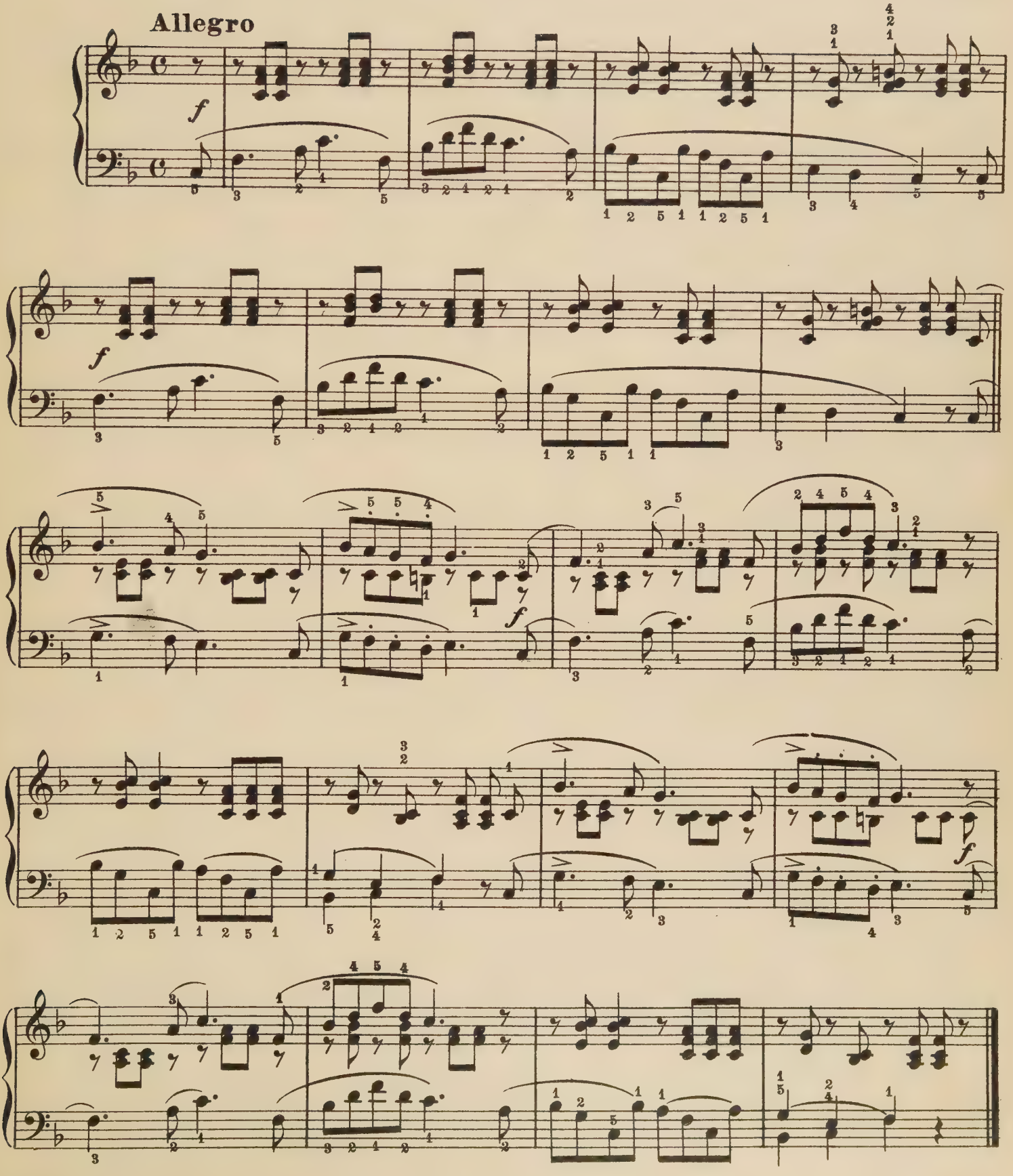


A Run

Arranged from

Joyous Farmer

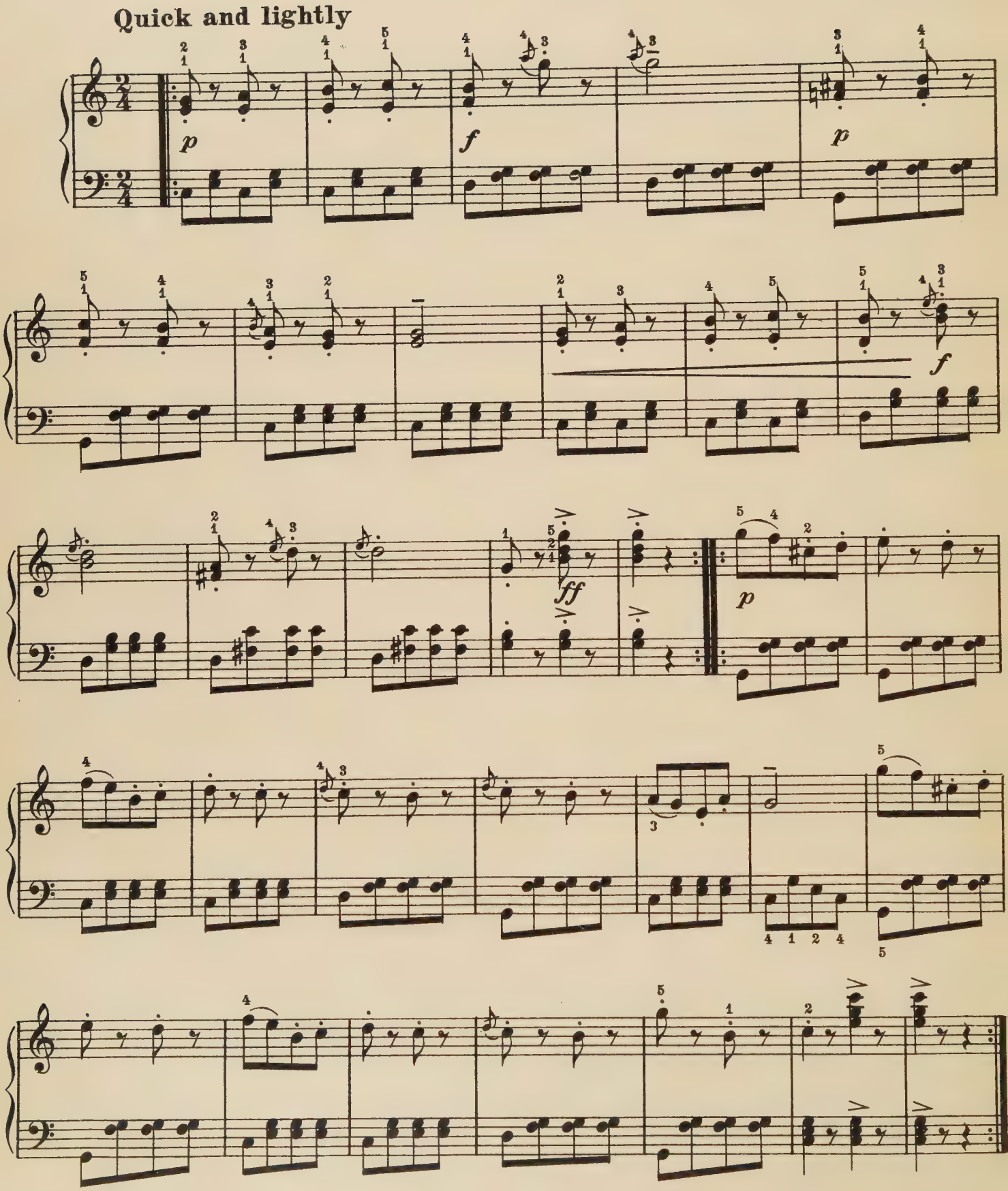
SCHUMANN



Happy Children

Galop

STREABBOG

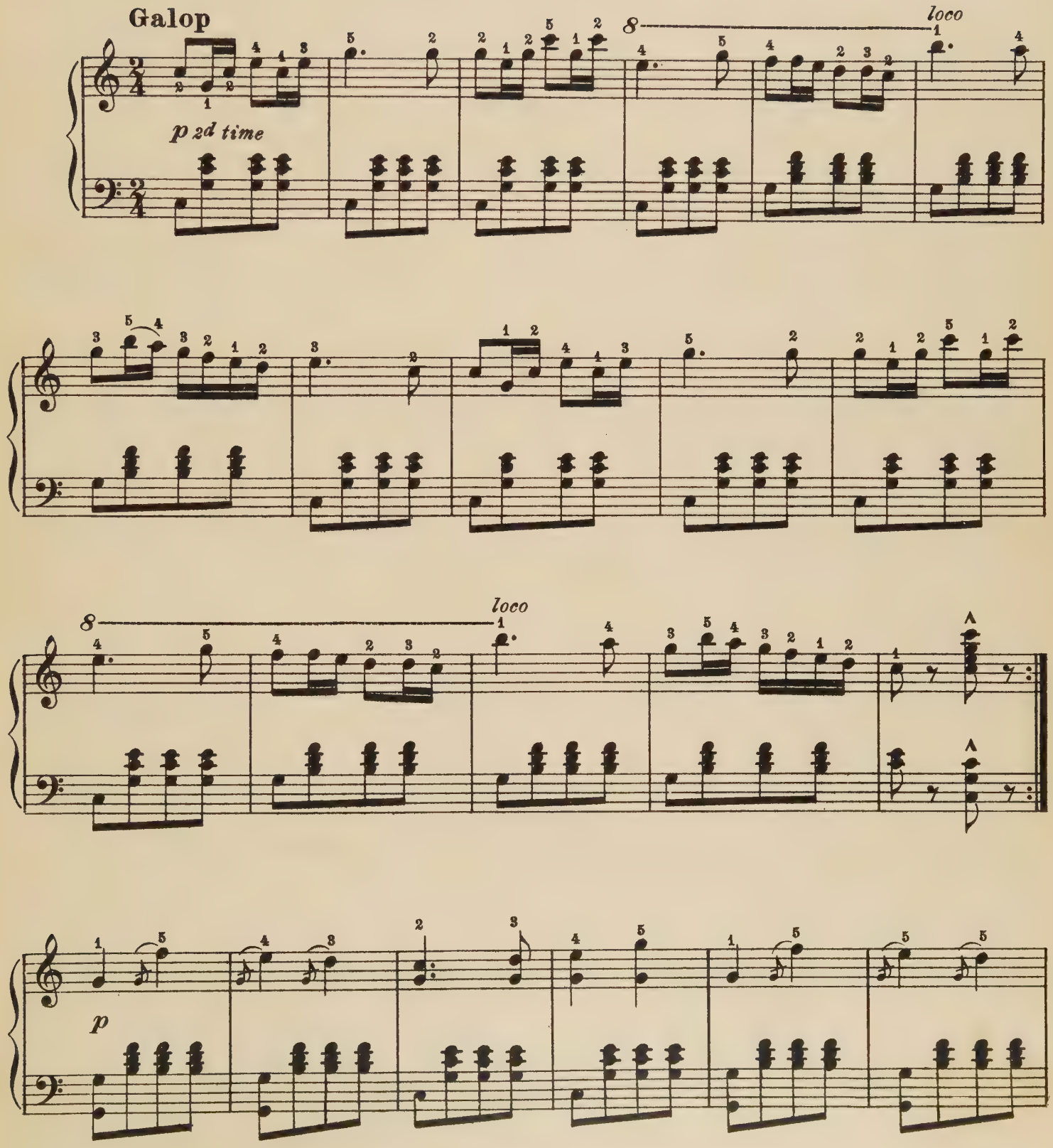


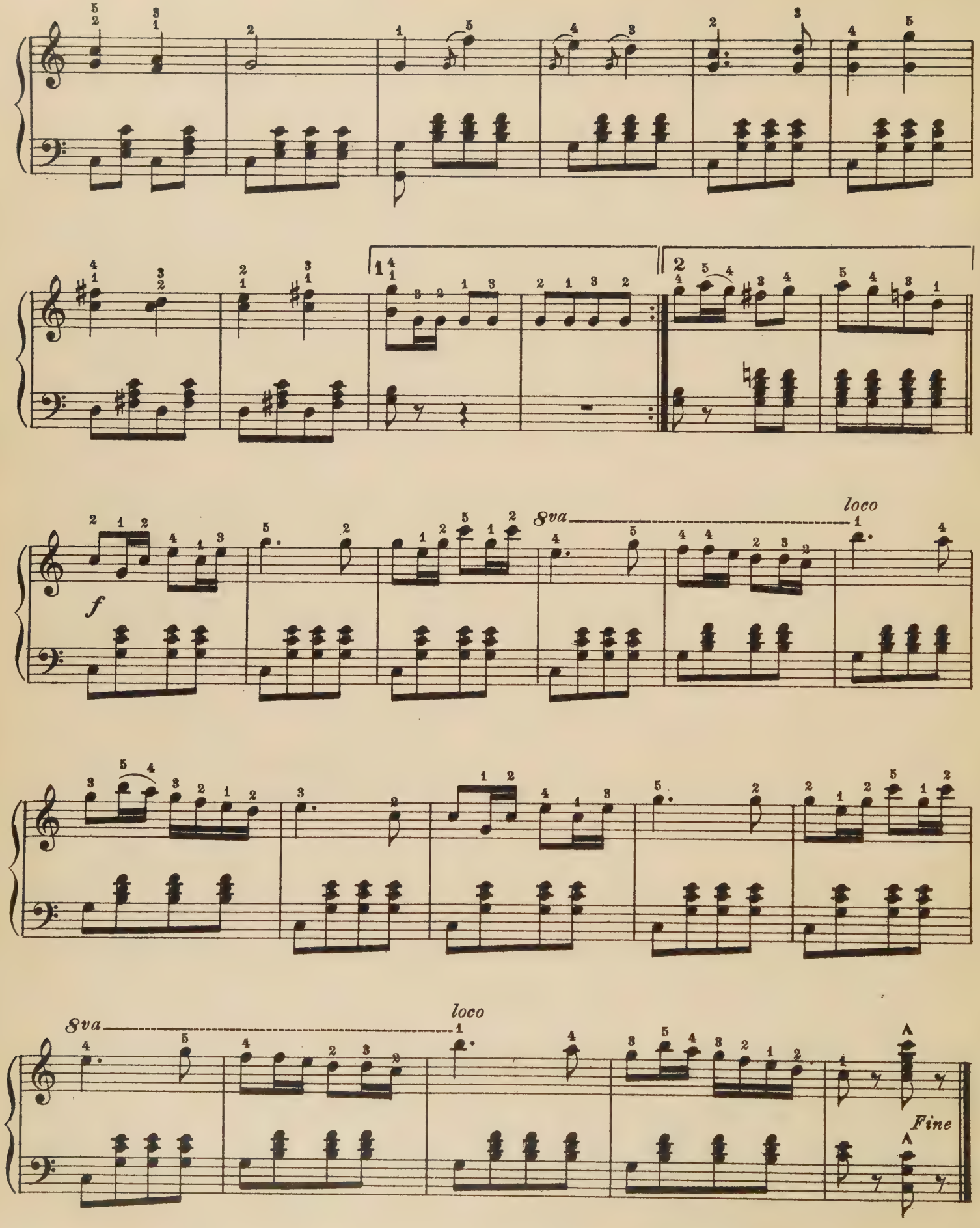
Grace notes may be omitted

In Haste

Galop

VOLTI

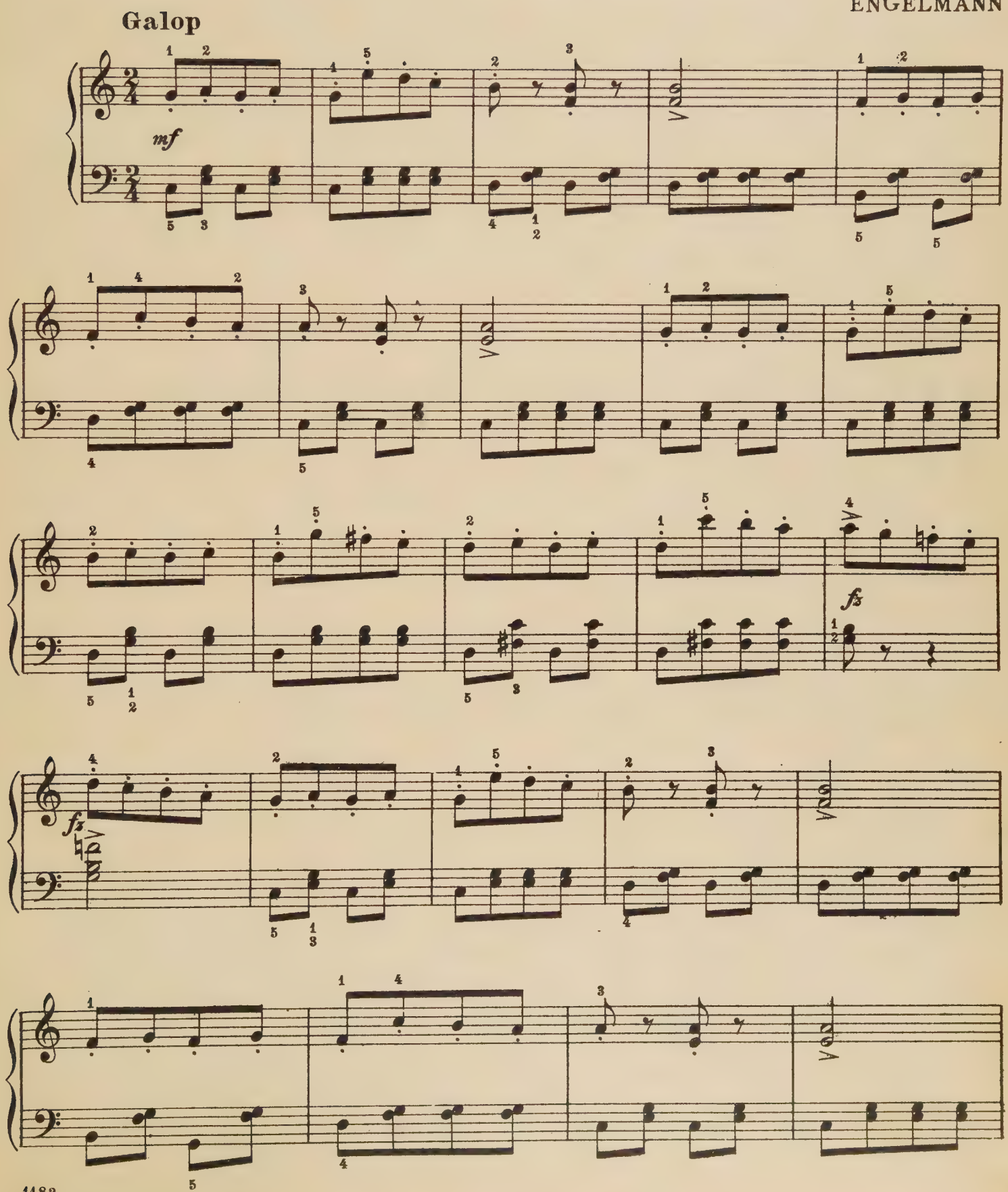


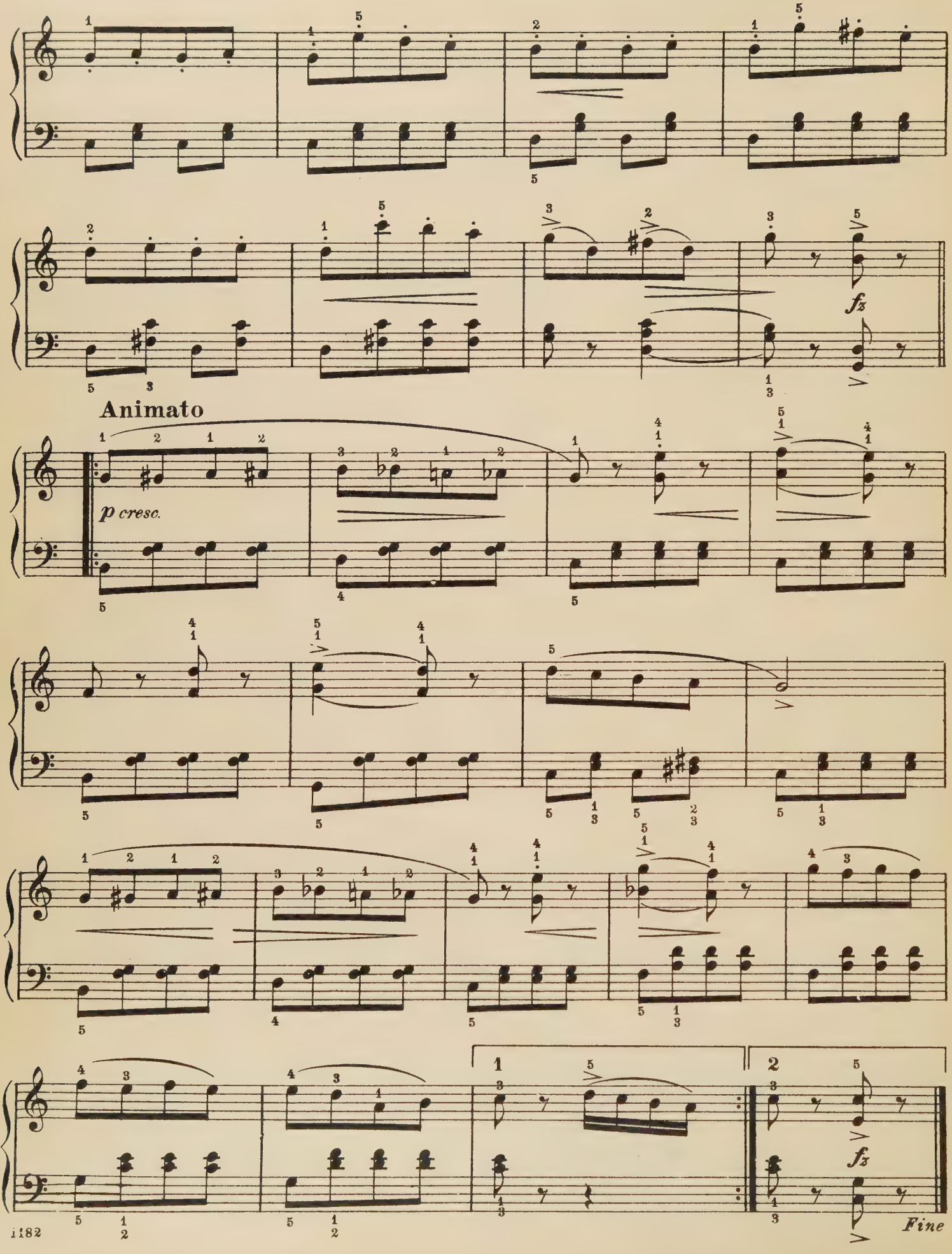

1
2
f
8va
loco
8va
loco
Fine

Wild Ride

Galop

ENGELMANN

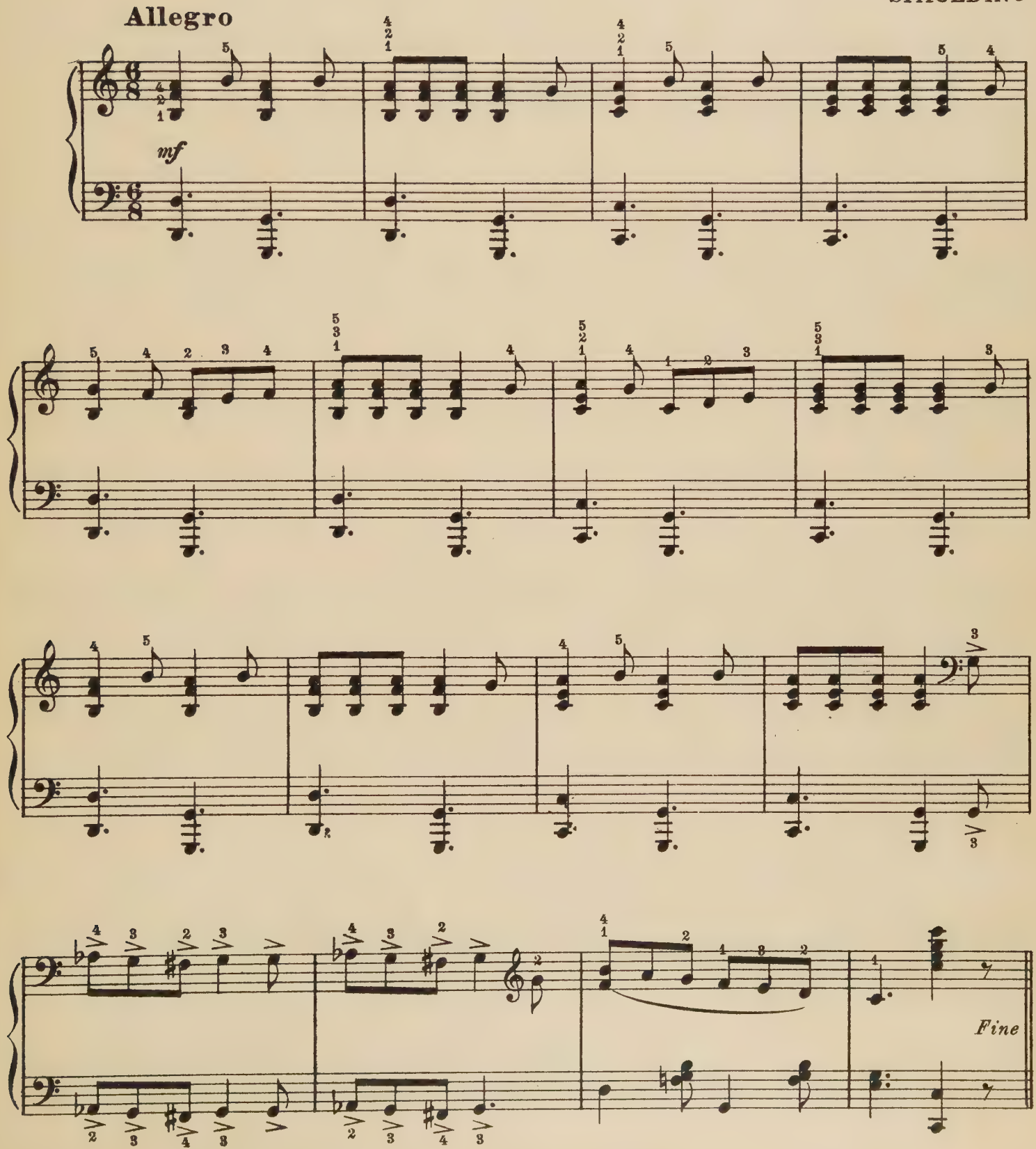


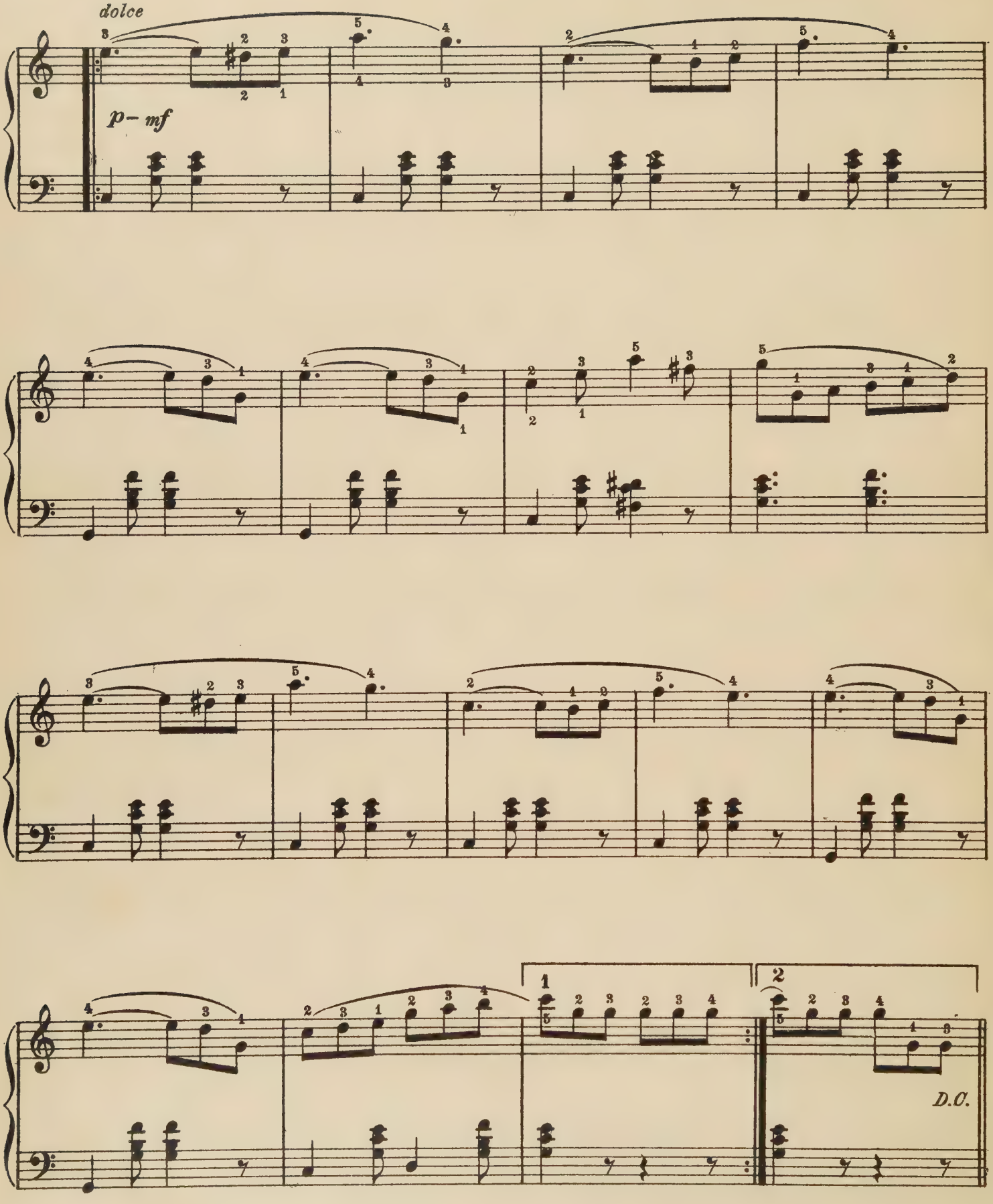

Animato
p cresc.
fz
fz
1
2
Fine

March of the Sleepy-Heads

Galop

SPAULDING




dolce
p – mf
1
2
D.C.

Galloping Horses

ROGERS

Allegro

ben marcato il basso

repeat pp

Whoa

f

Horses Stamp
non legato

Whoa

Horses Stamp

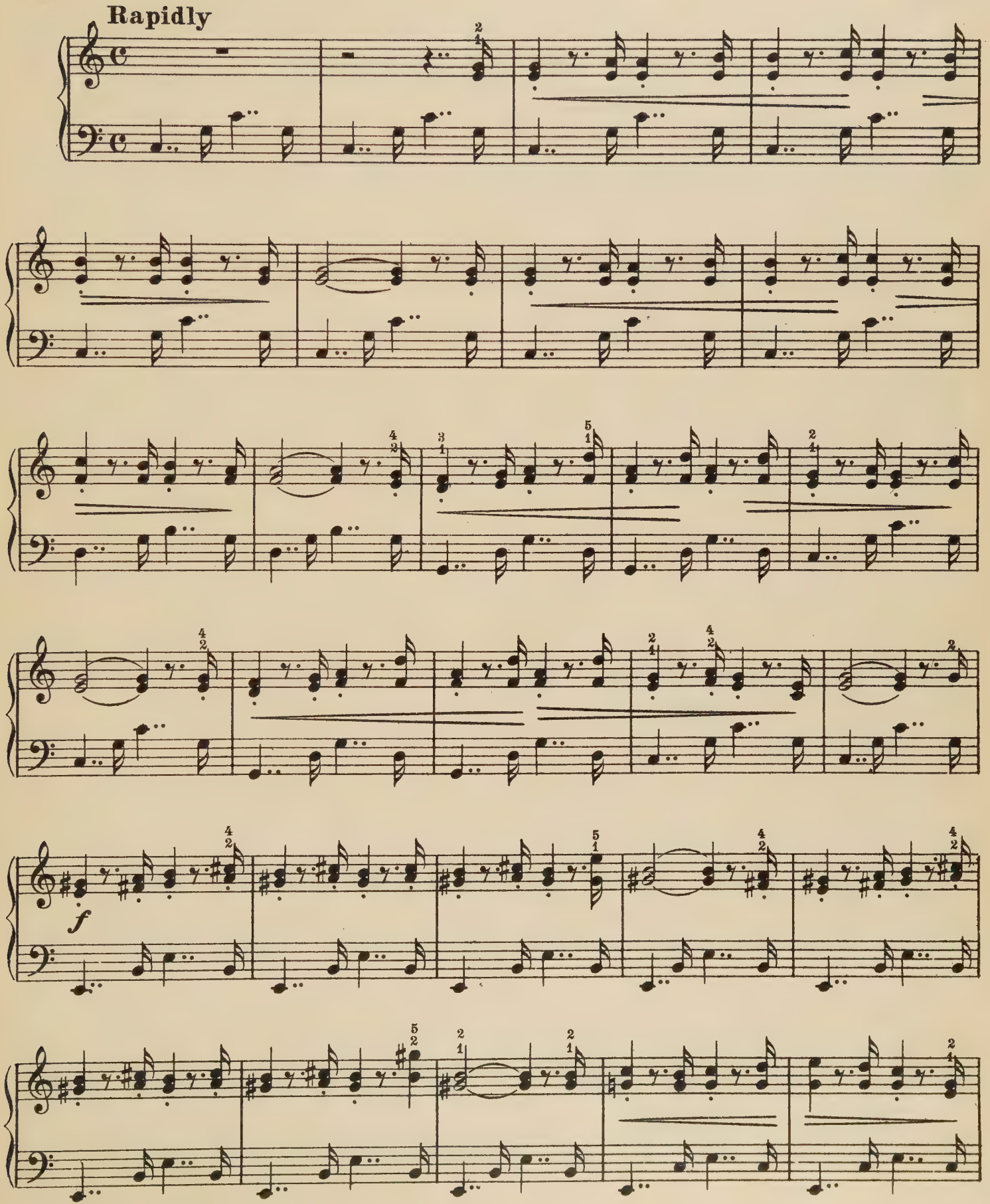
Whoa

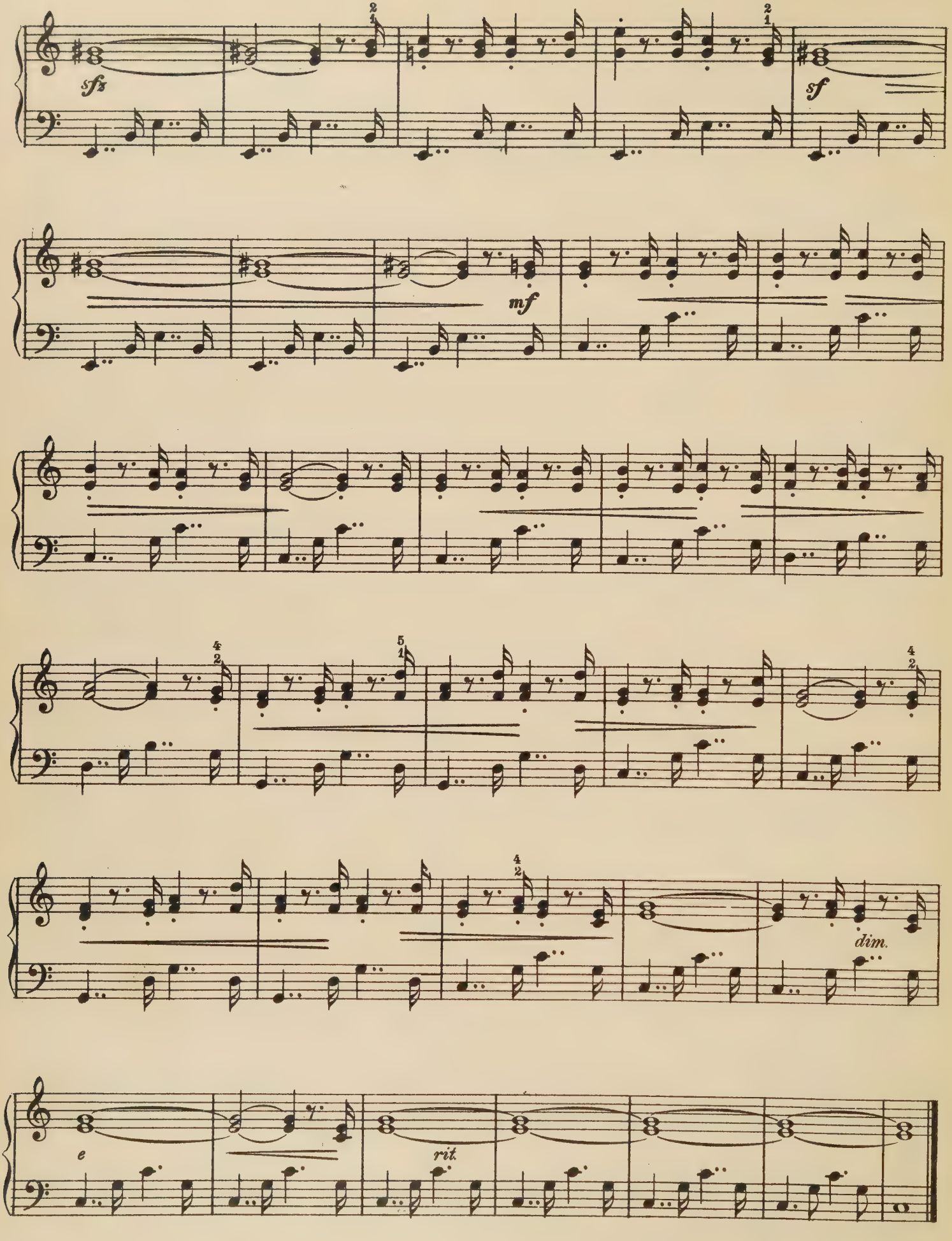
sempre forte

Horses Stamp
Whoa
Horses Stamp
p
Galop
p
cresc.
dim.
f
ben marcato
Fine

How Peggy came to Town

SMITH

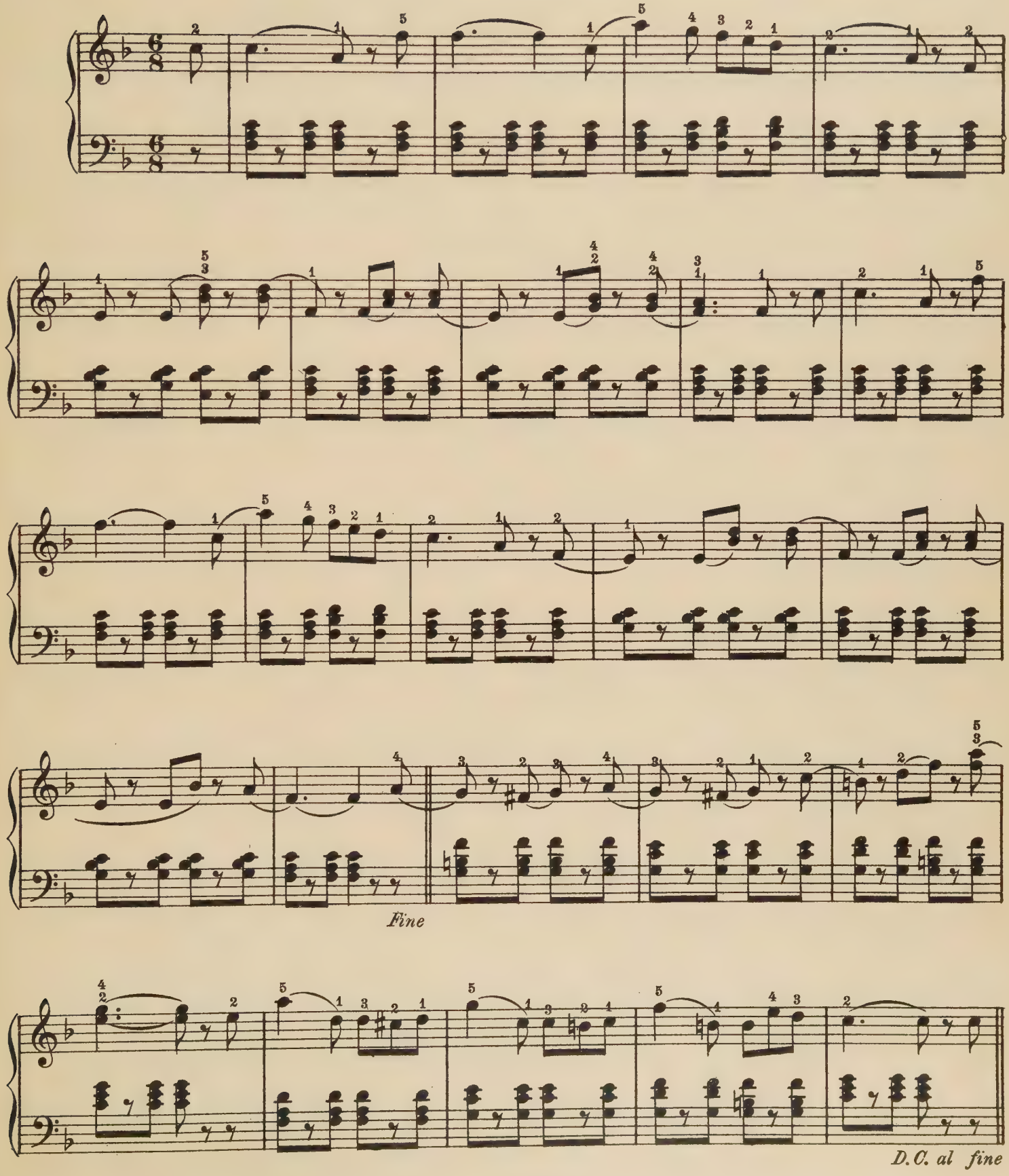



sfz
sf
mf
dim.
e
rit.

The Jolly Rider

Tournament

LICHNER

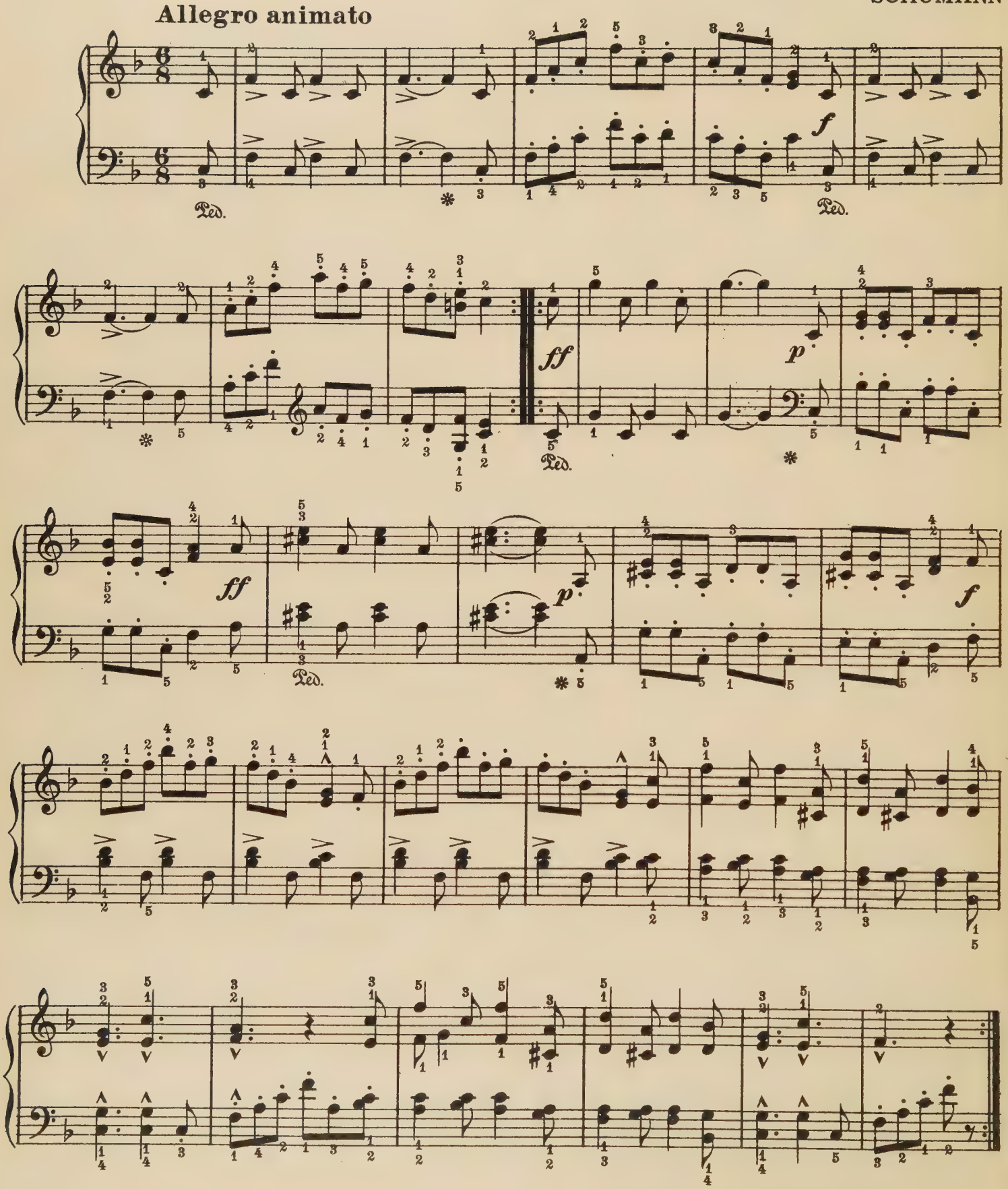


Tournament

Arranged from

The Huntsman's Song

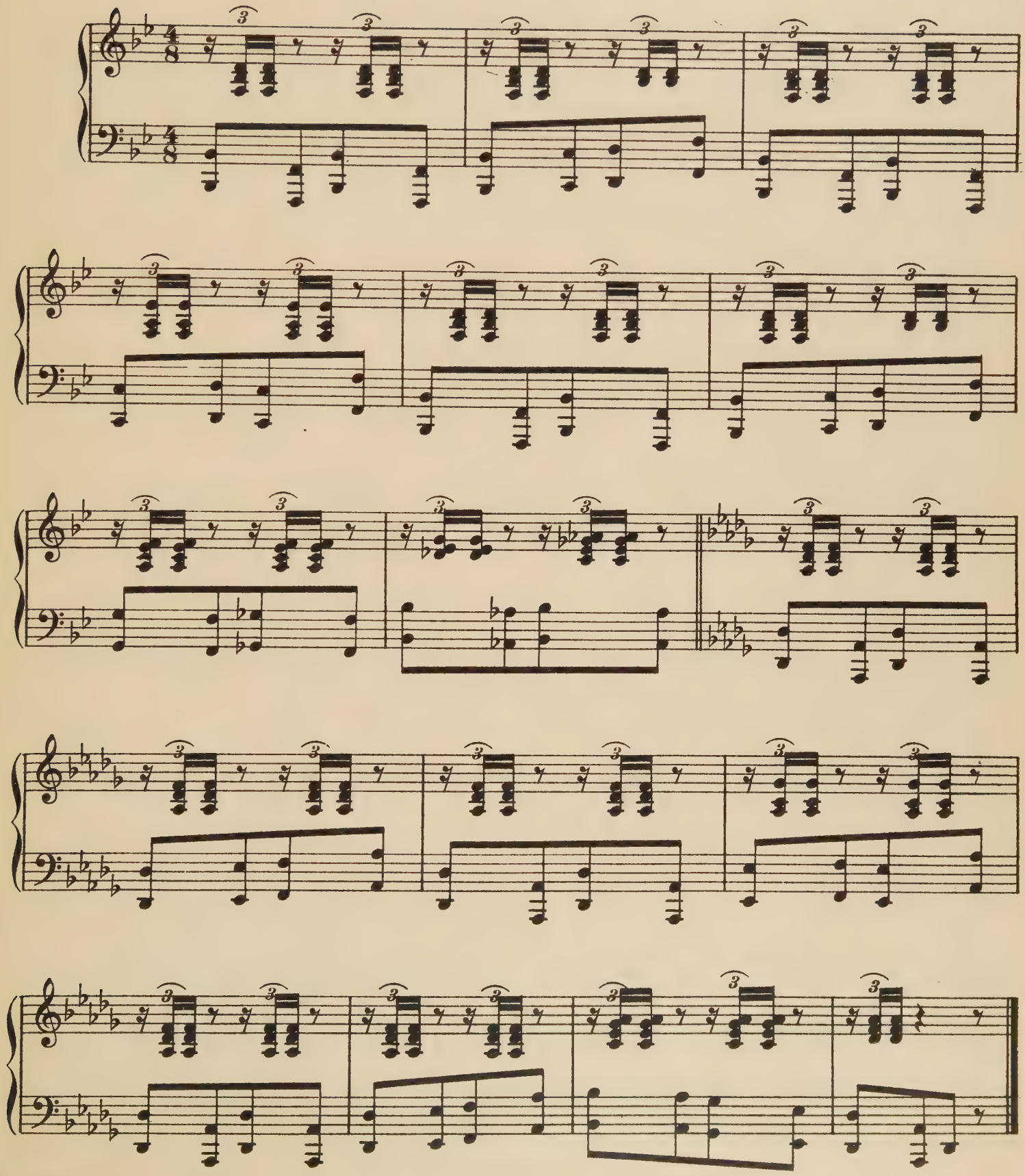
SCHUMANN



A - riding we will go

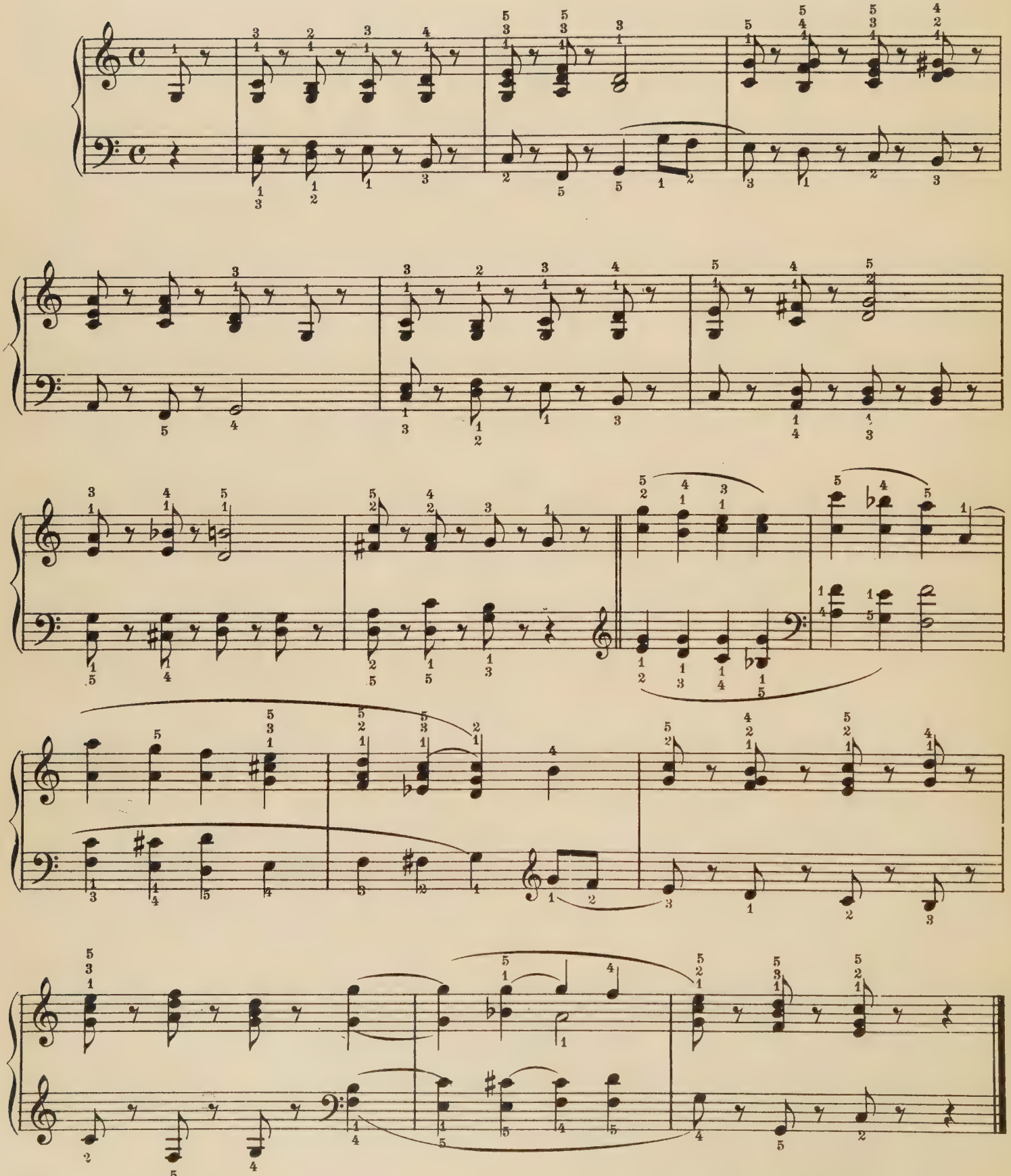
Tournament

WARREN



High-stepping Horses

Arranged from BEETHOVEN

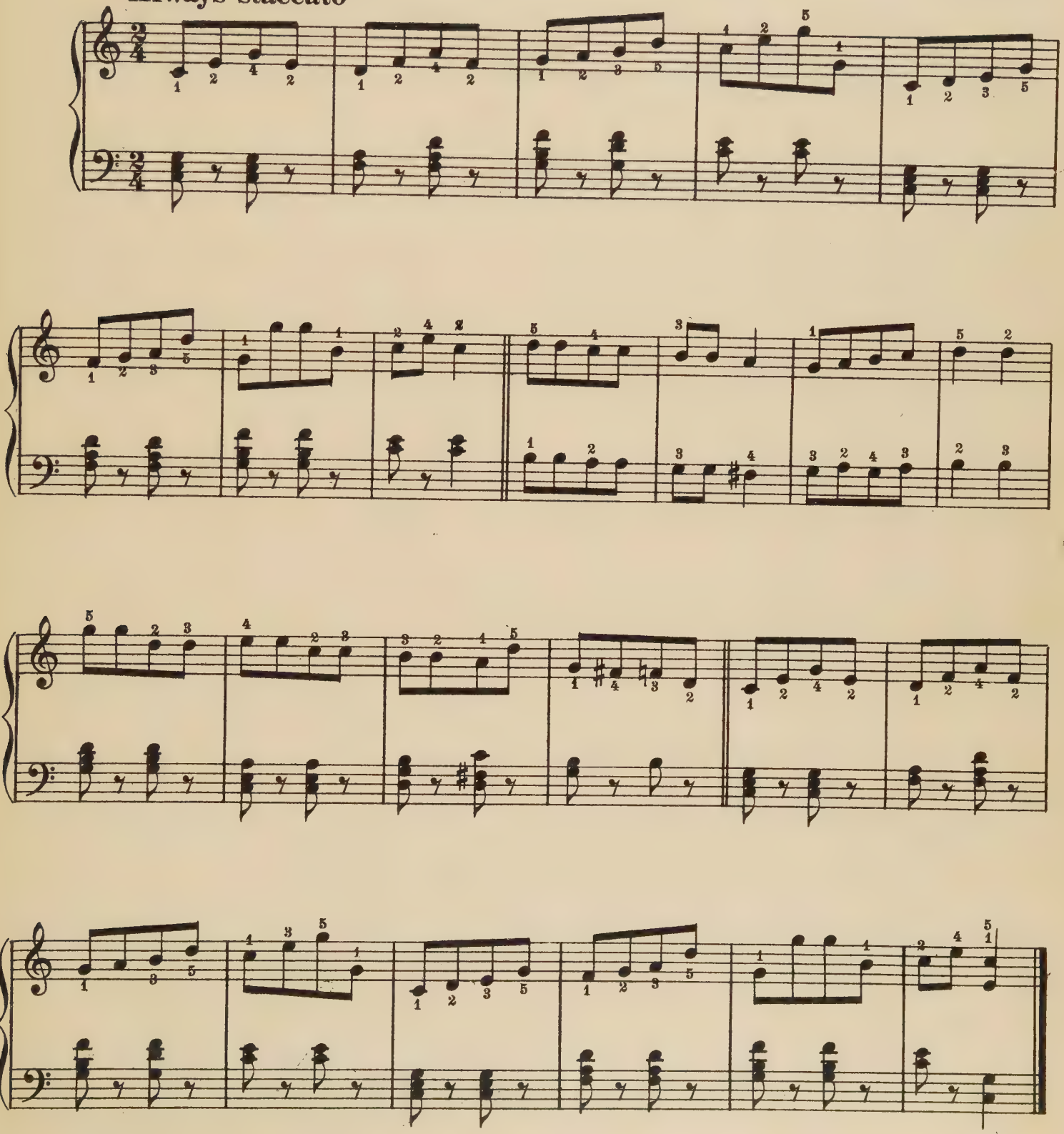


A Hop

Little Hop o' my Thumb

ADLER

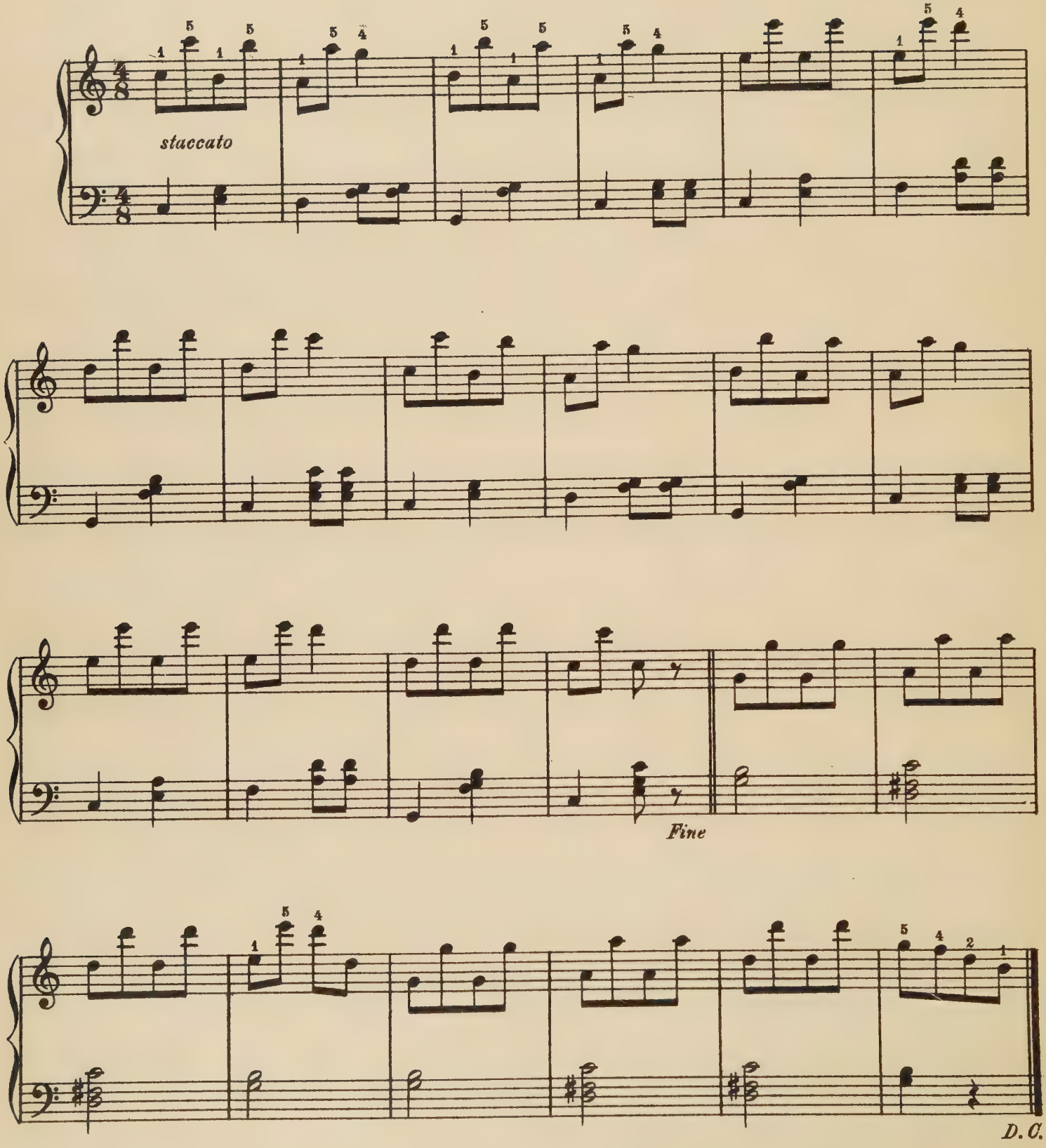
Always staccato



A Hop

Hopscotch

STREABBOG

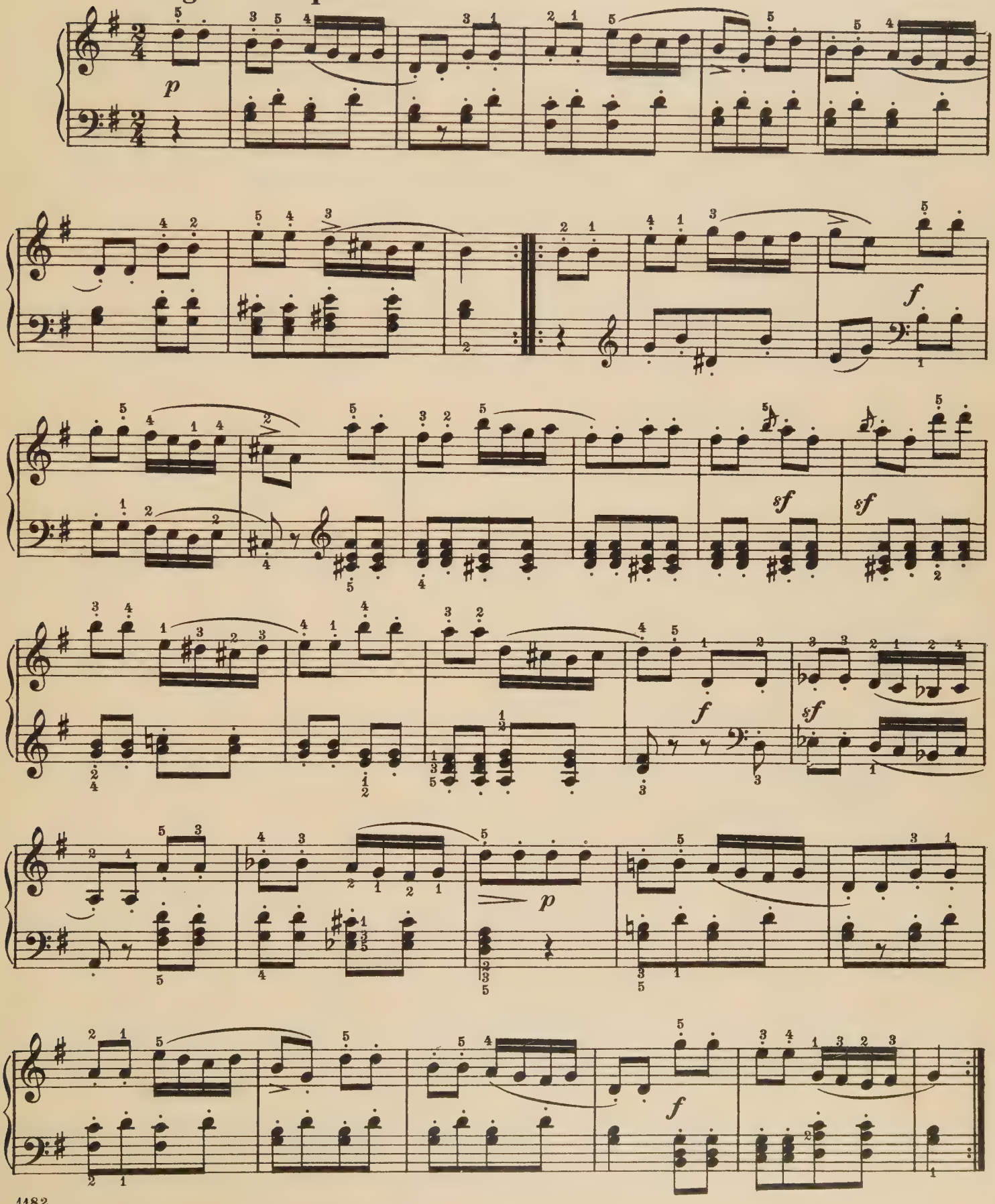


A Hop

Grasshoppers

Arranged from HAYDN

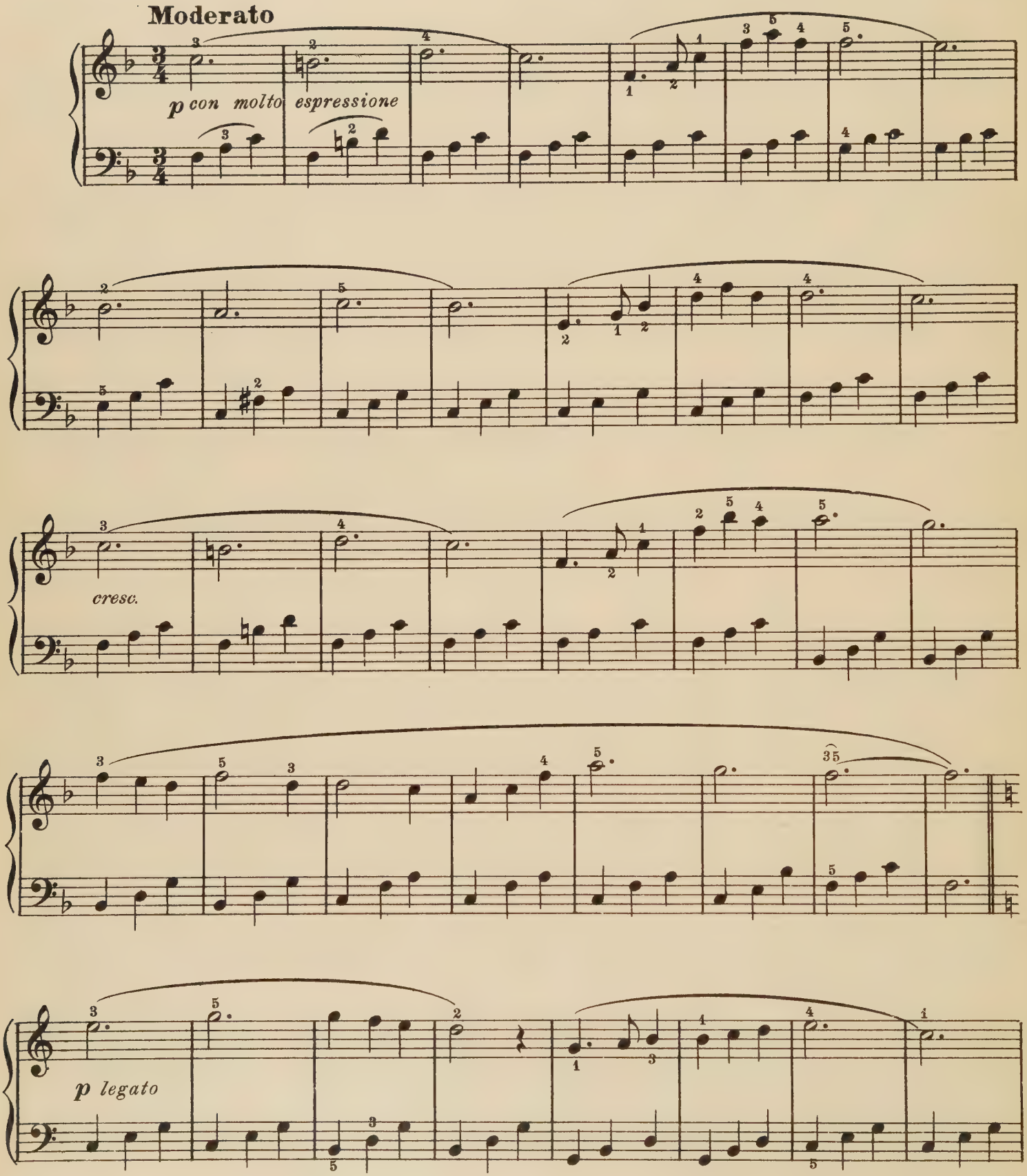
Allegro con spirito

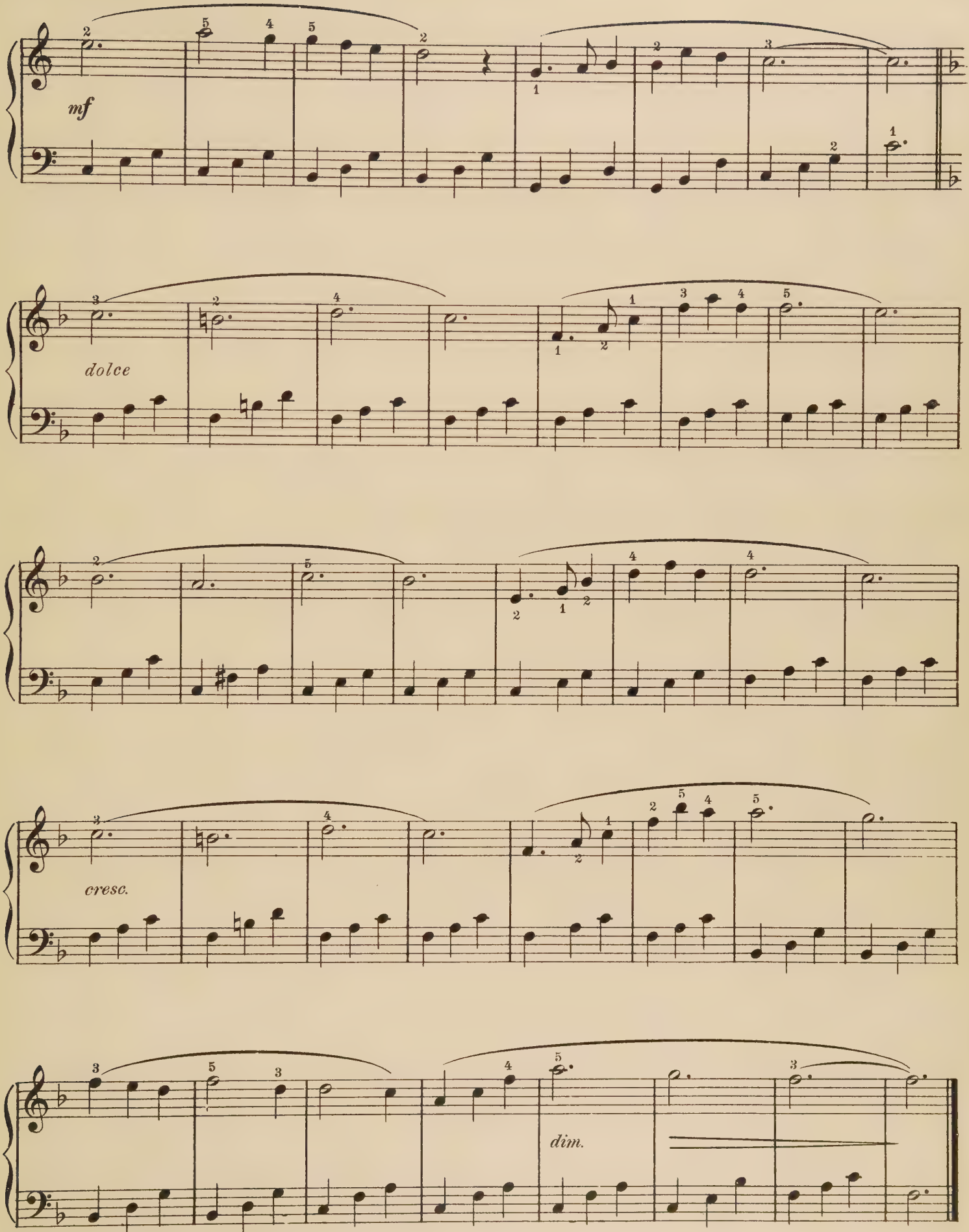


Flying Birds

Little One's Dream

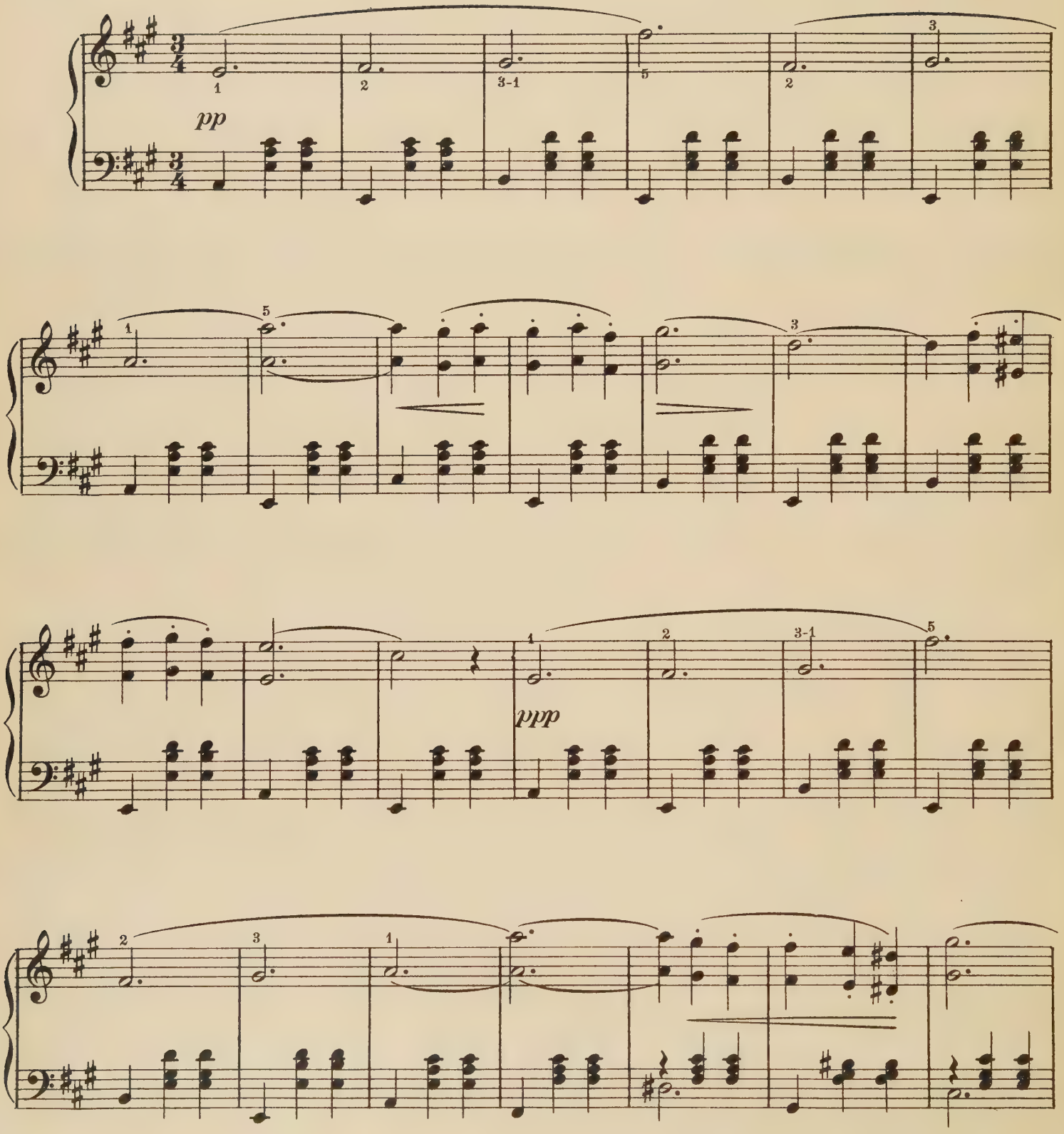
Arranged from CRAMER

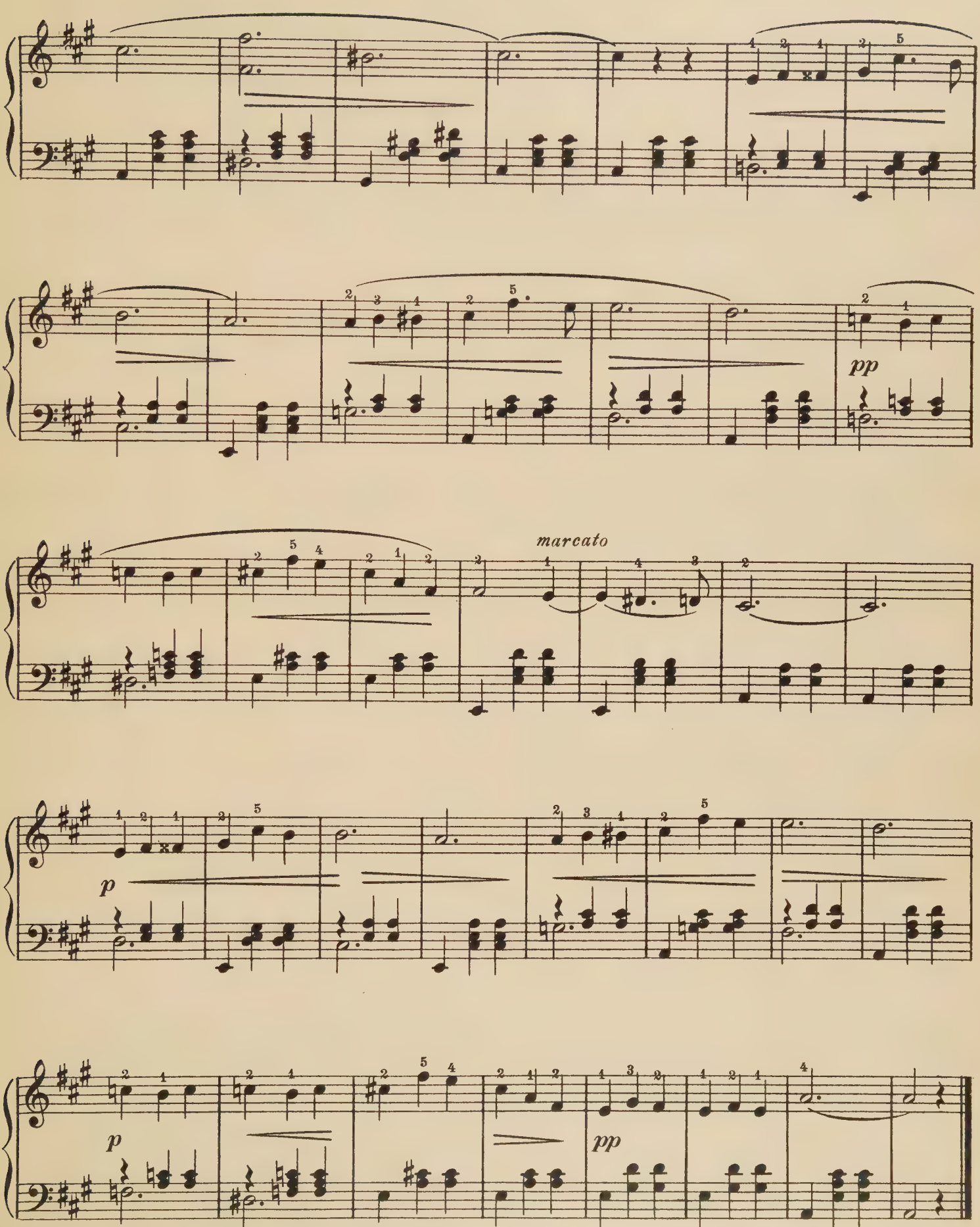



mf
dolce
cresc.
dim.

Flying Birds

CZIBULKA



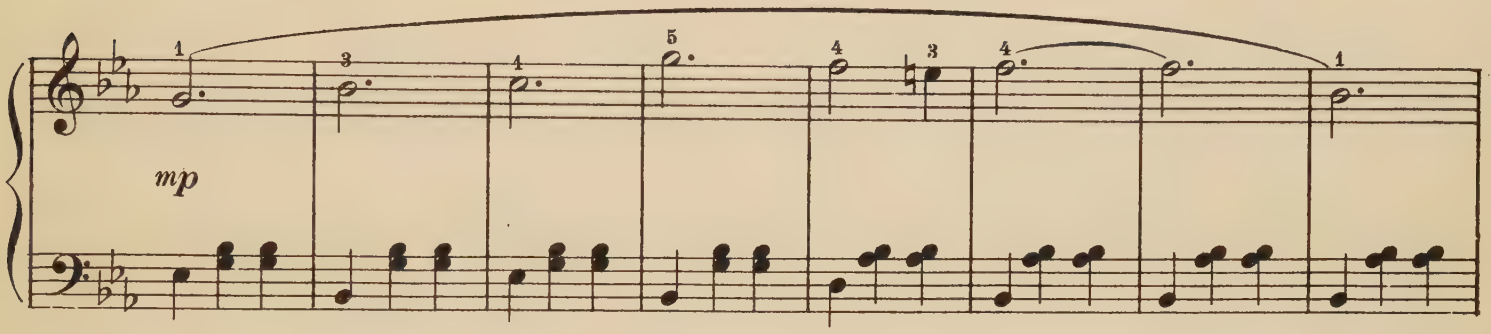

pp
marcato
p
p
pp

Flying Birds

Swallows

GILLET

pp
cresc.

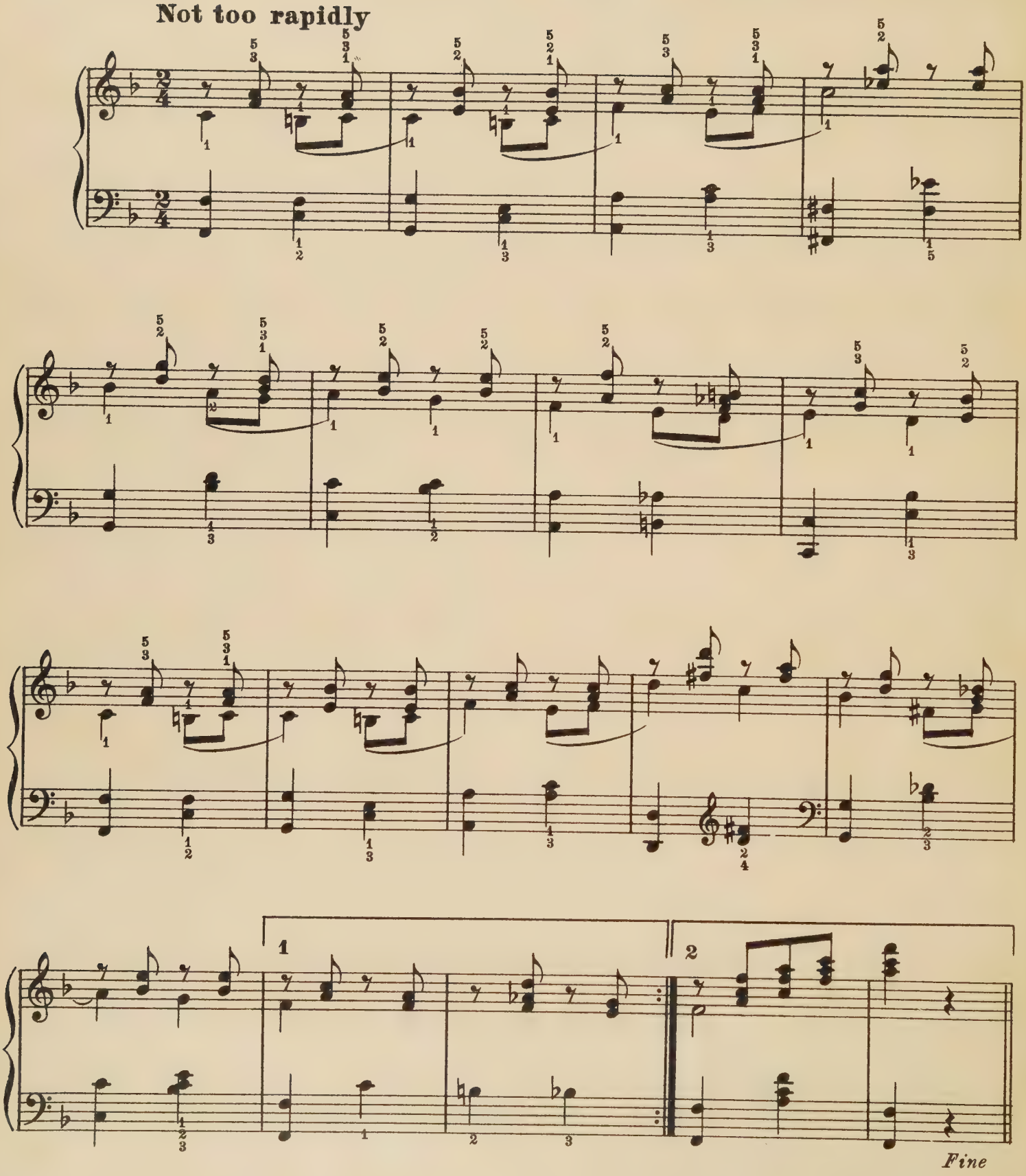

mp

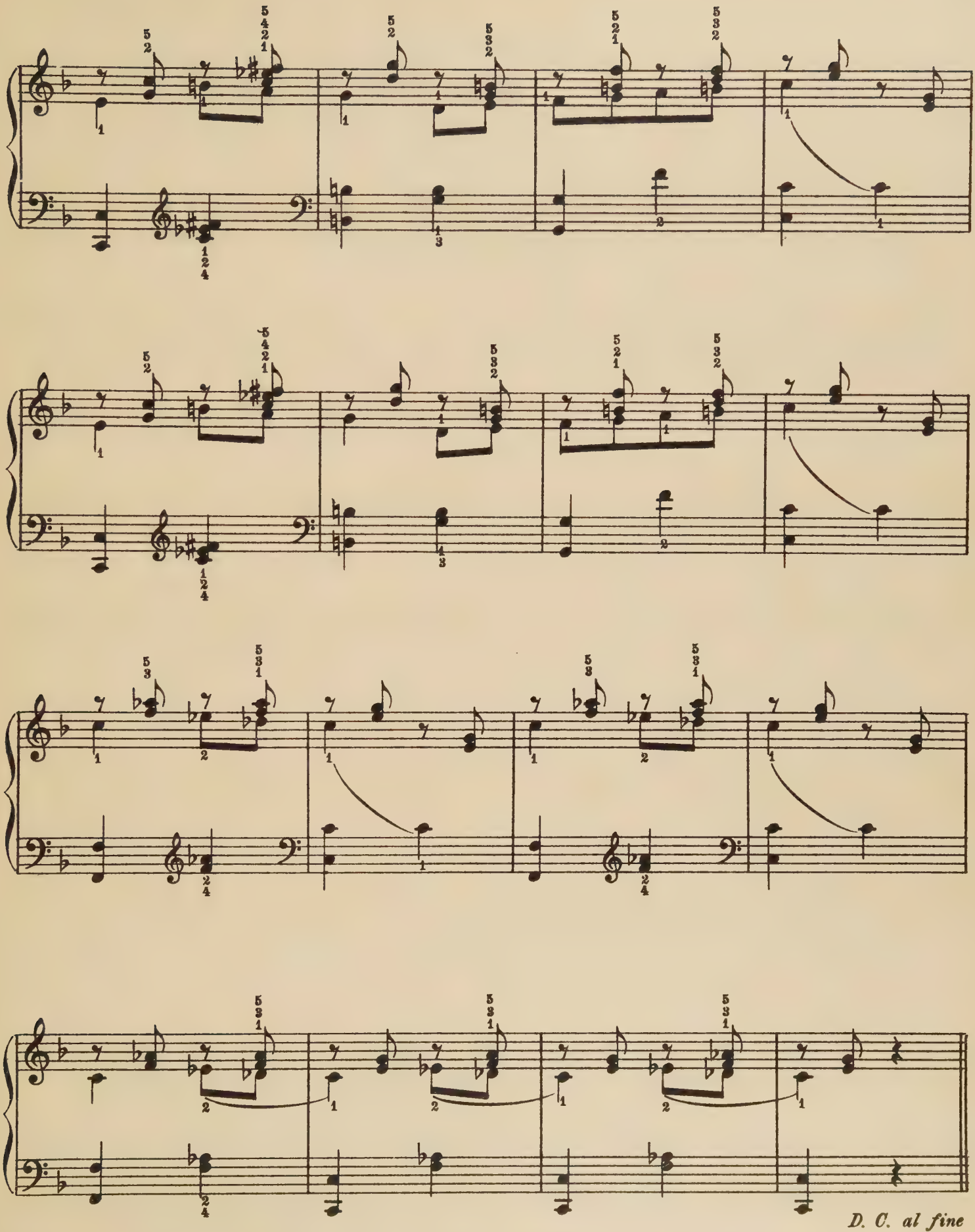
pp

Butterflies

Melody in F

Arranged from RUBINSTEIN

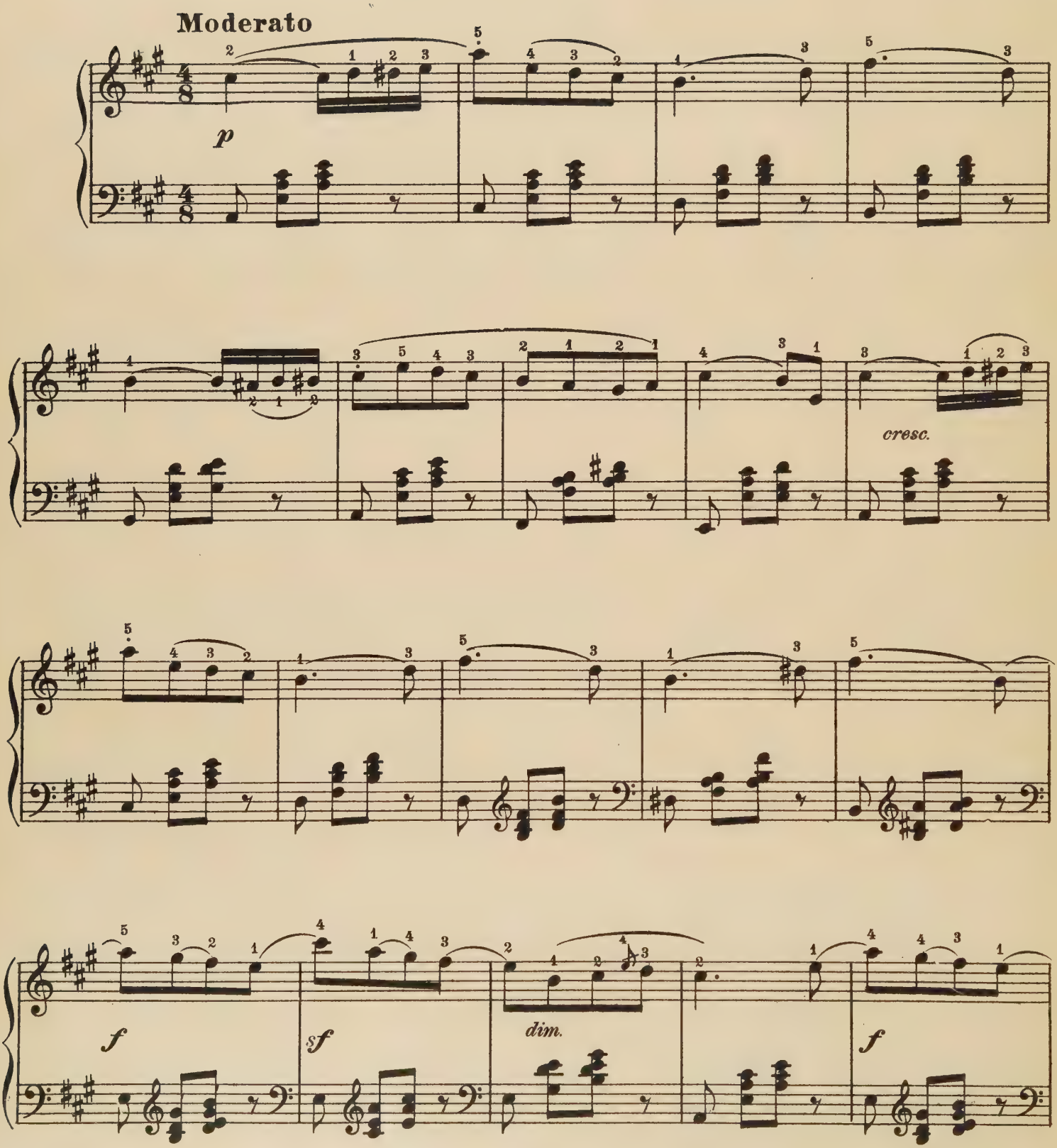


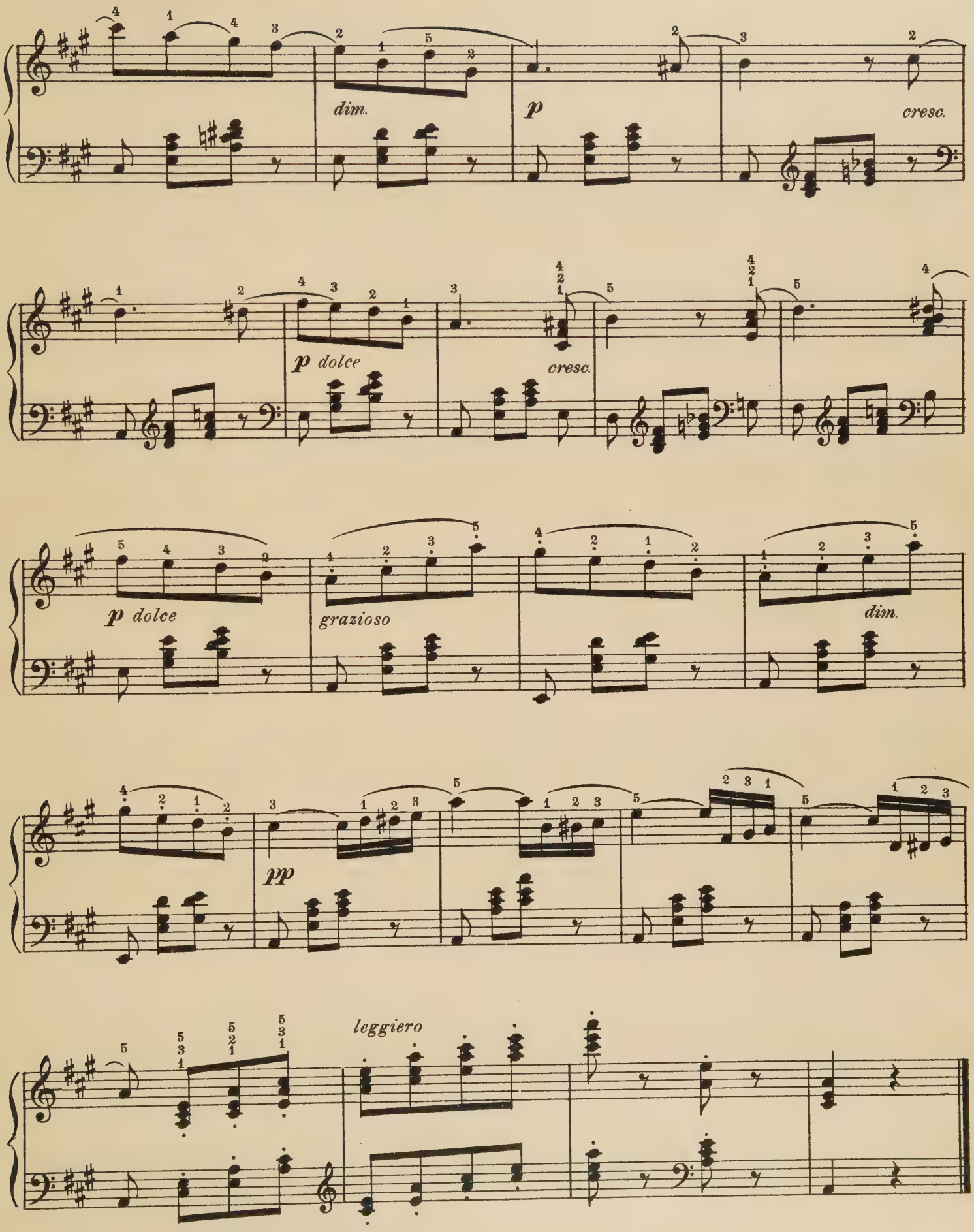

D. C. al fine

Butterflies

Spring Song

Arranged from MENDELSSOHN

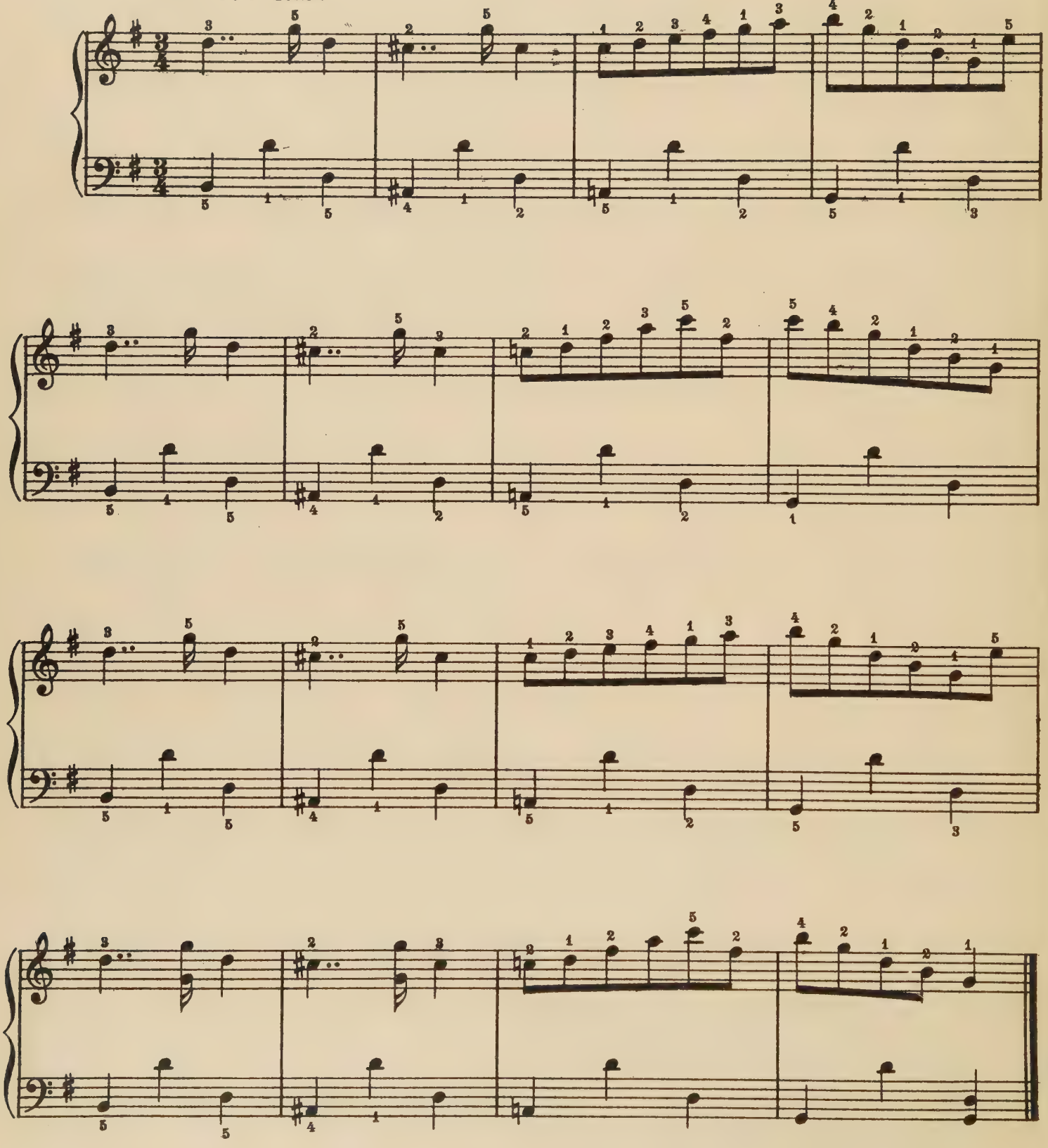



dim.
p
cresc.
p dolce
cresc.
p dolce
grazioso
dim.
pp
leggiero

Butterflies

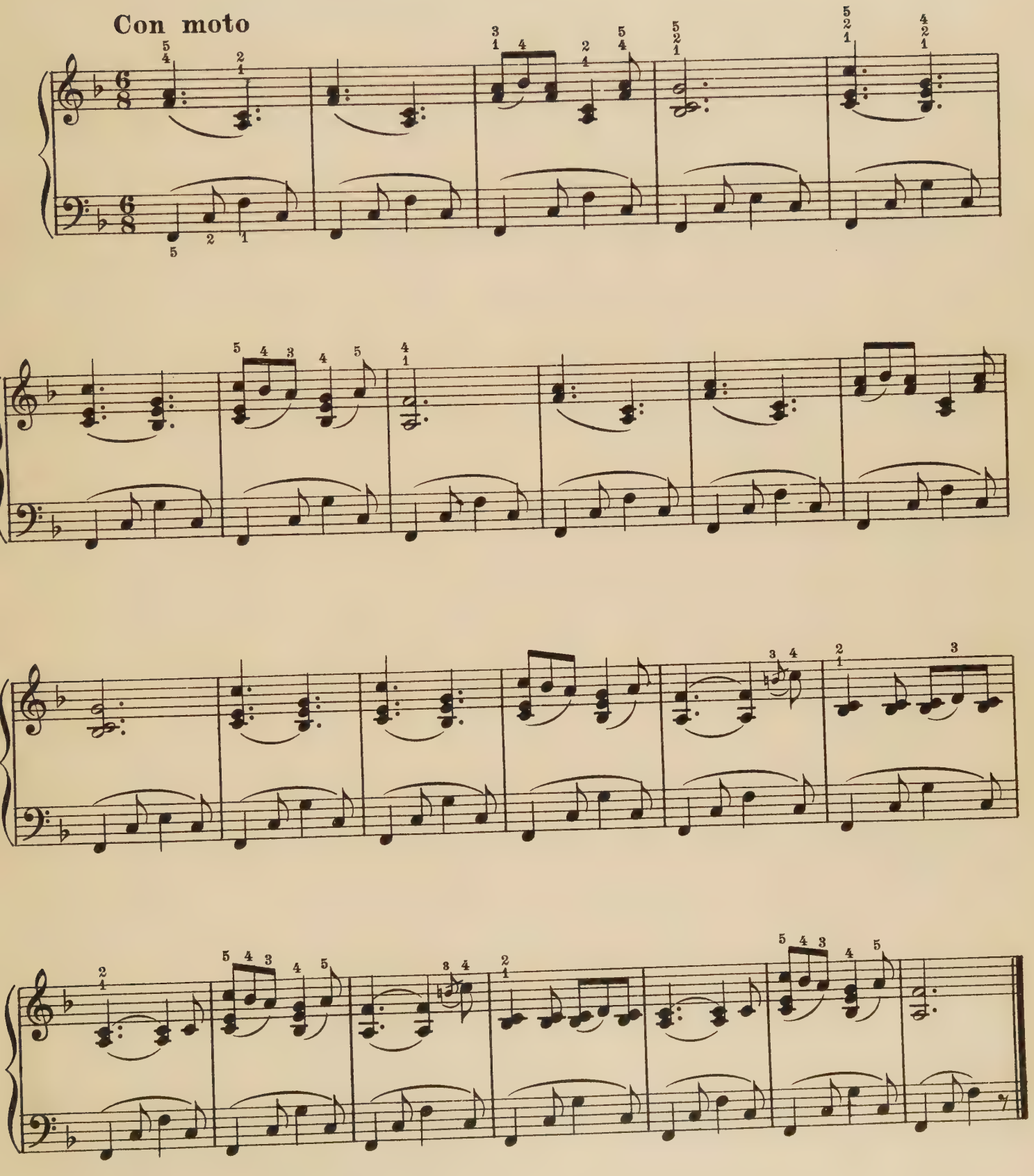
Arranged from HELLER

Not too fast



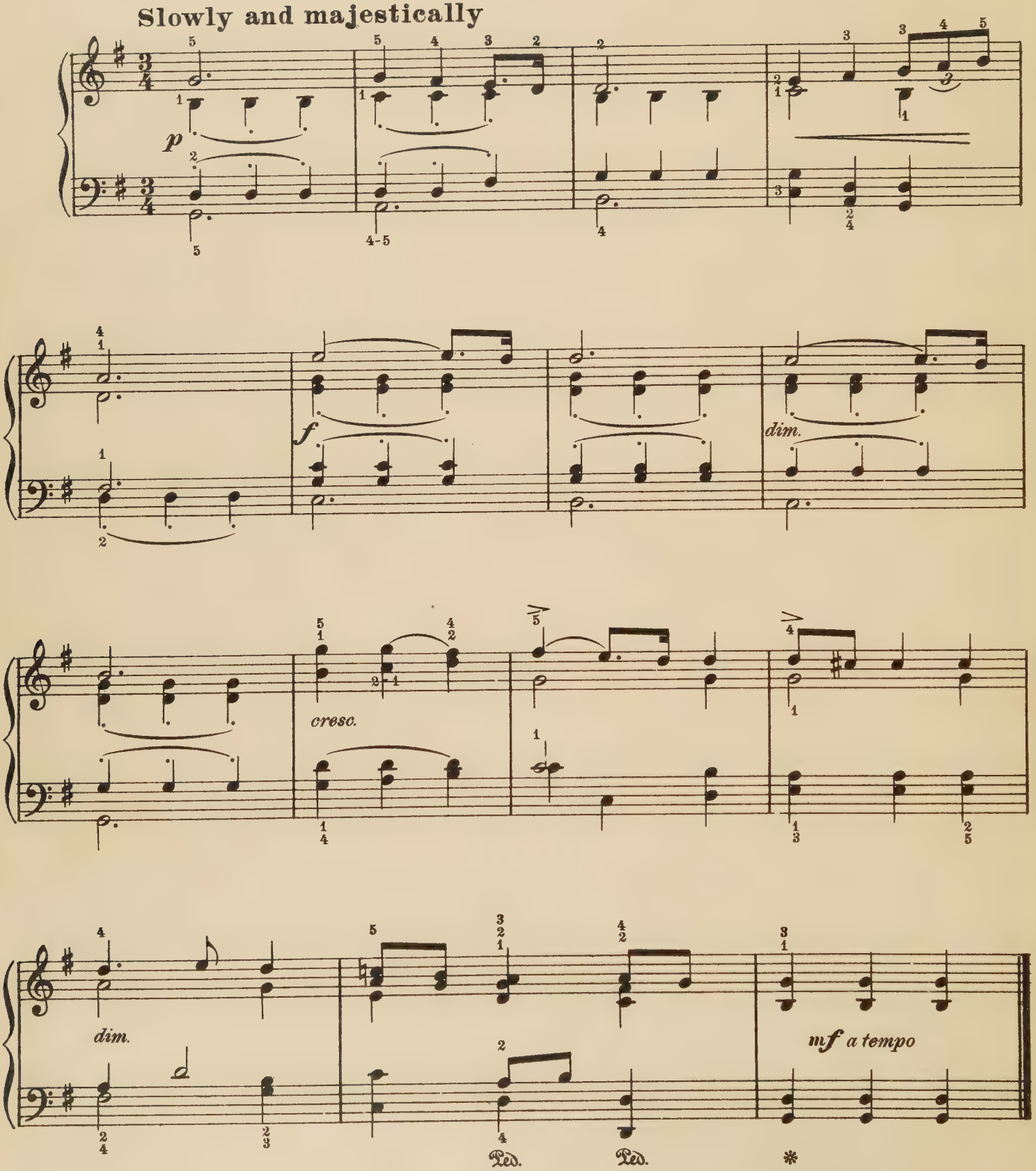
Skating

ROEDER



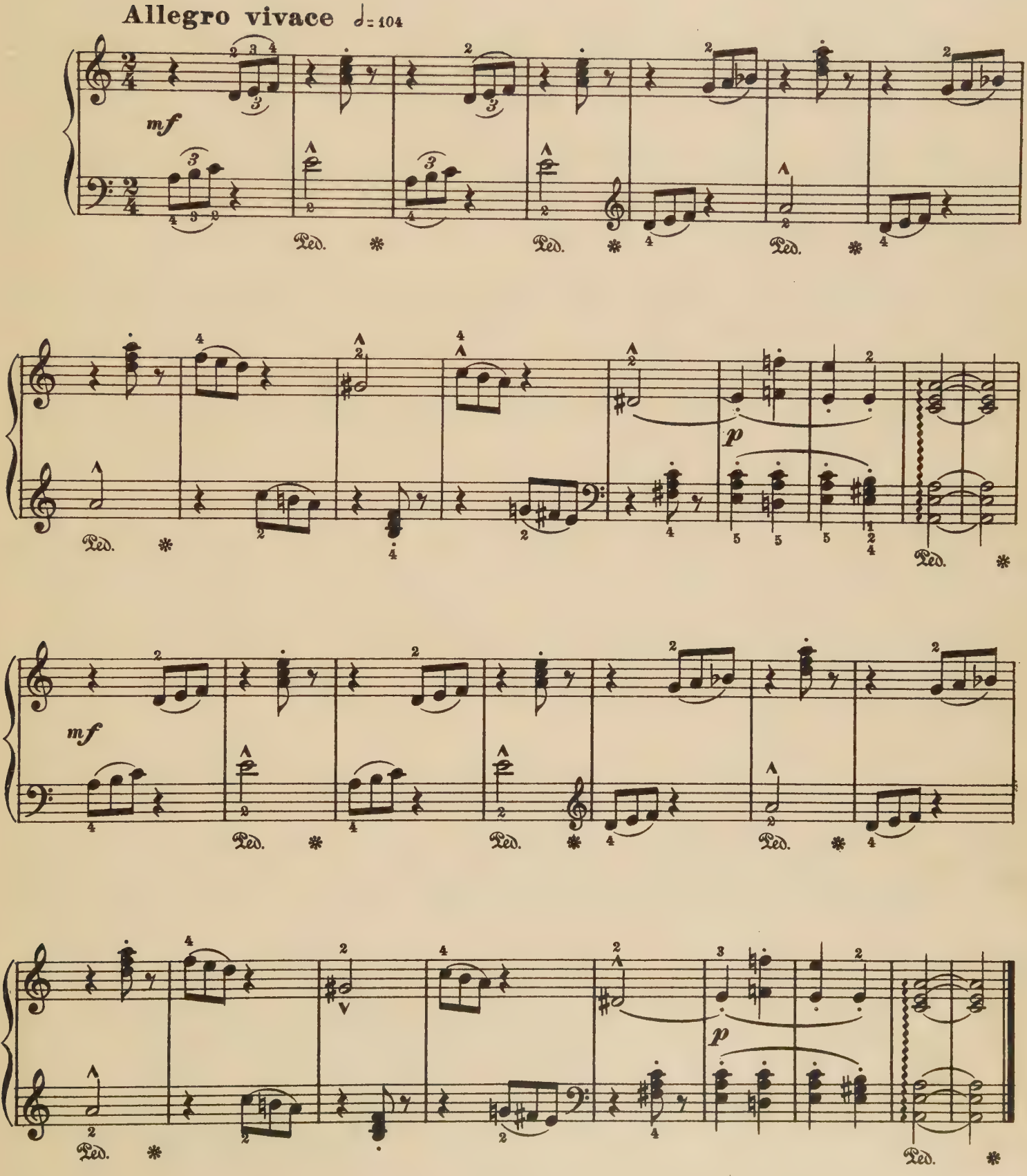
Giants

Arranged from HANDEL



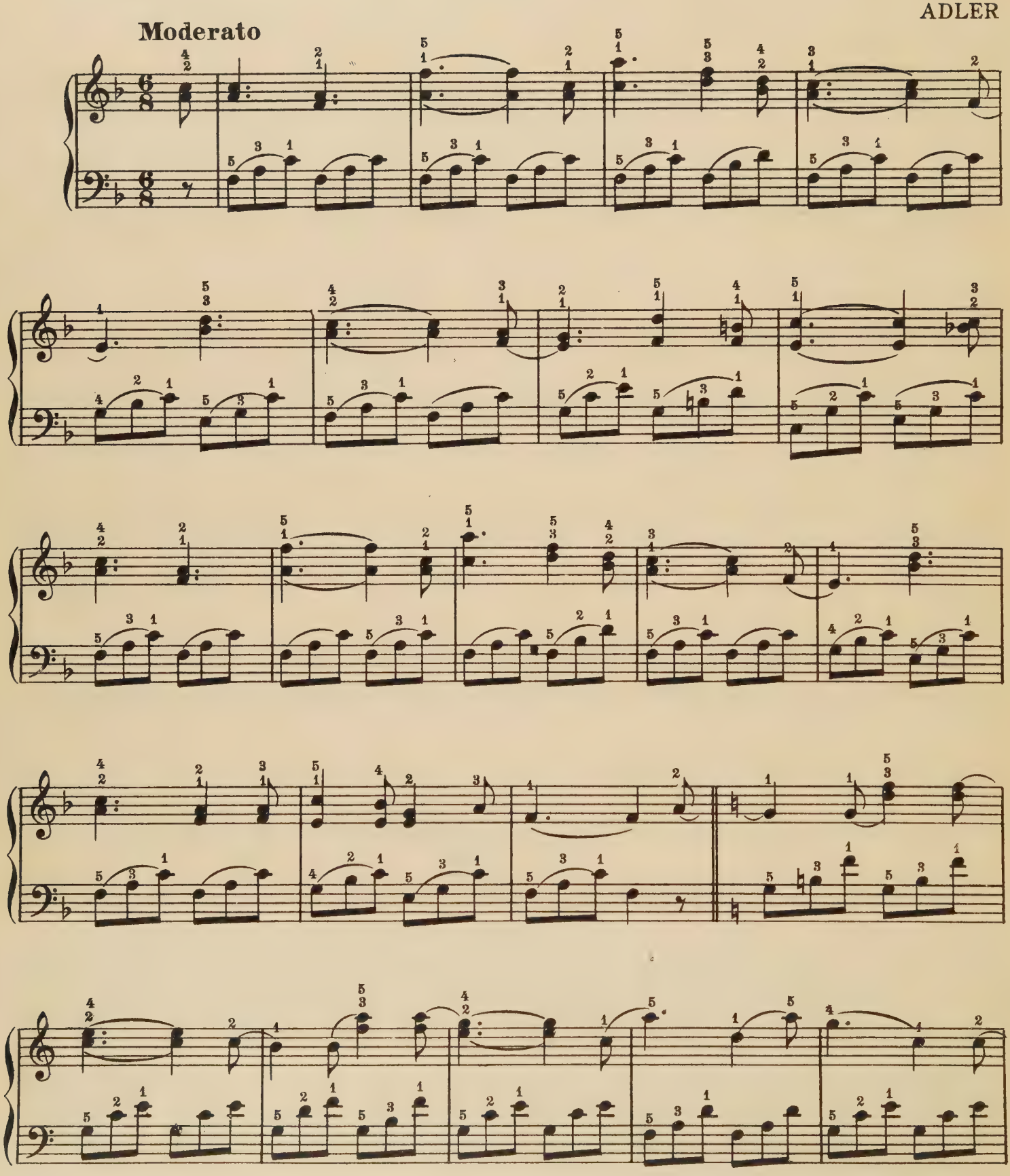
Squirrels

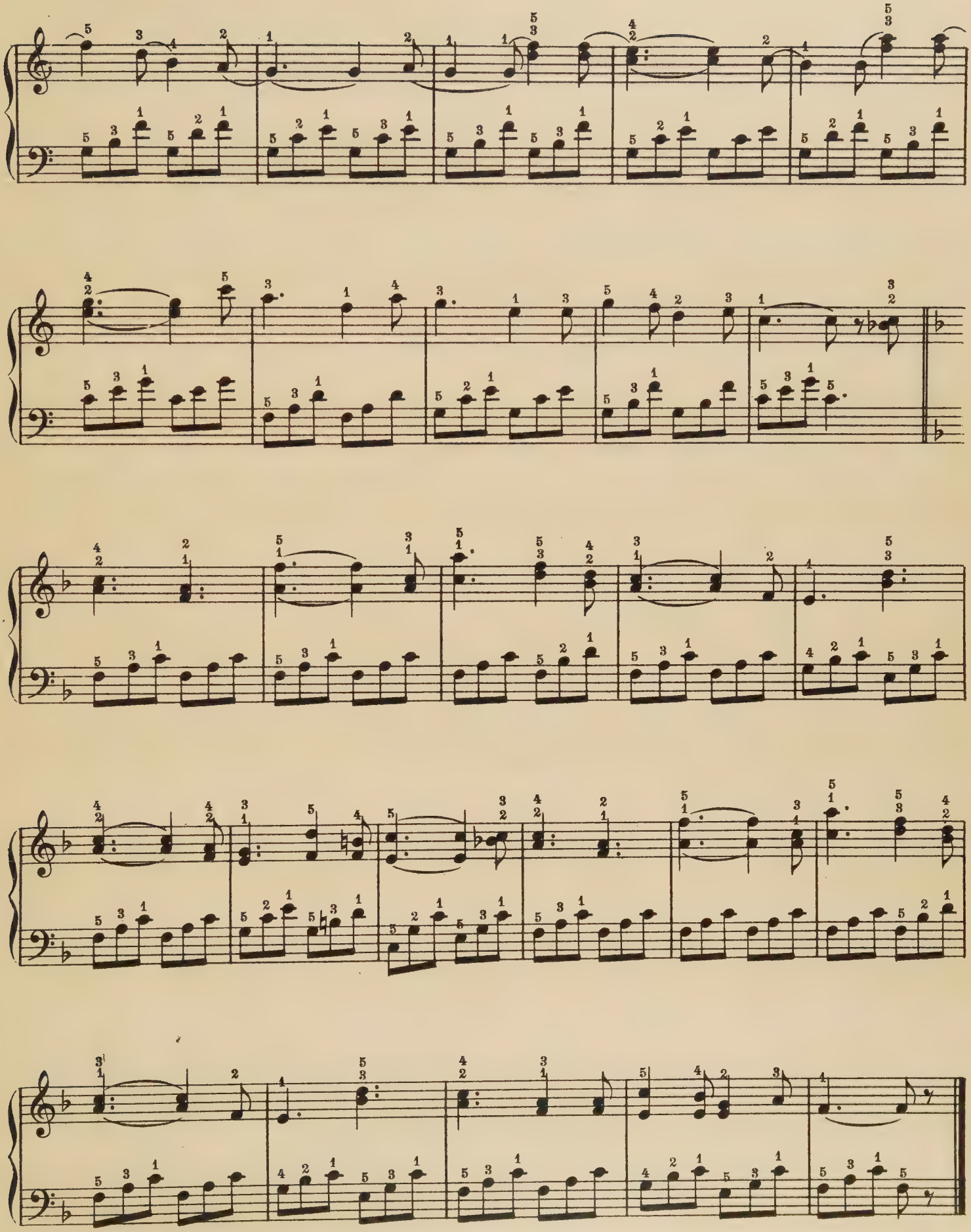
Arranged from HELLER



The Hobby Horse

ADLER

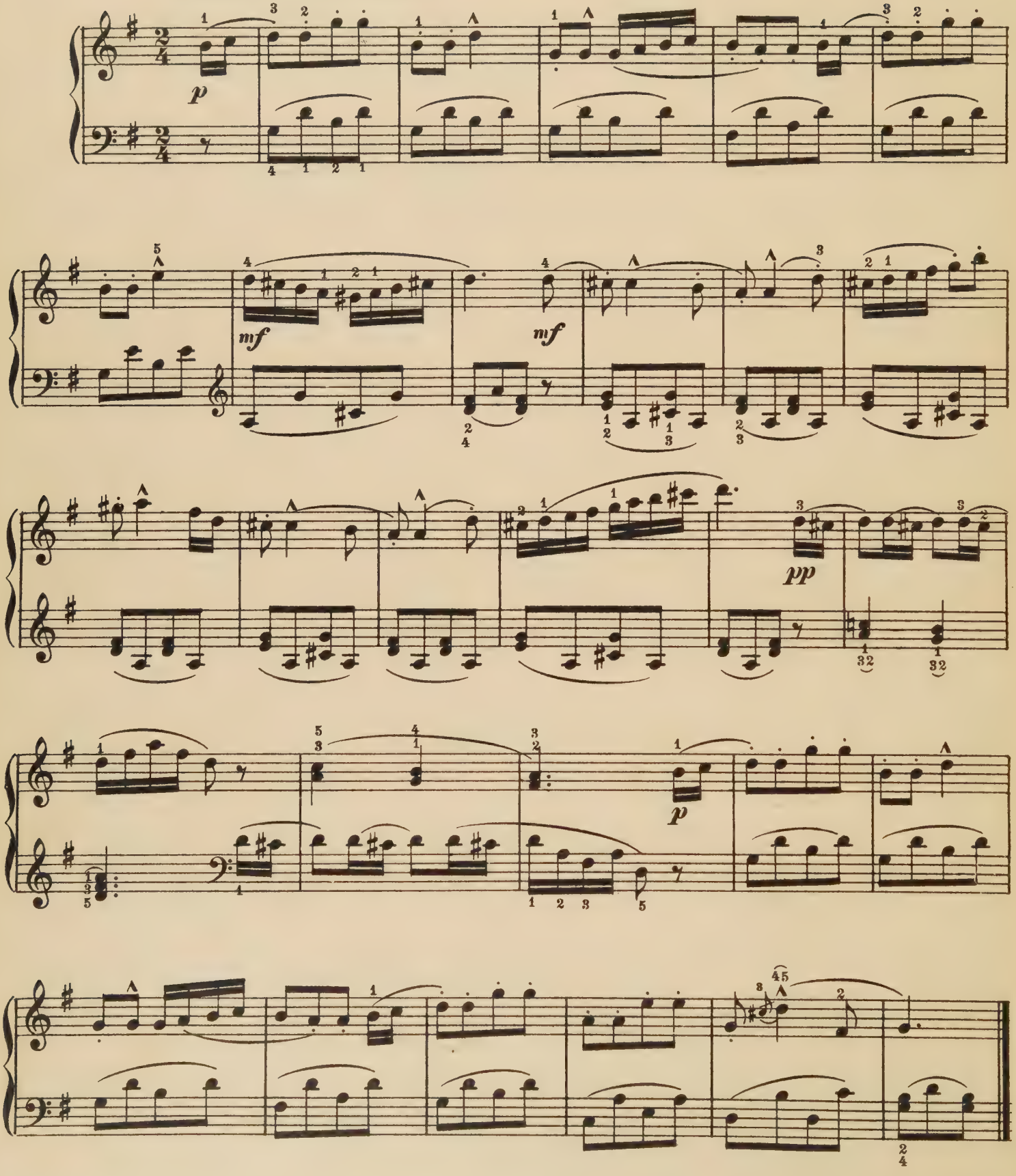




Heel and Toe

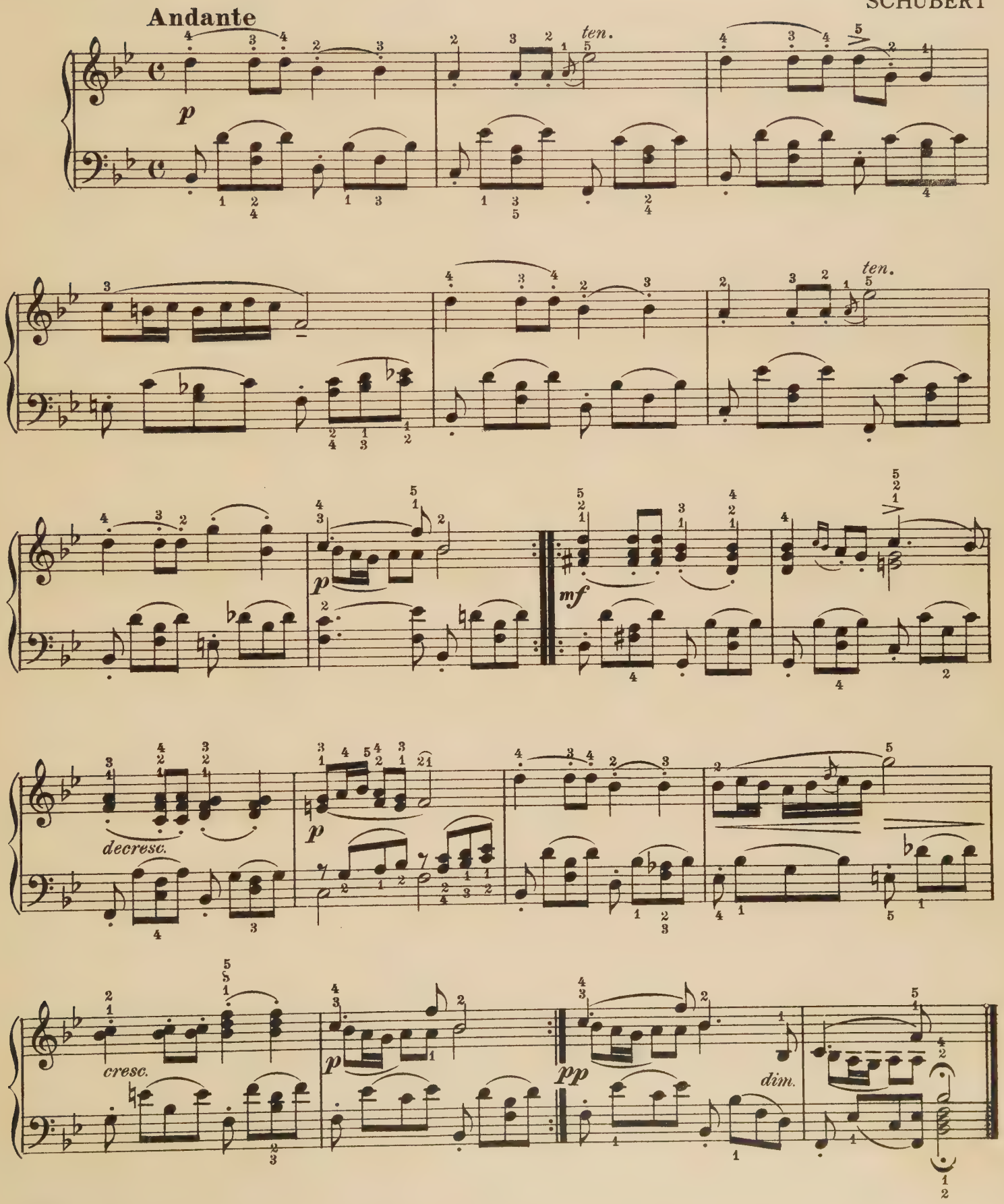
Allegretto scherzando

LICHNER



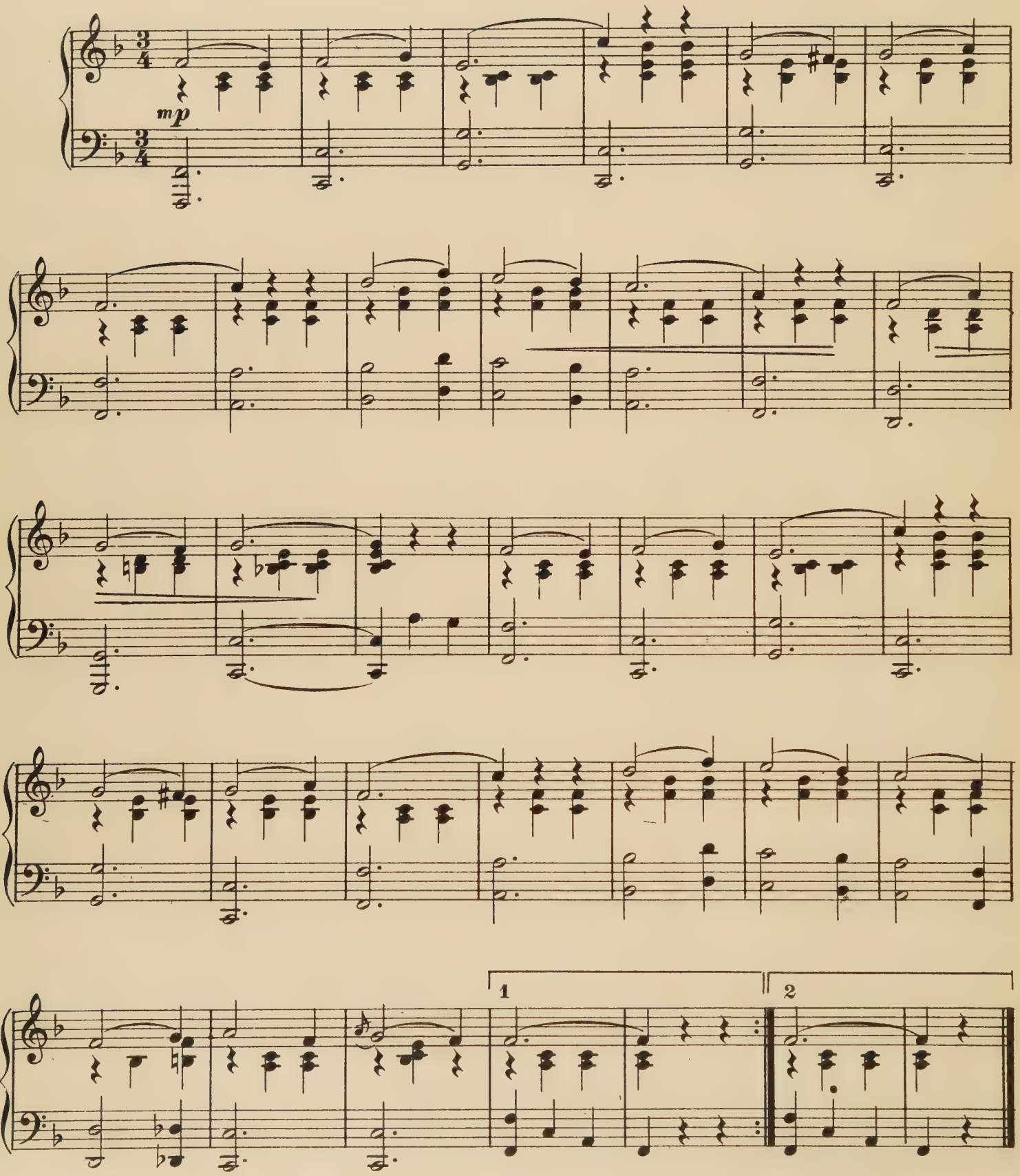
Swinging Nº I

SCHUBERT



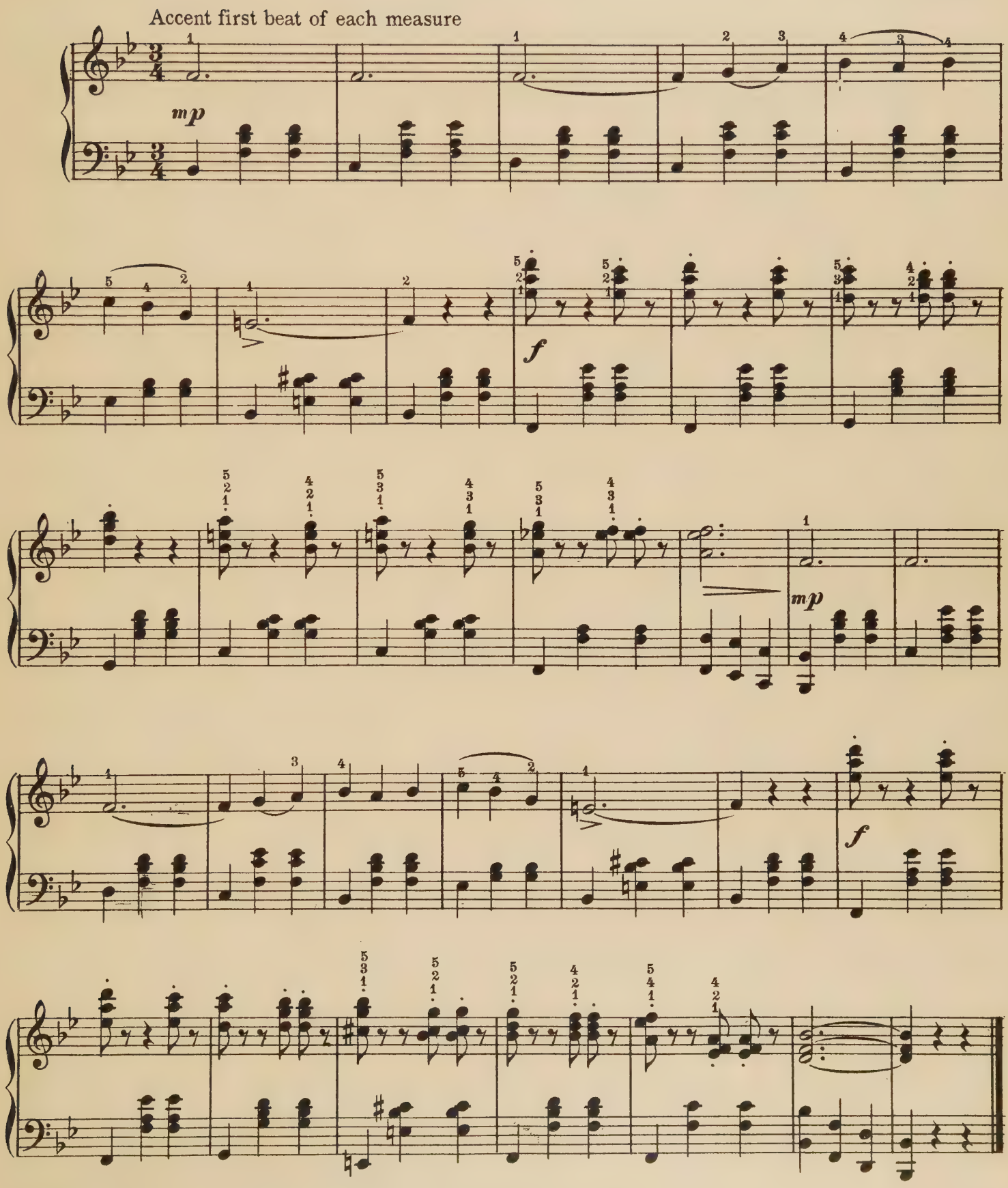
Swinging Nº II

ROEDER



Rolling Balls or Bouncing Balls

ROEDER



Hunting the Ball

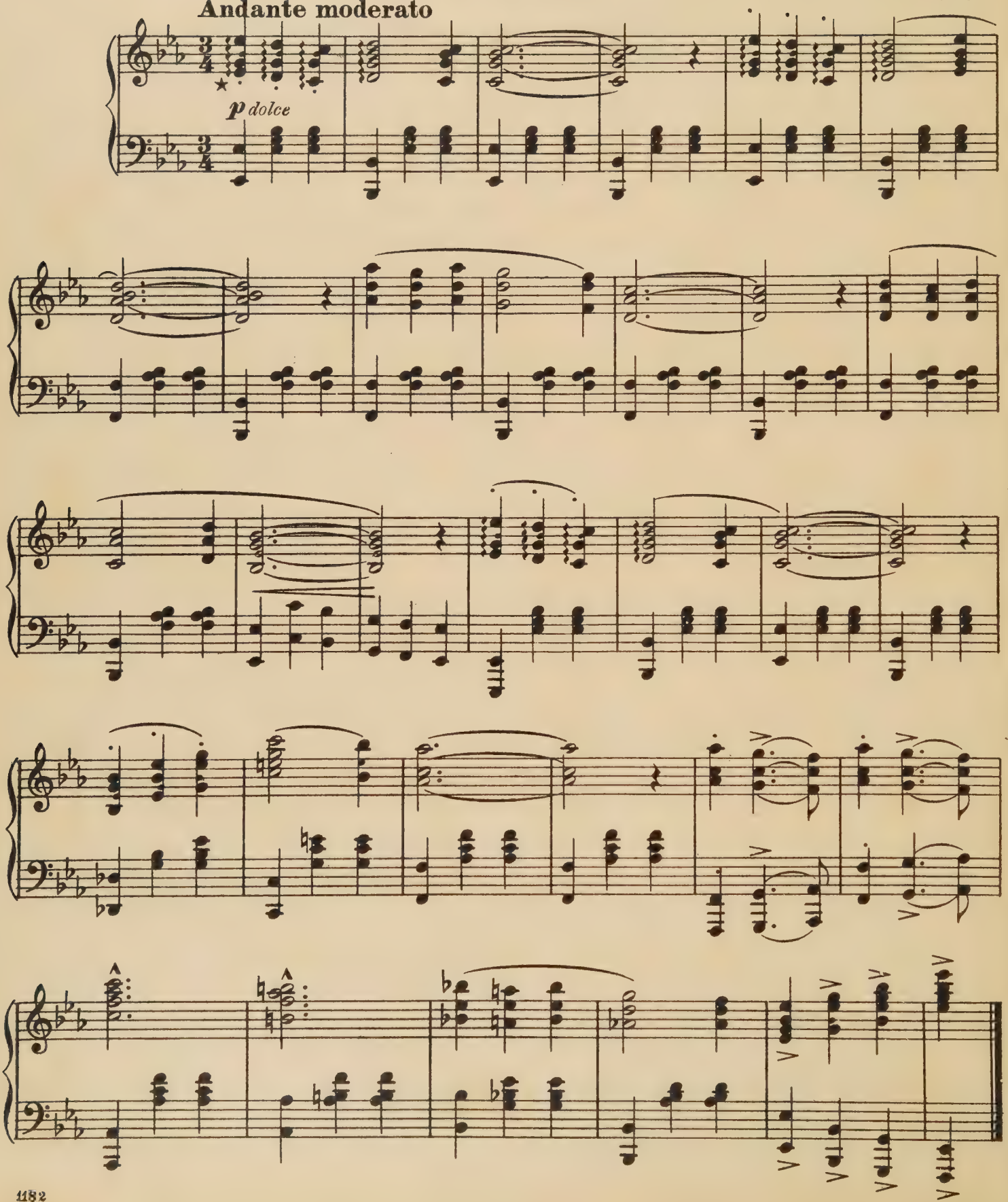
Arranged from

Soft Southern Breezes

Valse Reverie

KARL BENDL

Andante moderato



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